

# Viscoelastic properties of soft tissues: comparison and contrast with polymer networks

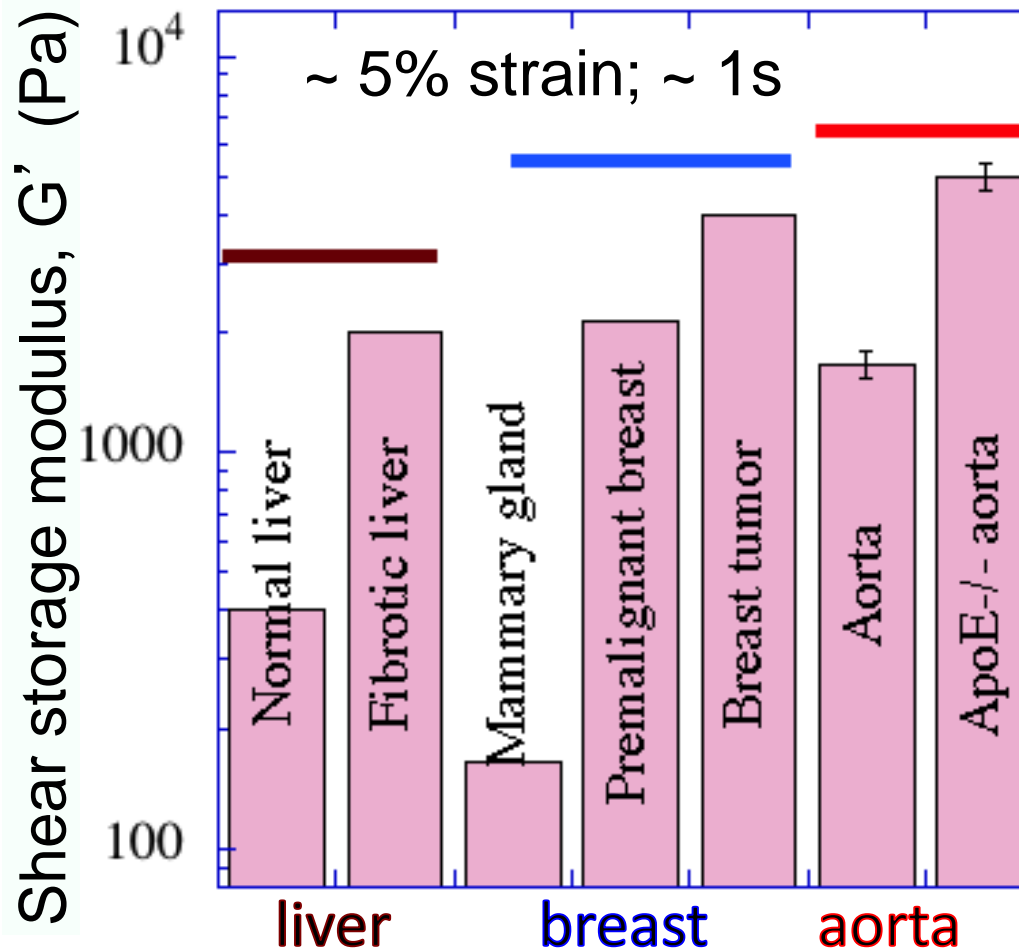
Anne van Oosten  
Katarzyna Pogoda  
LiKang Chin  
Fitzroy Byfield



National Institutes of Health  
National Institute of  
General Medical Sciences



# Normal tissues have well-defined stiffness characterized by an elastic modulus\*

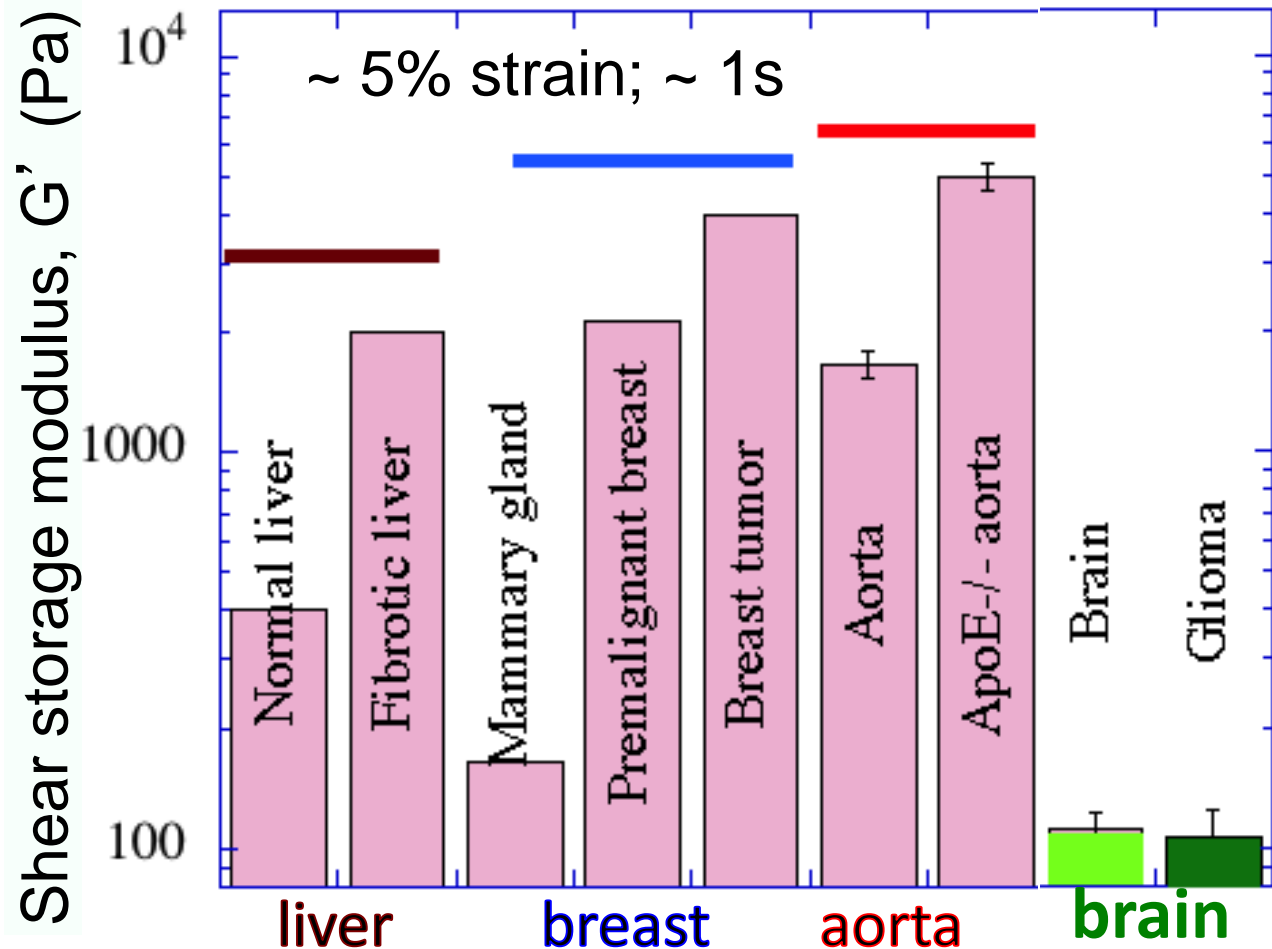


Changes in organ stiffness often accompany disease and development – often related to increased collagen XLs

\* *time and strain-dependent*

Levental et al Soft Matter, 2007  
Kothapalli et al. Cell Rep 2013

# Normal tissues have well-defined stiffness characterized by an elastic modulus\*

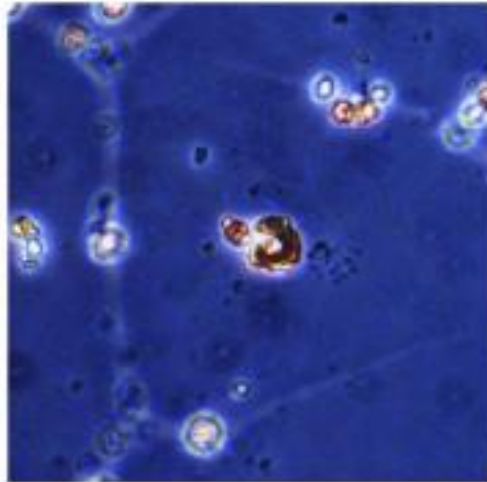


\* *time and strain-dependent*

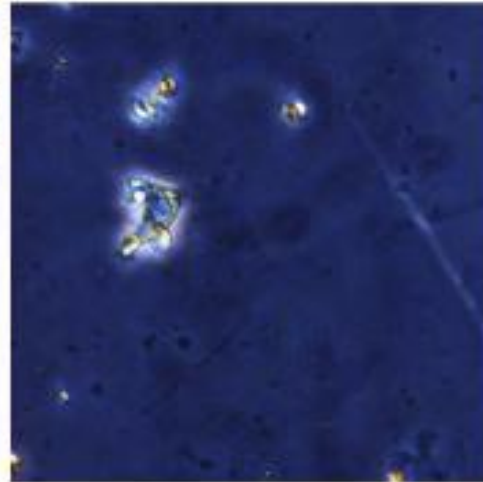
# Hepatic stellate cells spontaneously activate on pathologically stiff substrates

Rebecca Wells

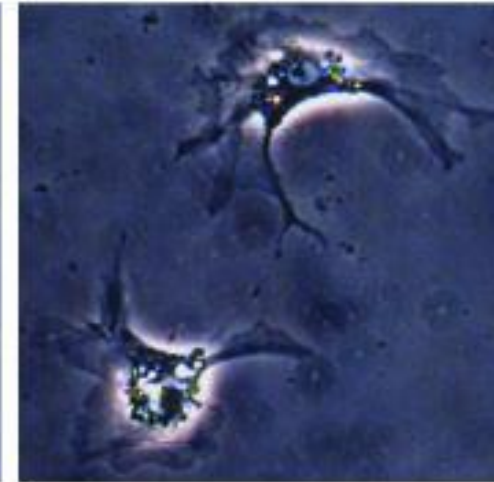
0.4 kPa



1.0 kPa

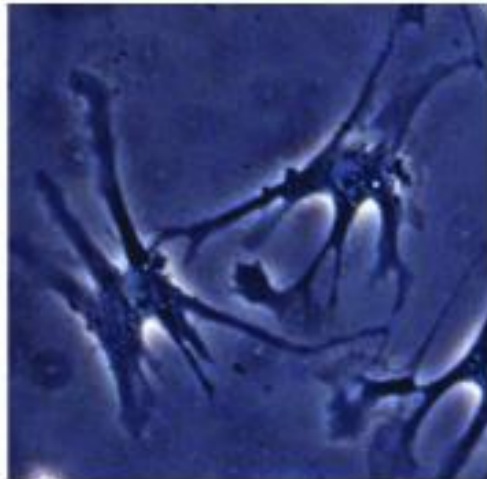


1.75 kPa

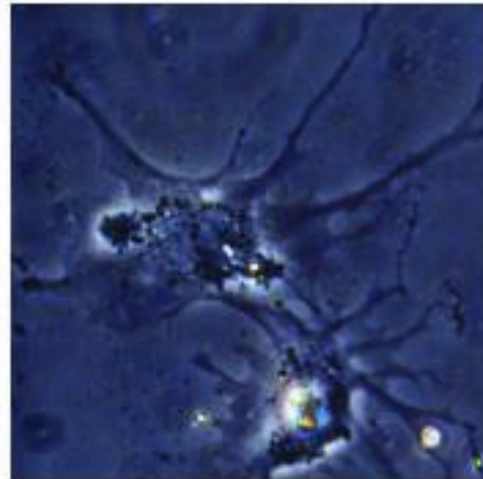


Olsen et al,  
Am. J. Physiol.  
2011

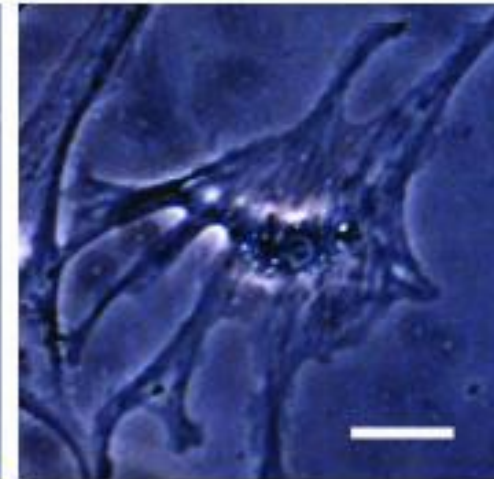
2.5 kPa



8.0 kPa

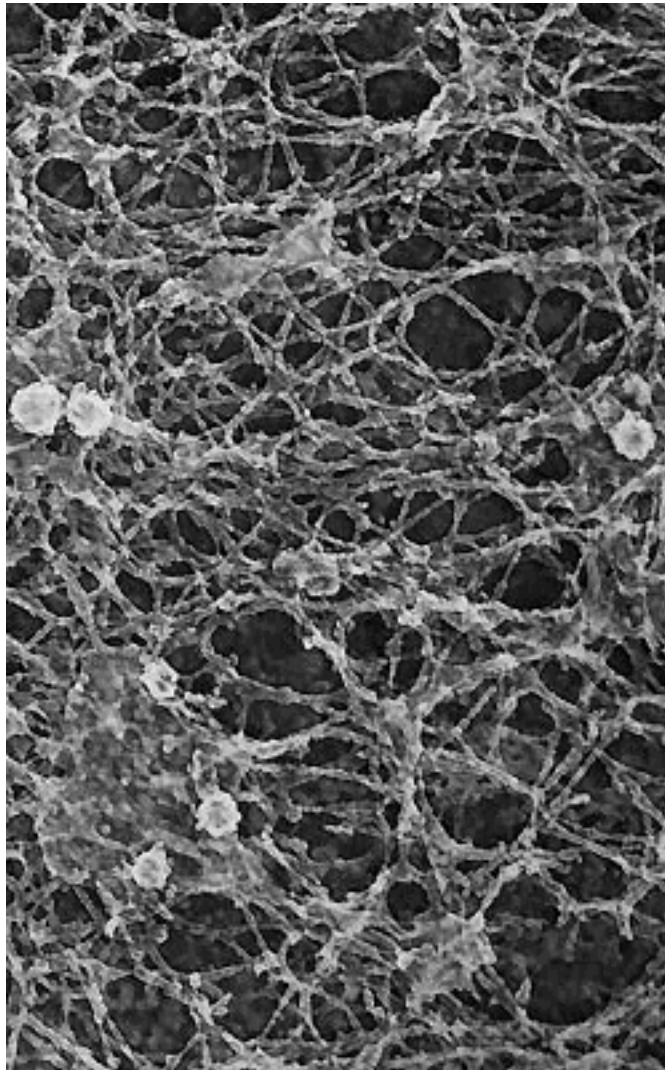


12 kPa

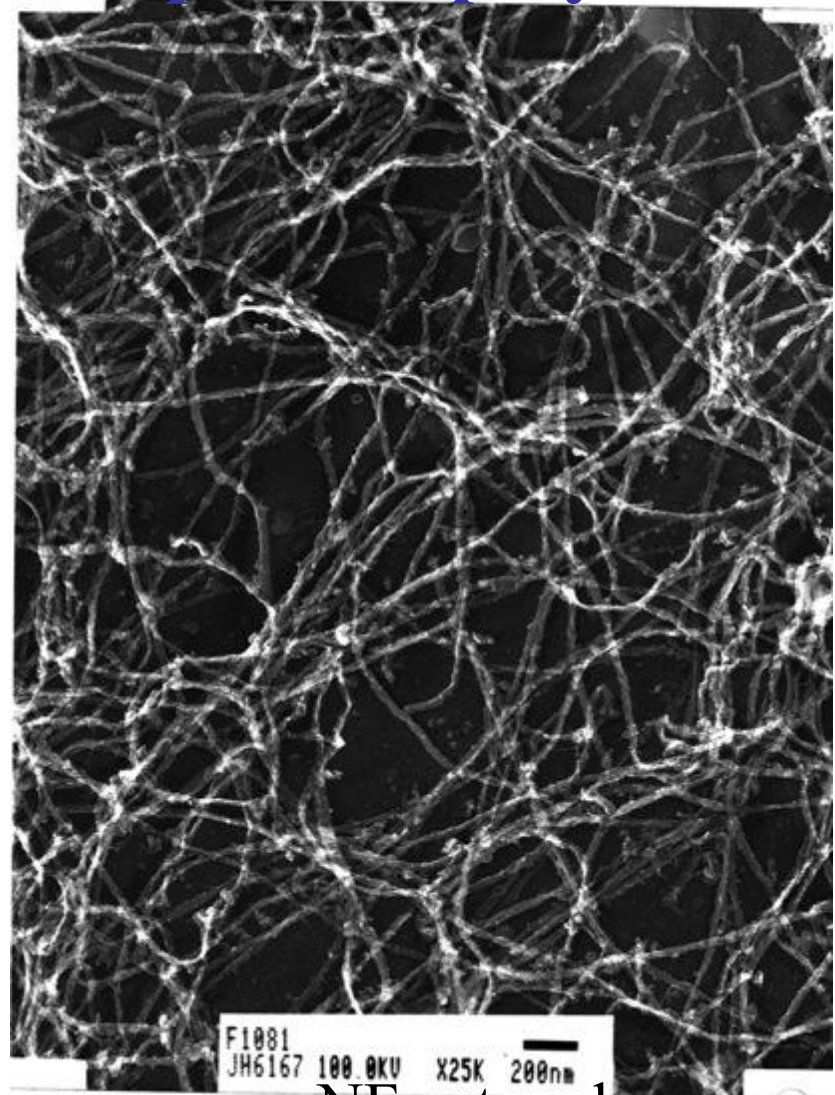




# The interior of eukaryotic cells is filled with networks of filamentous protein polymers

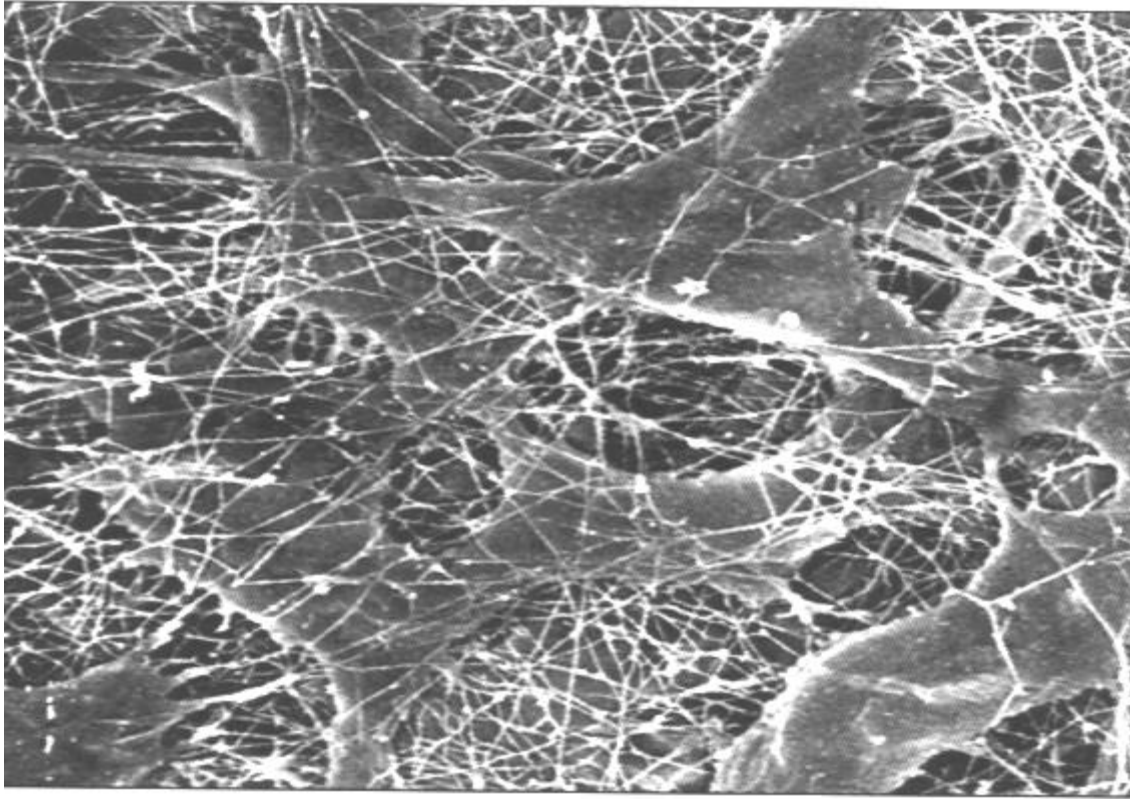


Cortical actin gel  
JH Hartwig



NF network  
J-F Leterrier

# Open meshworks of semiflexible filaments are very common in biology, not limited to the cytoskeleton

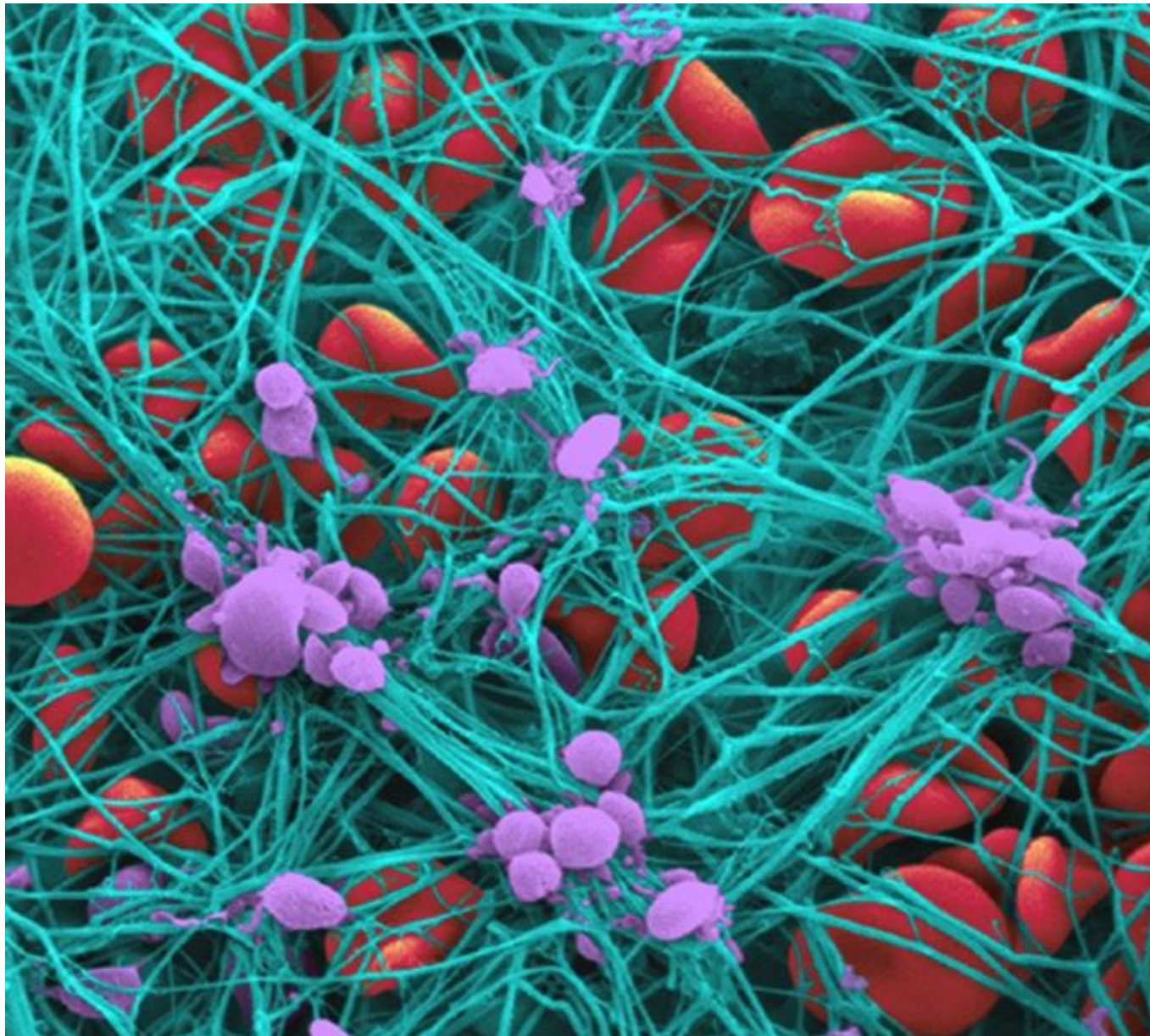


(From T. Nishida et al. Invest. Ophthalmol. Vis. Mol Biol Cell 3er Ed-973,1994)

The extracellular matrix surrounding cells (fibroblasts) is composed of semiflexible polymer filaments (collagen)



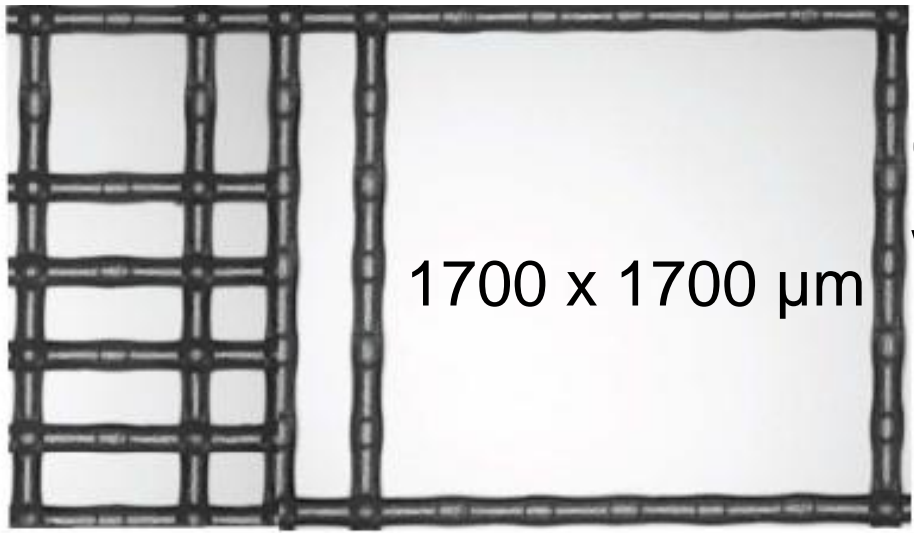
Blood cells (**erythrocytes**, **platelets**) embedded in a **fibrin** clot



—  
3  $\mu\text{m}$

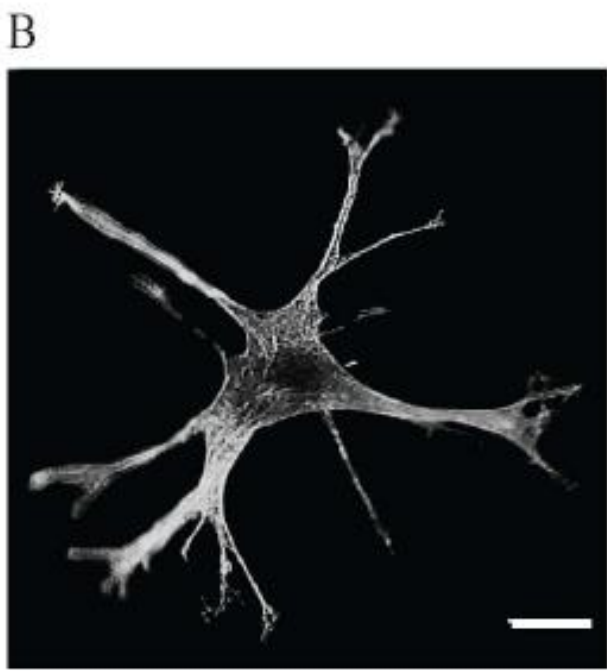
Scanning EM of 10x diluted human blood clot - John Weisel

# Rigid boundary sensing by fibroblasts on collagen

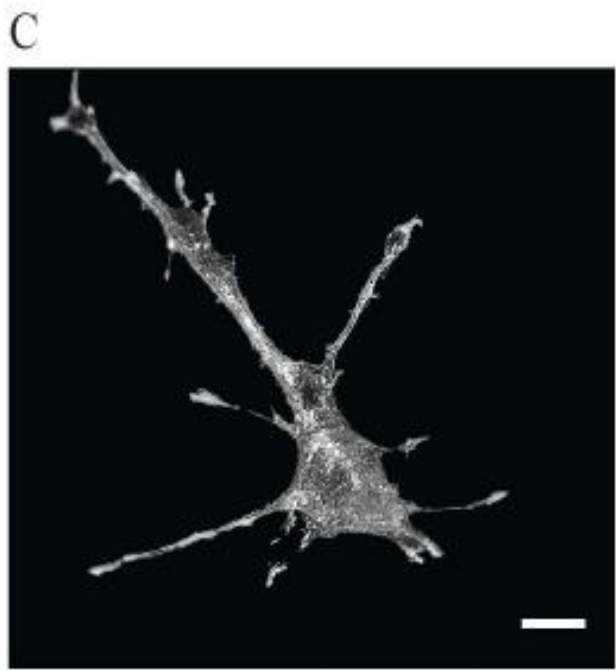


Cells on collagen gels within rigid boundaries

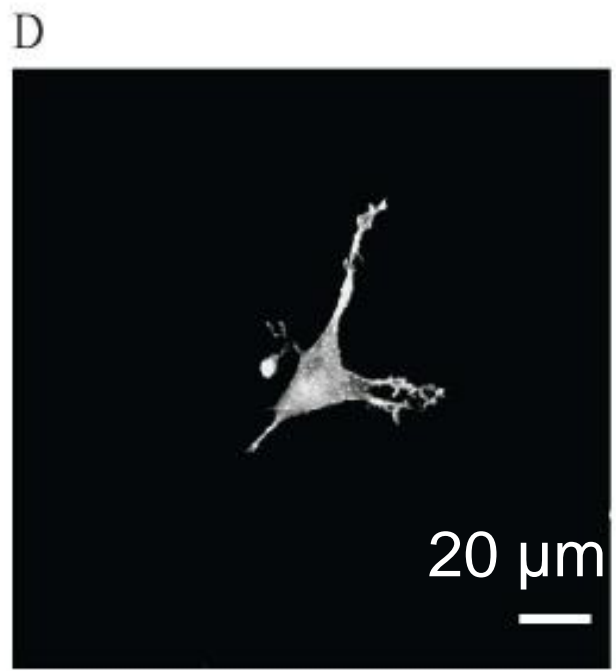
Mohammadi H, PAJ, McCulloch CA 2014, Biomaterials 35: 1138-1149



200 x 200 micrometers



500 x 500 micrometers



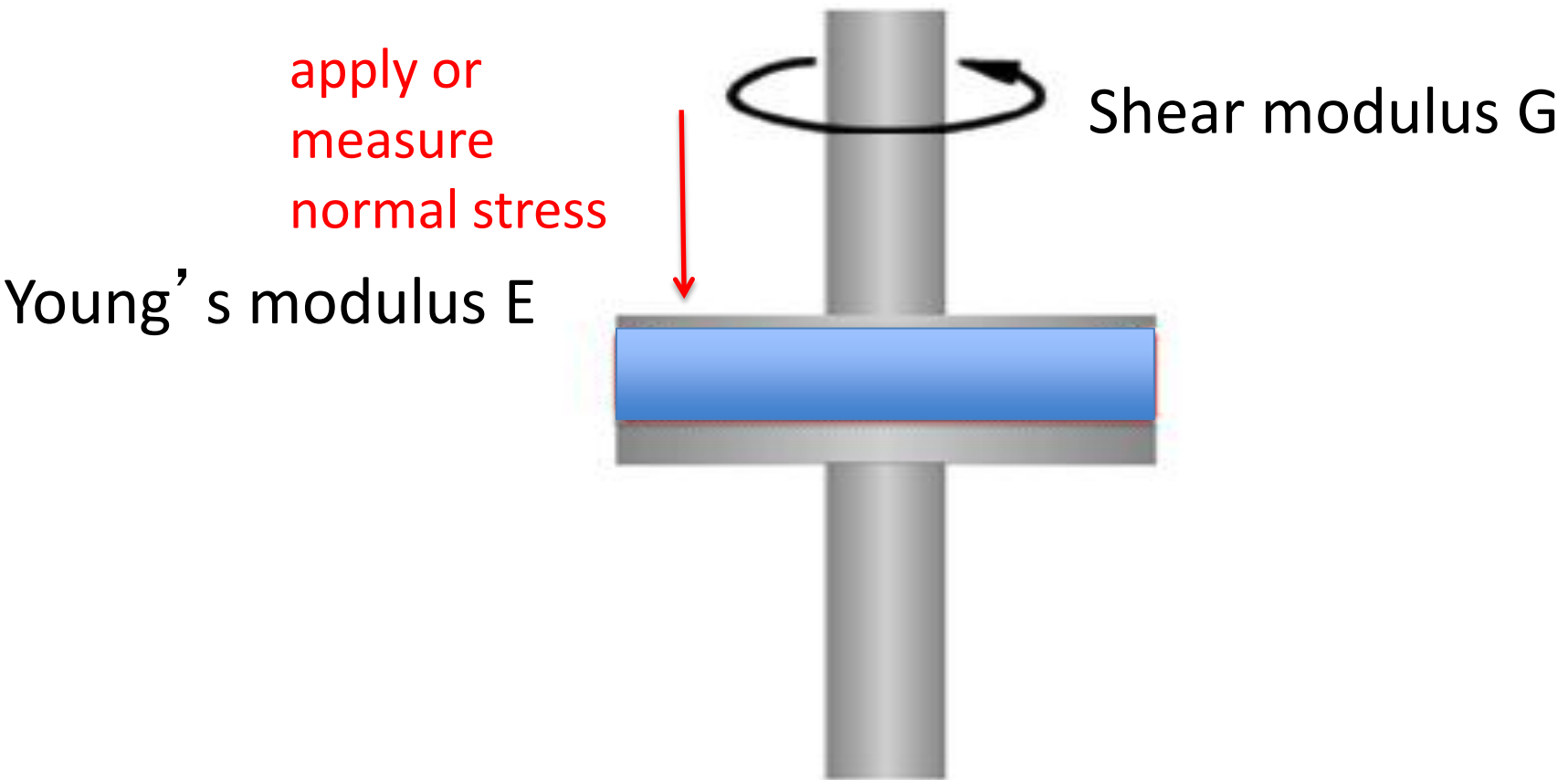
1700 x 1700 micrometers



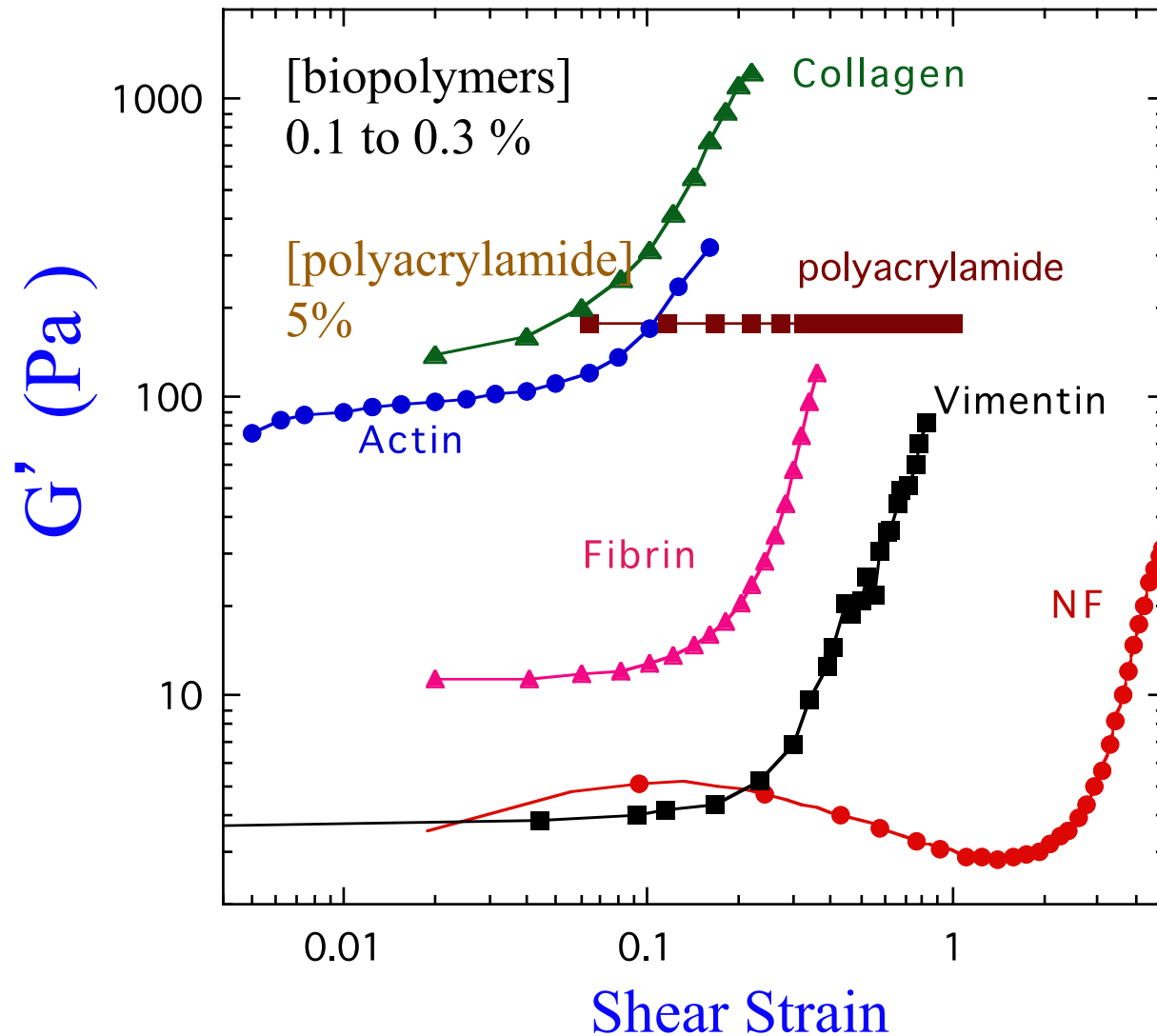
# Rheologic characterization of polymer gels and tissues

## Combining uniaxial stress with shear deformation

Oscillatory shear



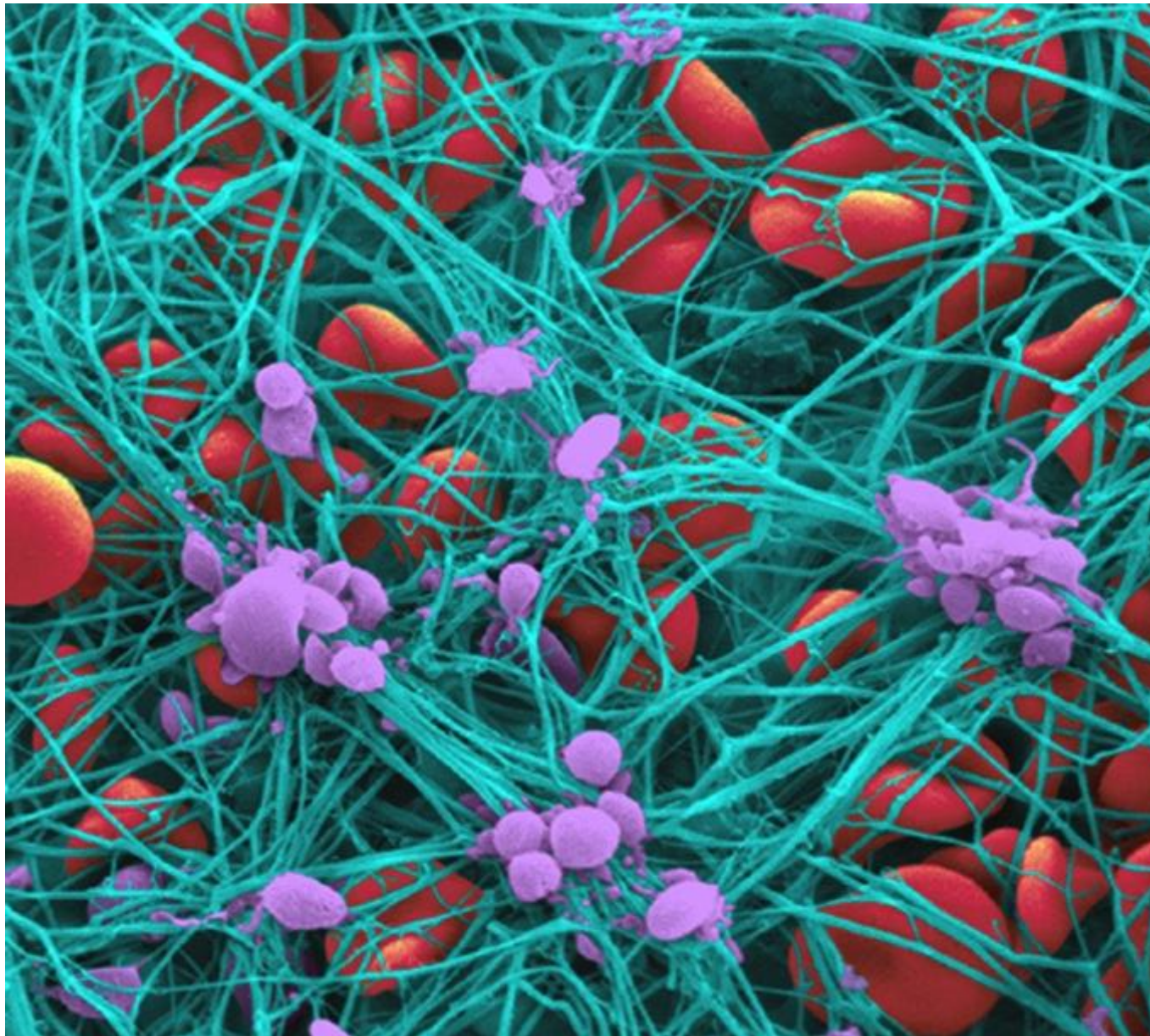
# Both cytoskeletal and ECM networks are strain stiffening



Storm, 2005

Non-linear elasticity allows cytoskeletal and ECM networks to stiffen by internal stress, without increasing polymer mass or XLs.

# Effect on contractile **platelets** on rheology of a **fibrin** network

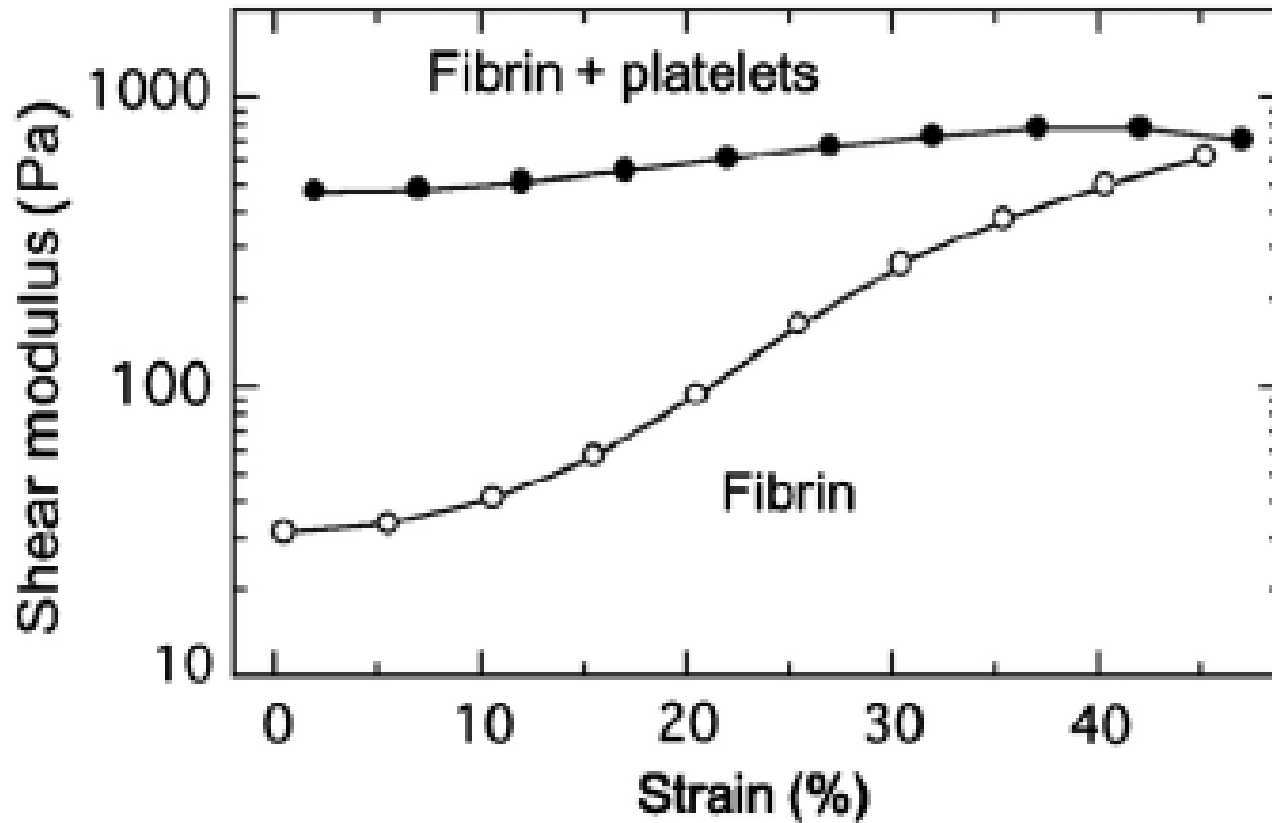


3  $\mu\text{m}$

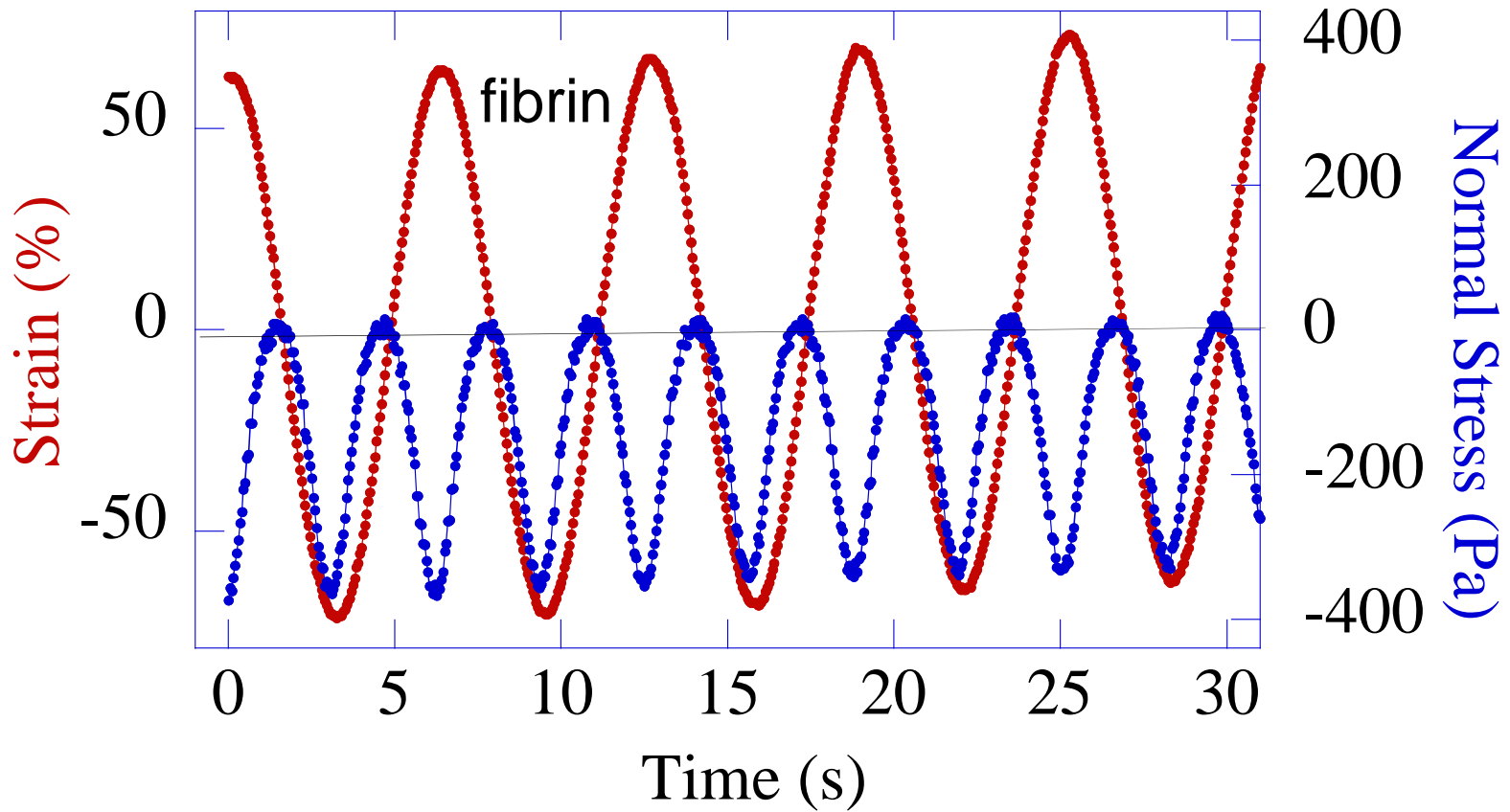
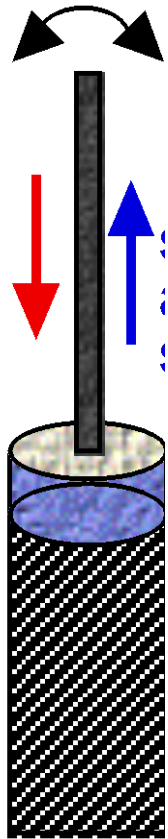
Scanning EM of human blood clot - John Weisel



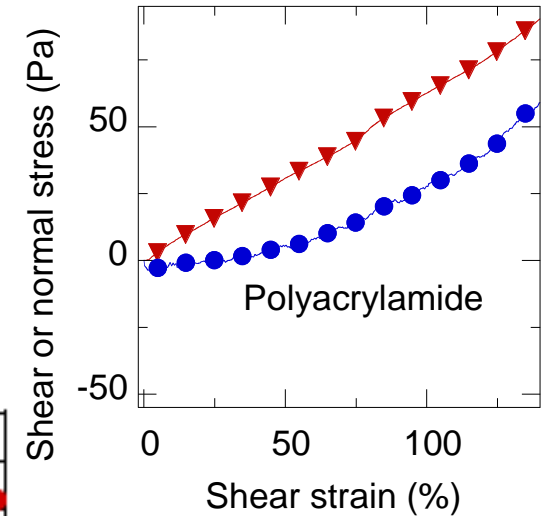
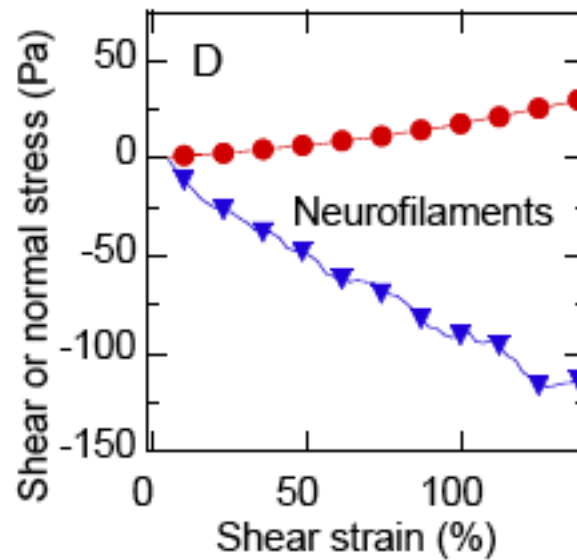
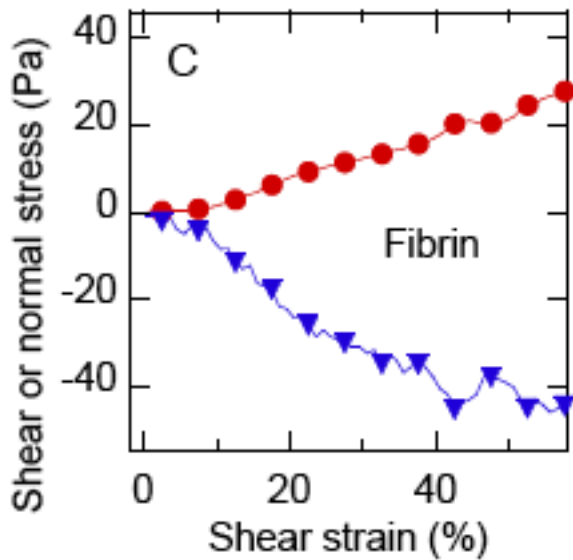
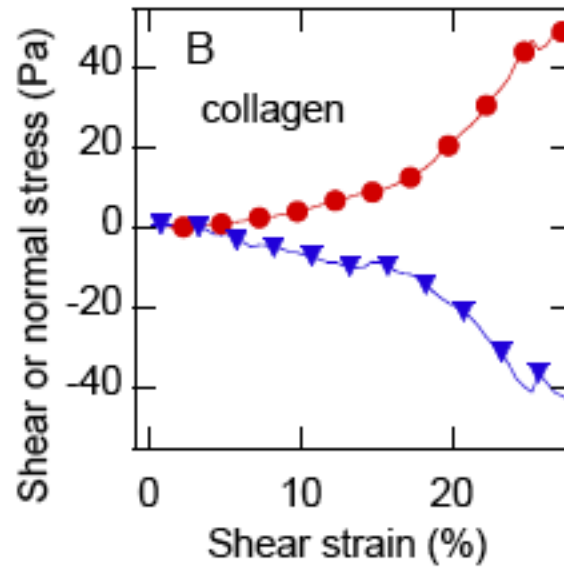
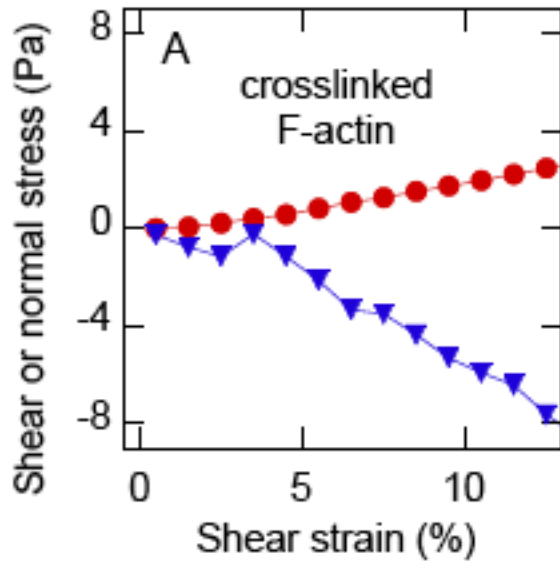
Internal stress generated by platelets increases low strain shear modulus and eliminates strain stiffening



During oscillatory deformation, semiflexible polymer networks exert negative normal stress at twice the strain frequency



# Biopolymer gels show non-linear **shear stress** and negative **normal stress**



Synthetic gel of flexible polyacrylamide has small positive normal stress



## Conclusion 1

Both the cytoskeleton and extracellular matrix are formed by semiflexible or rigid polymer networks.

These polymer networks:

- Stiffen with increasing shear strain

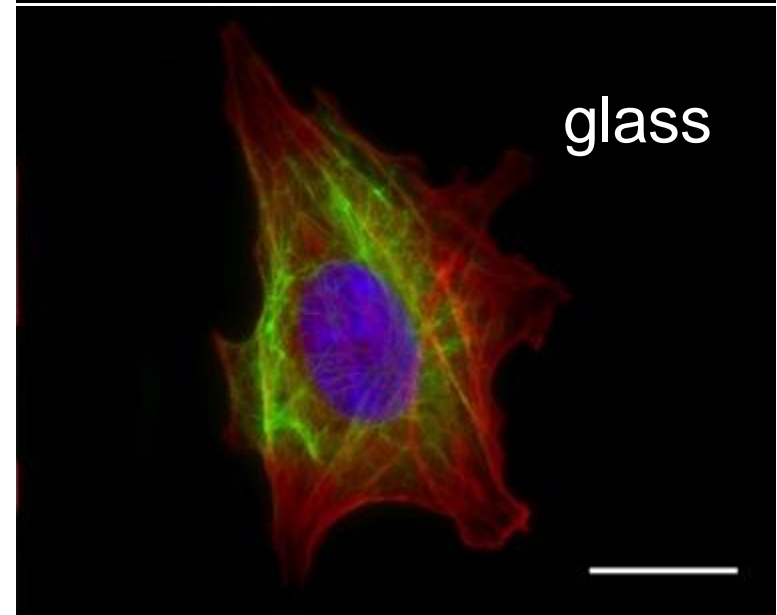
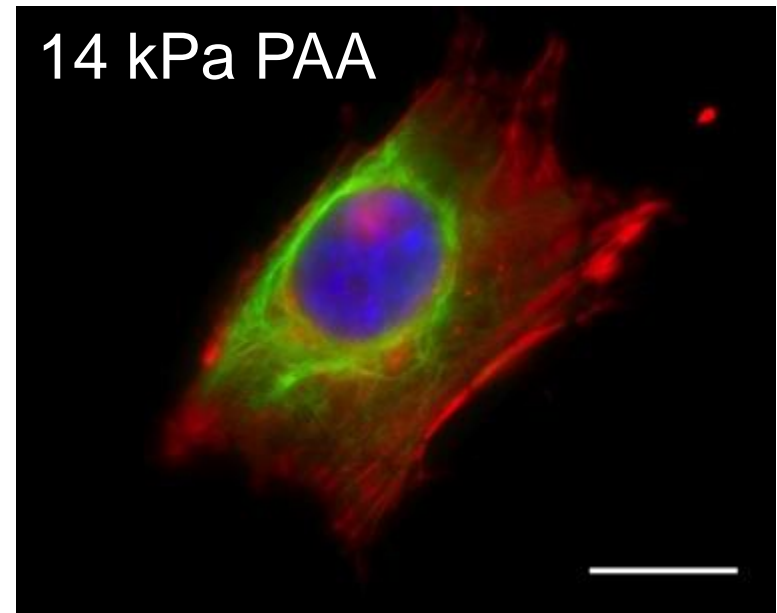
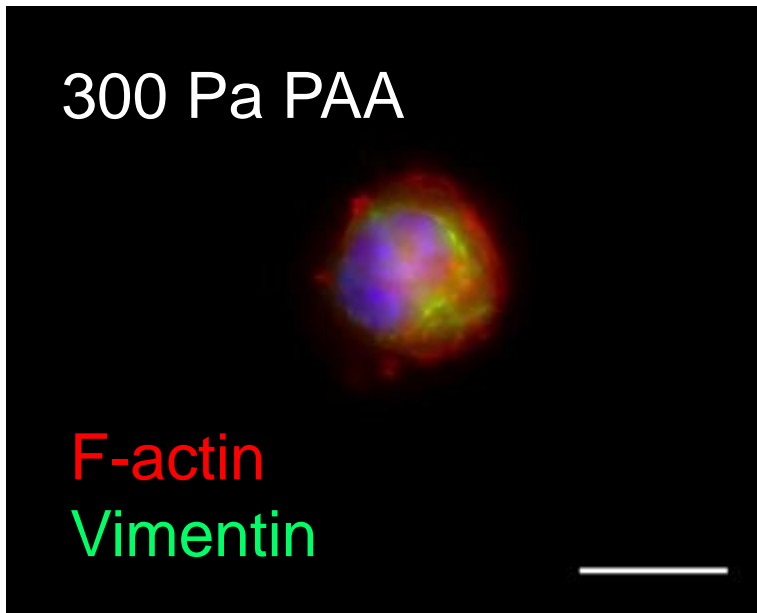
- Develop negative normal stress when deformed in shear

Internal contraction of ECM gels by cell increases their stiffness by mechanisms related to their nonlinear strain-stiffening rheology

Back to cell mechanics

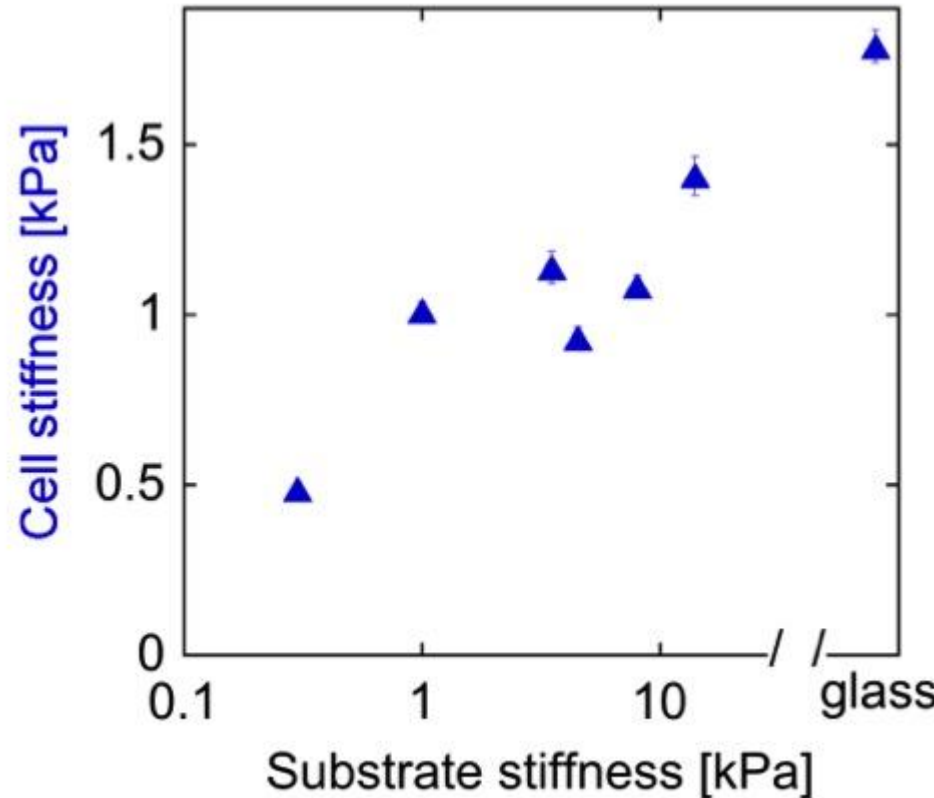
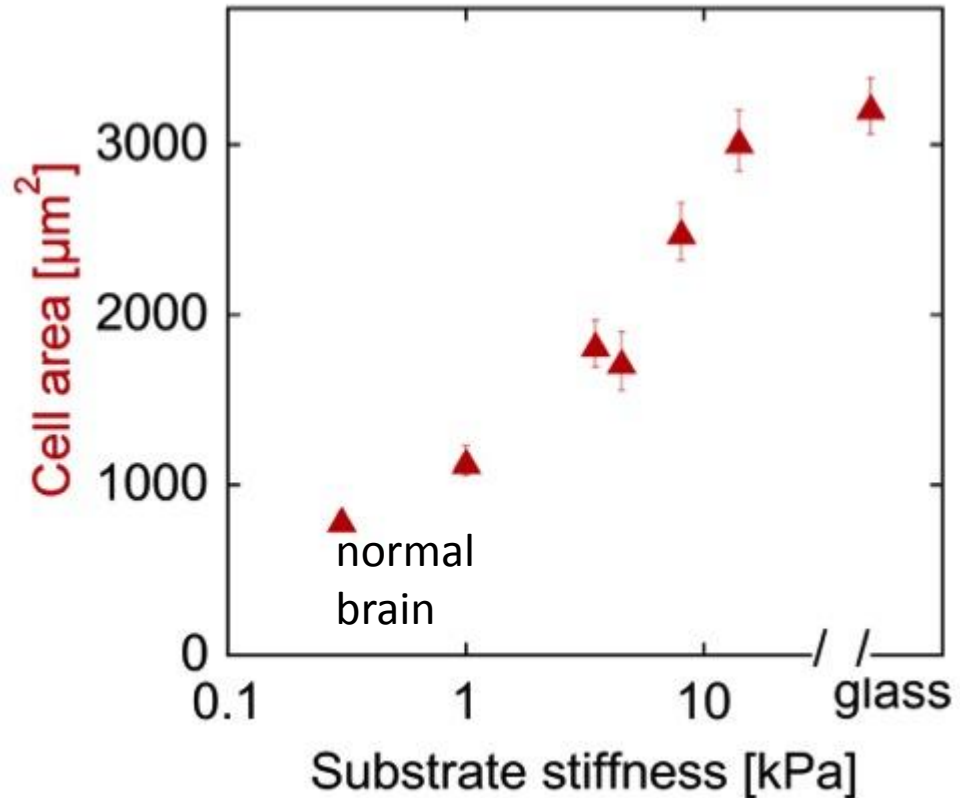
Stiffness sensing by glioma cells  
Mechanical properties of brain and  
glioma tumors

# LBC3 glioma cells on collagen 1- coated gels



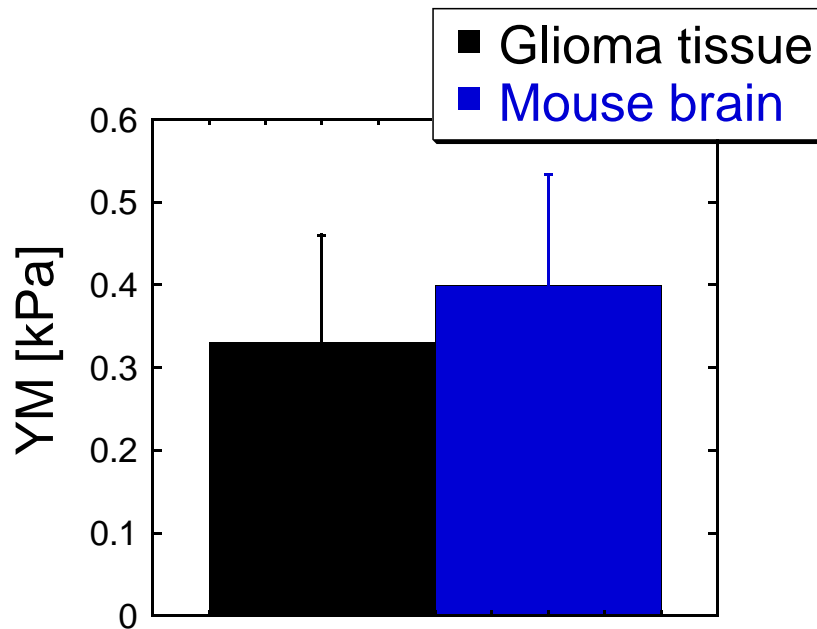


# Glioma cells in culture are responsive to substrate stiffness



# Glioma cells respond to stiffness differences in the soft range relevant to CNS tissue

so: Are gliomas stiffer than normal brain?

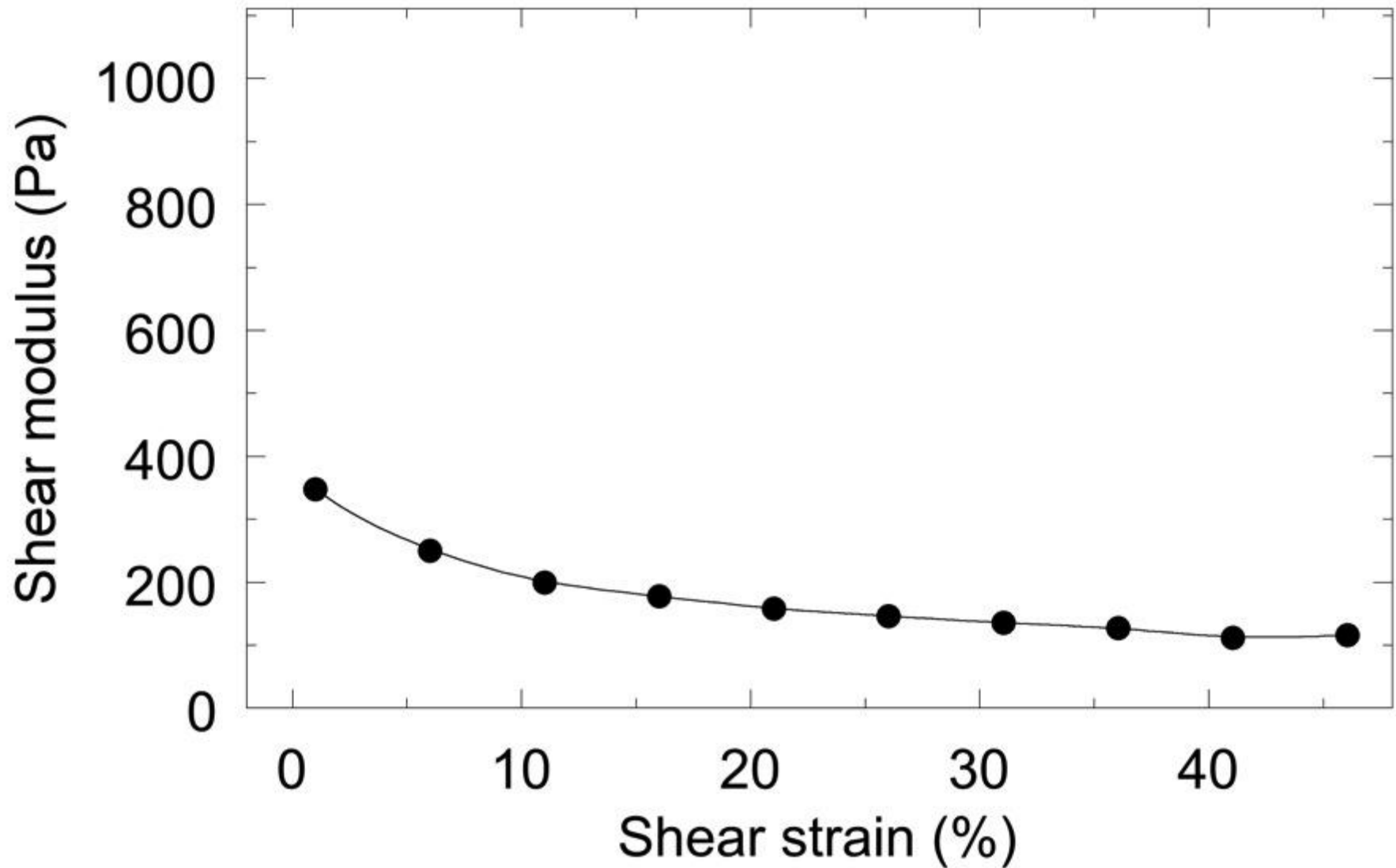


**No**, at least not the low strain Young modulus of excised tissue. however.....

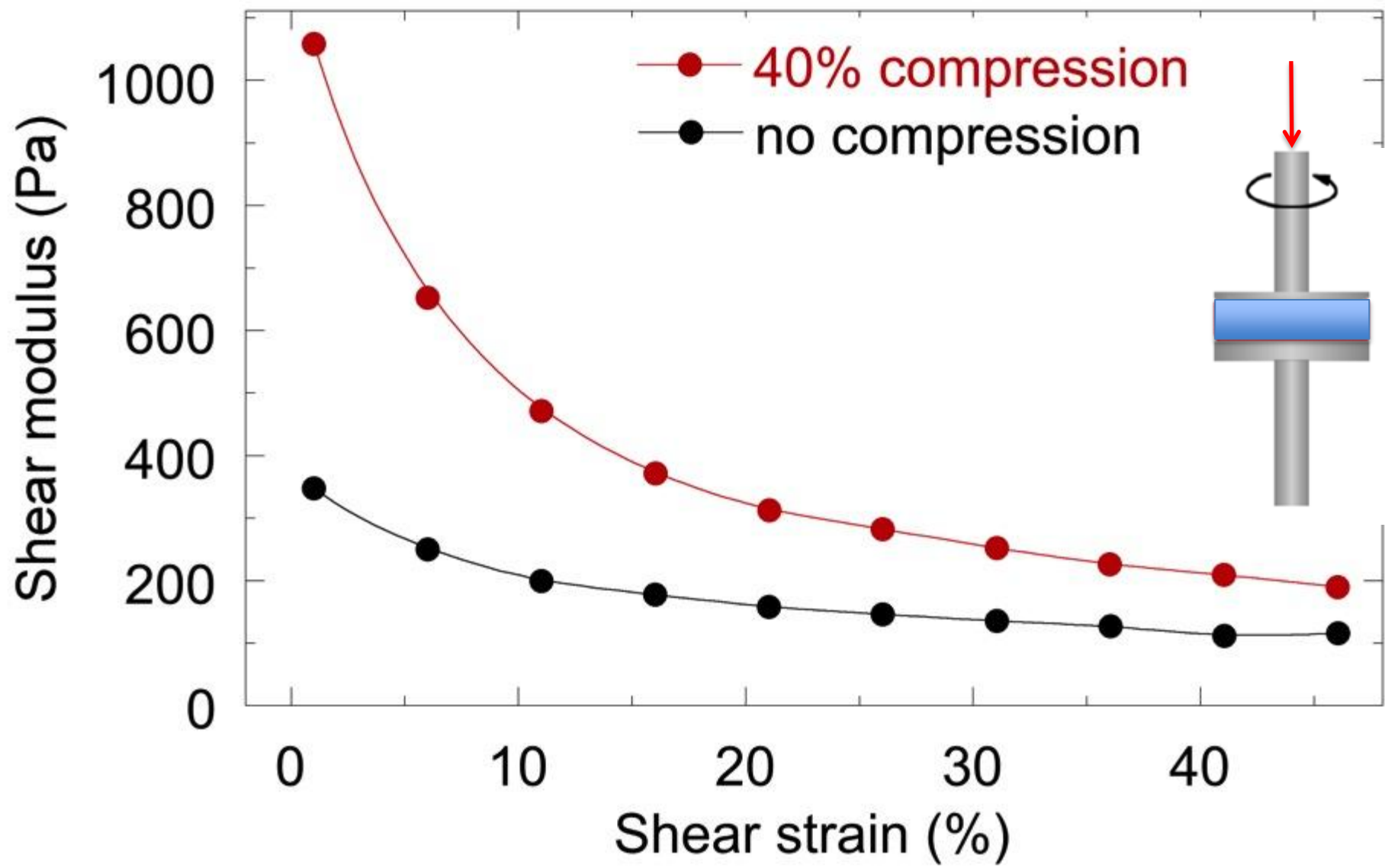
Ave of 10 different glioma samples

Maybe brain strain-stiffens like semiflexible polymer gels

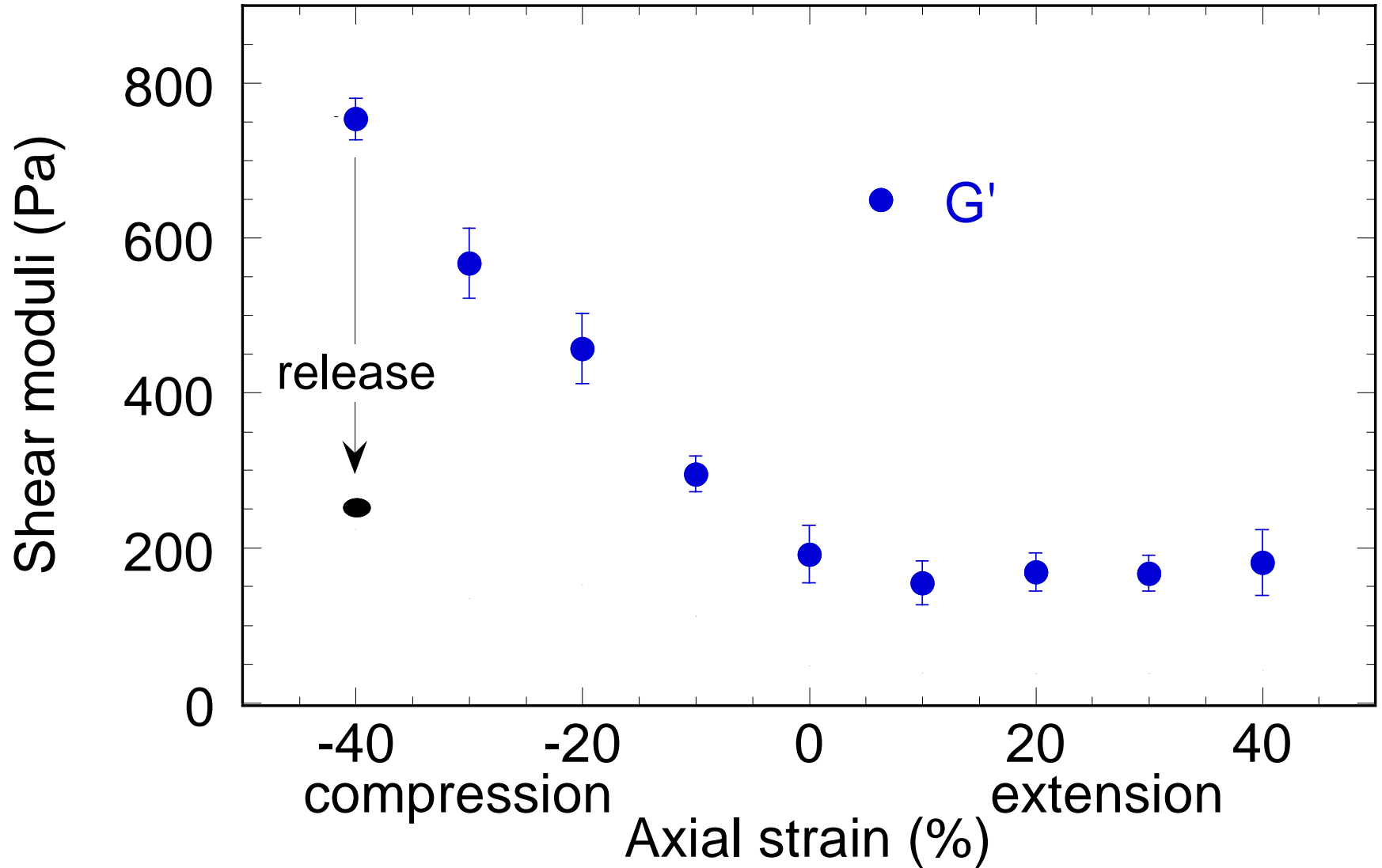
# Brain does not exhibit strain-stiffening



# Brain stiffens in compression but not in shear

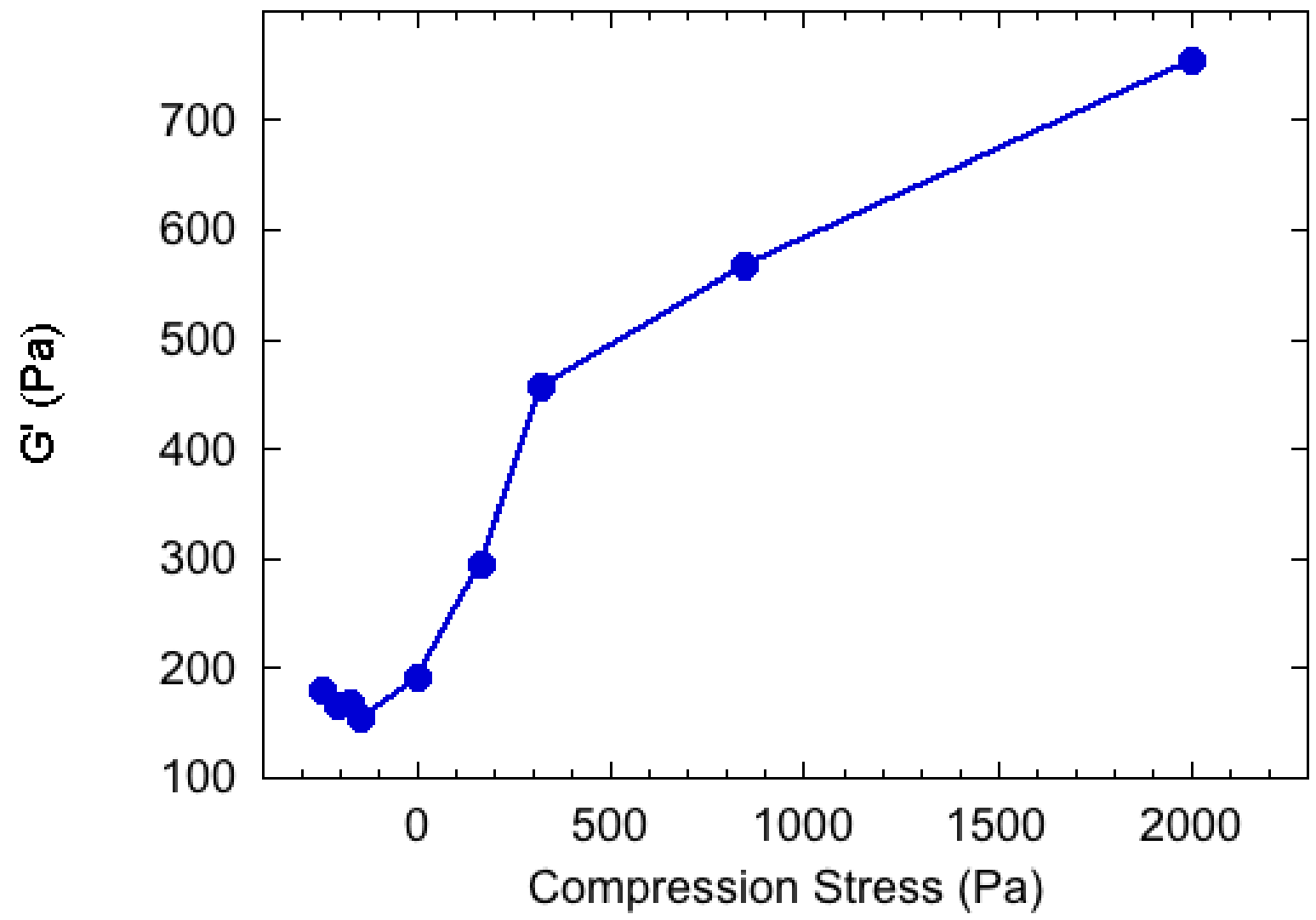


# Brain stiffens in compression but not in extension

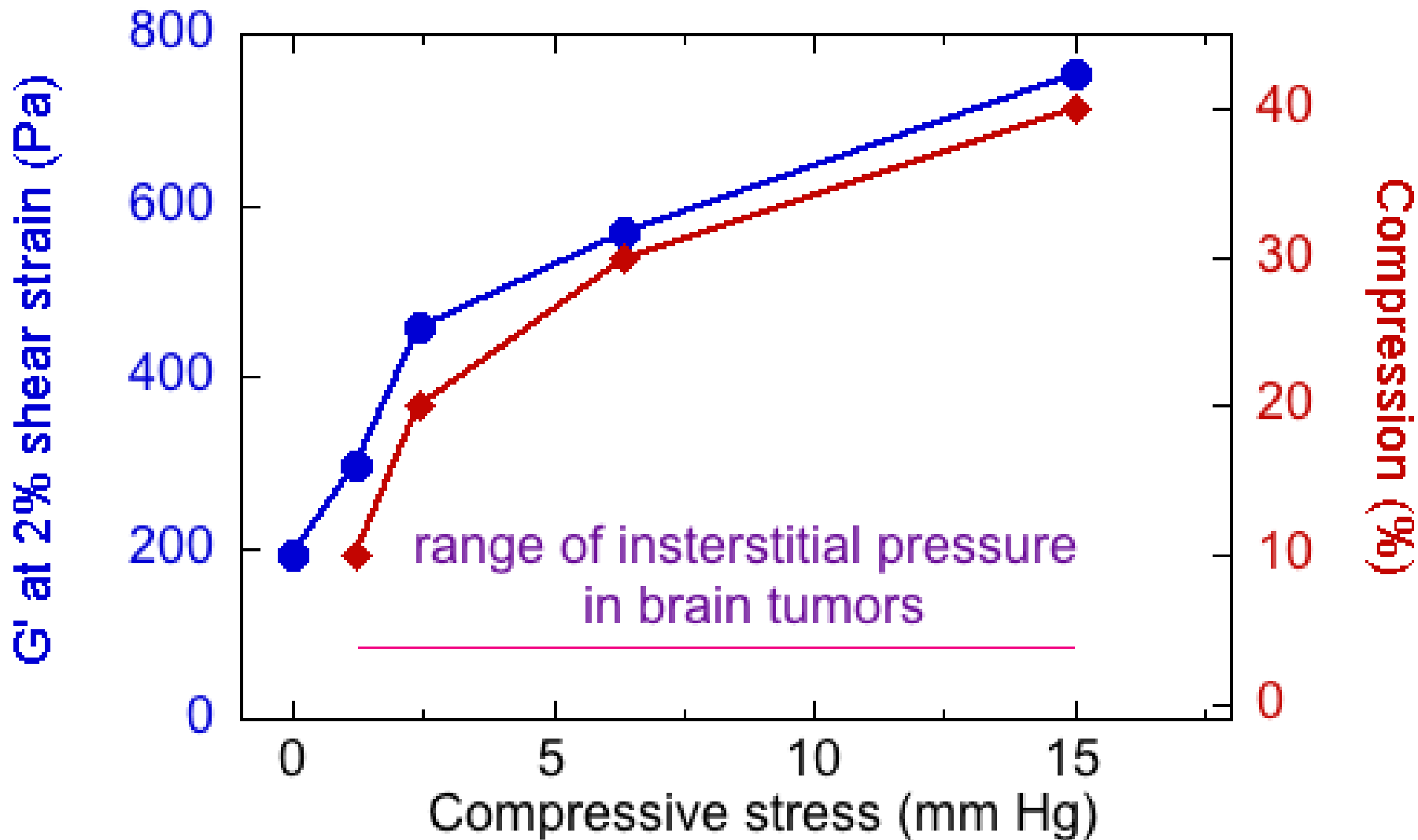




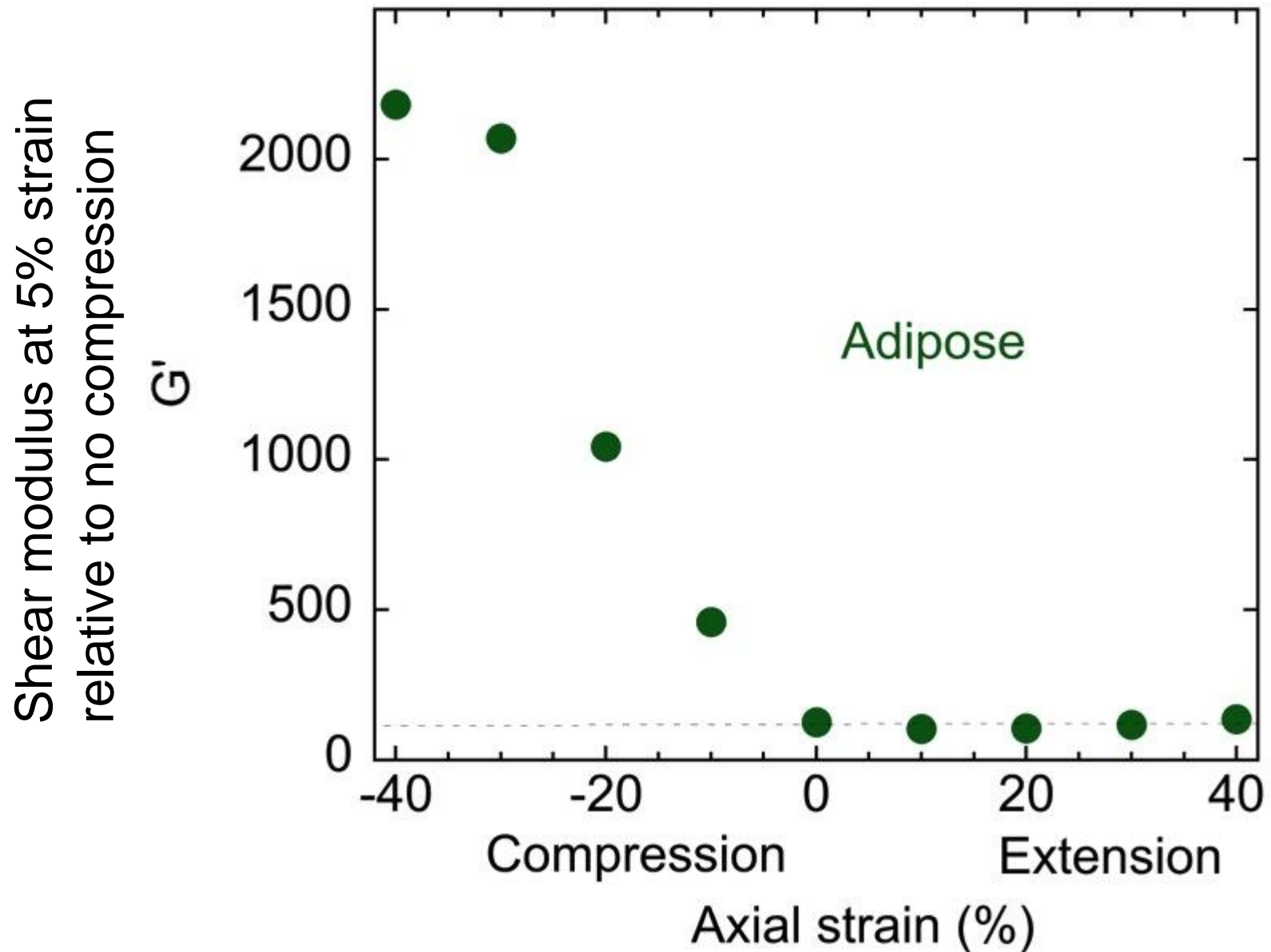
Shear modulus of brain increases with compressive stress



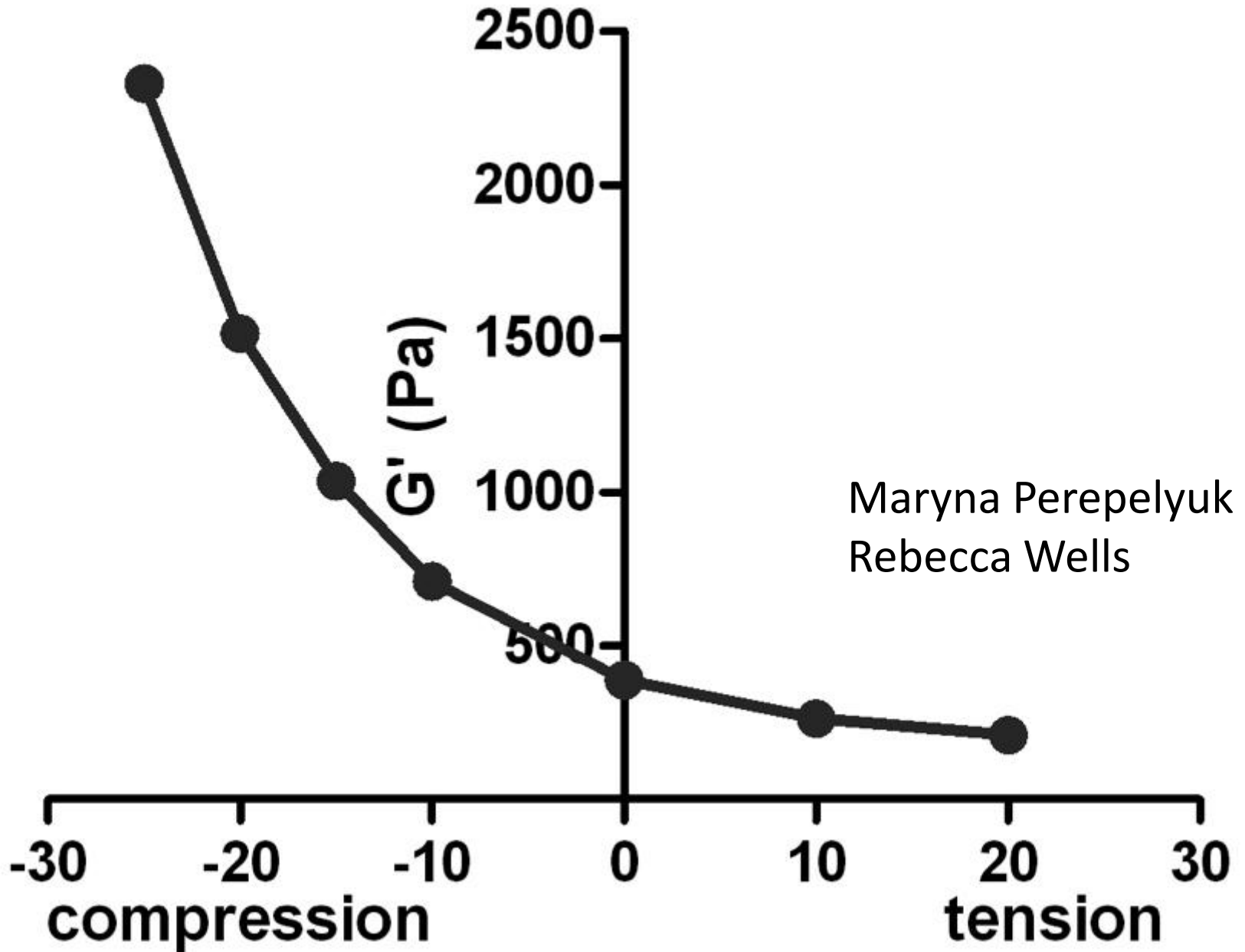
# Increased pressures in glioma are sufficient to increase tumor stiffness



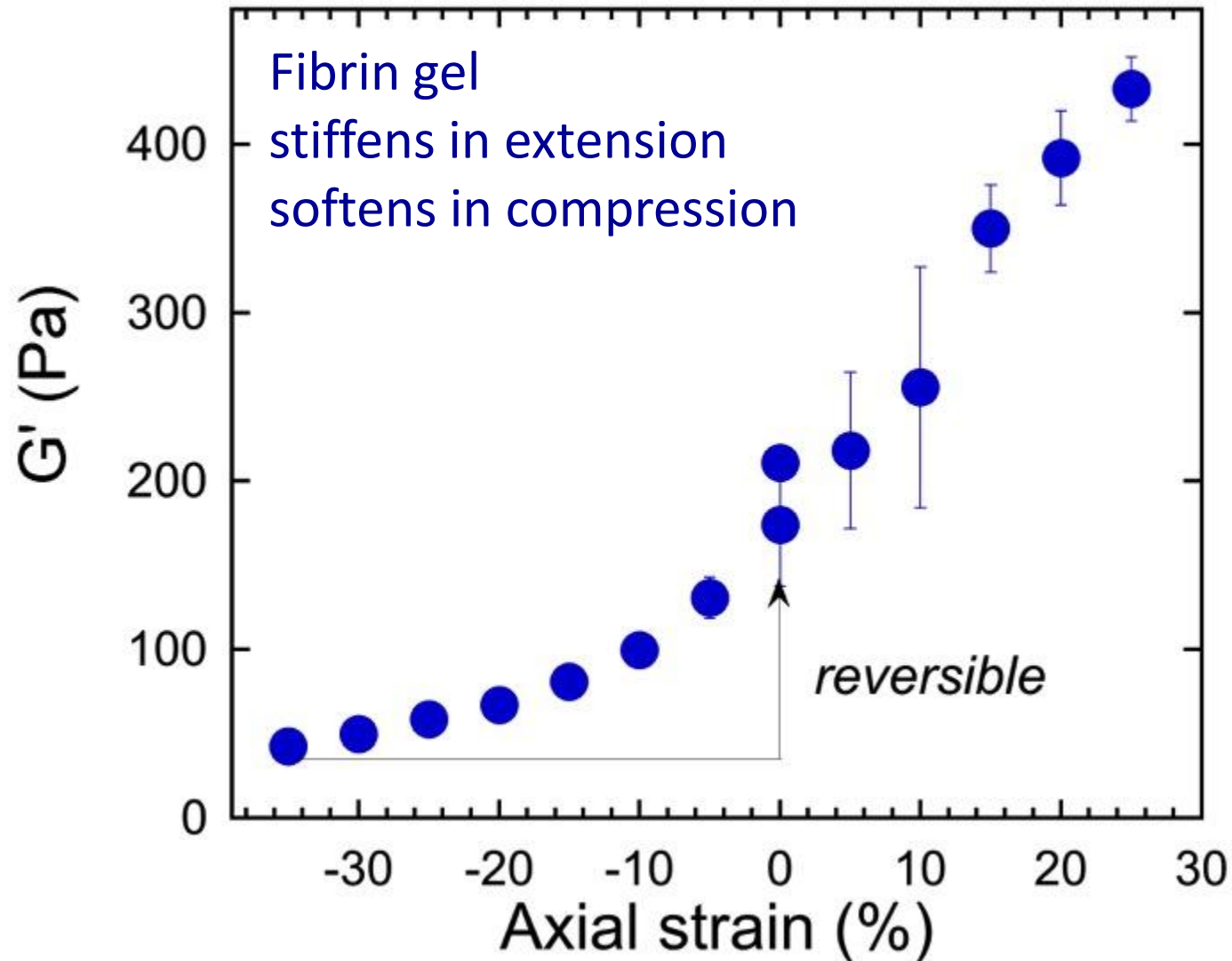
# Adipose tissues also stiffen under compression



# Liver also stiffens in compression



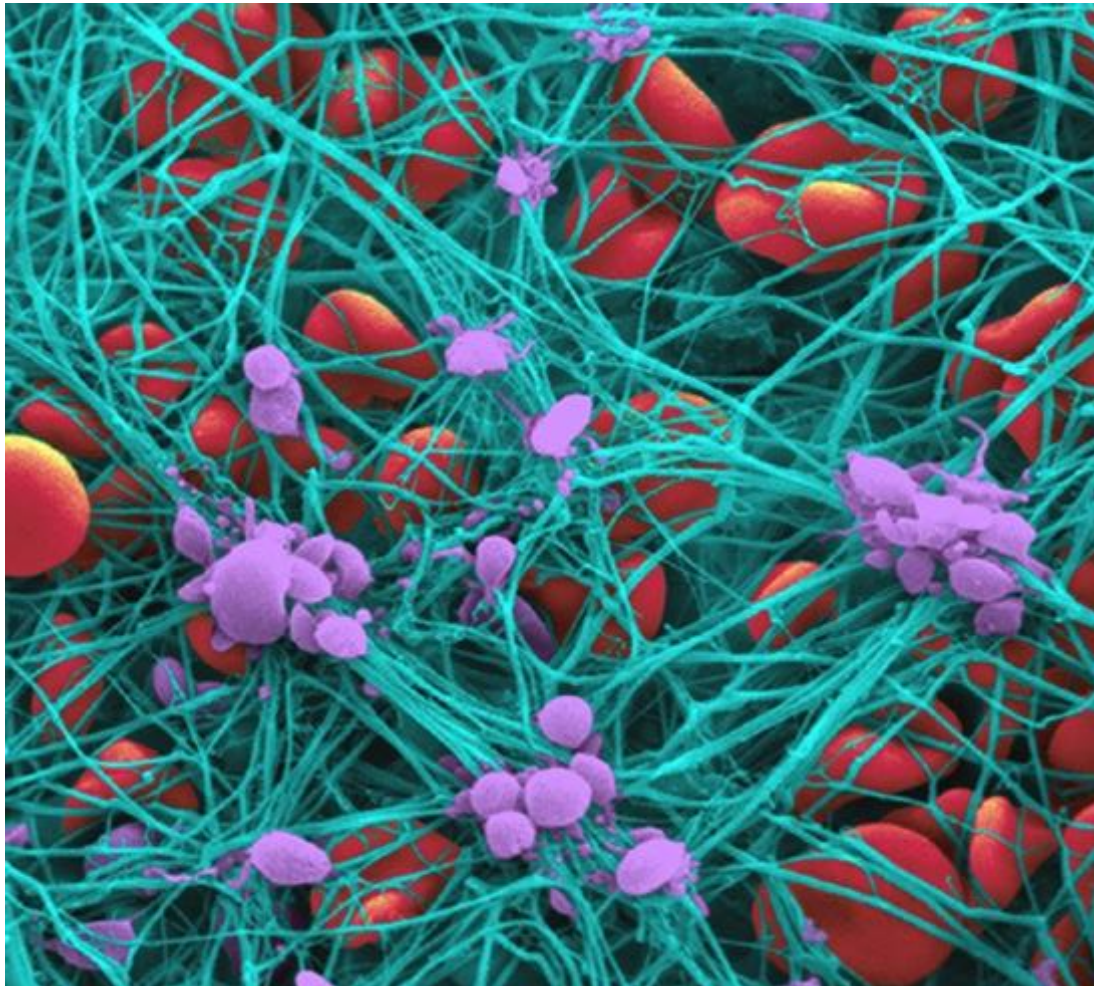
Is compression stiffening a feature of crosslinked semiflexible polymer networks? **NO**





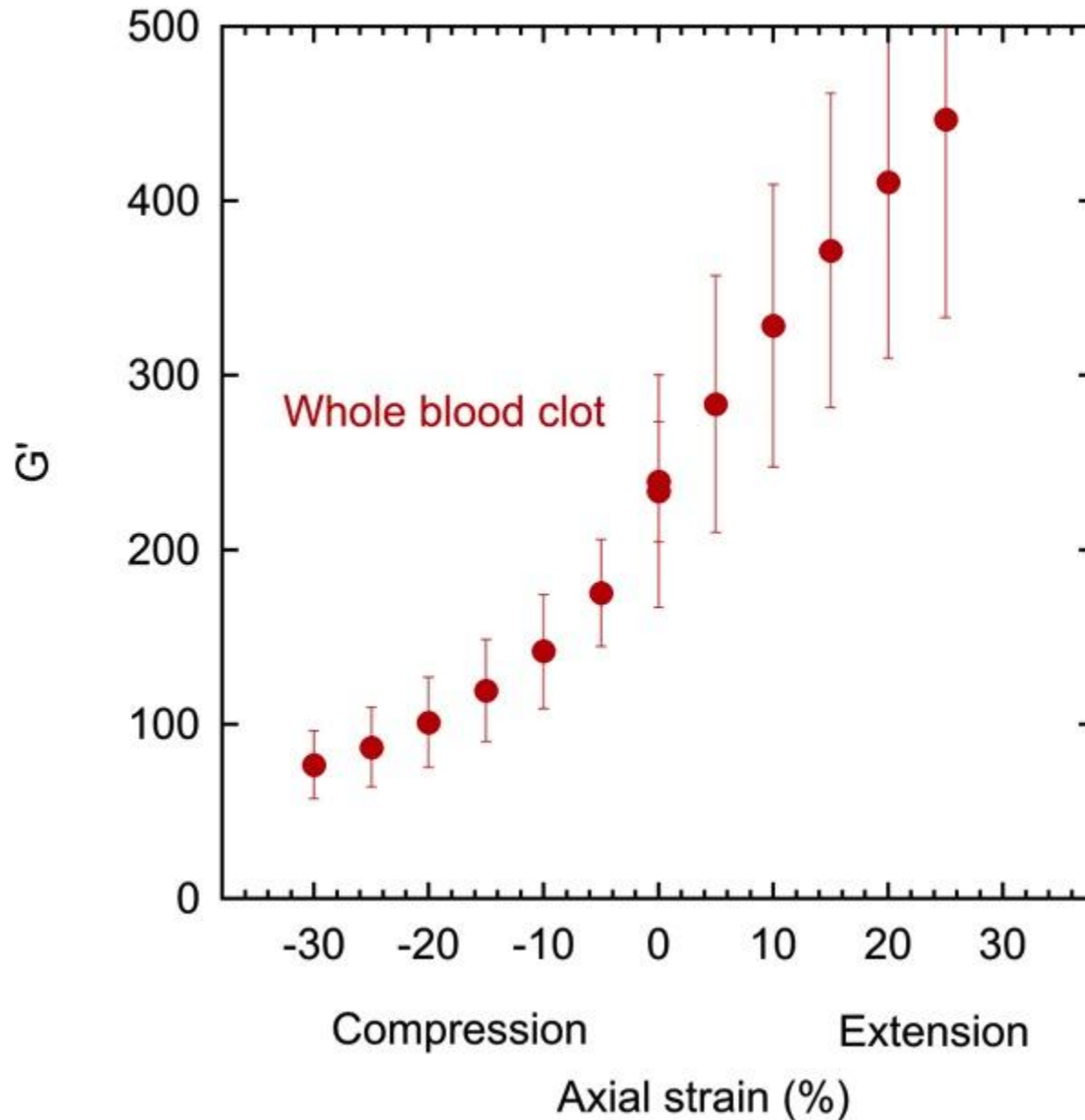
Why are tissues not like semi-flexible polymer networks:

Because they have cells in the network? Like inclusions

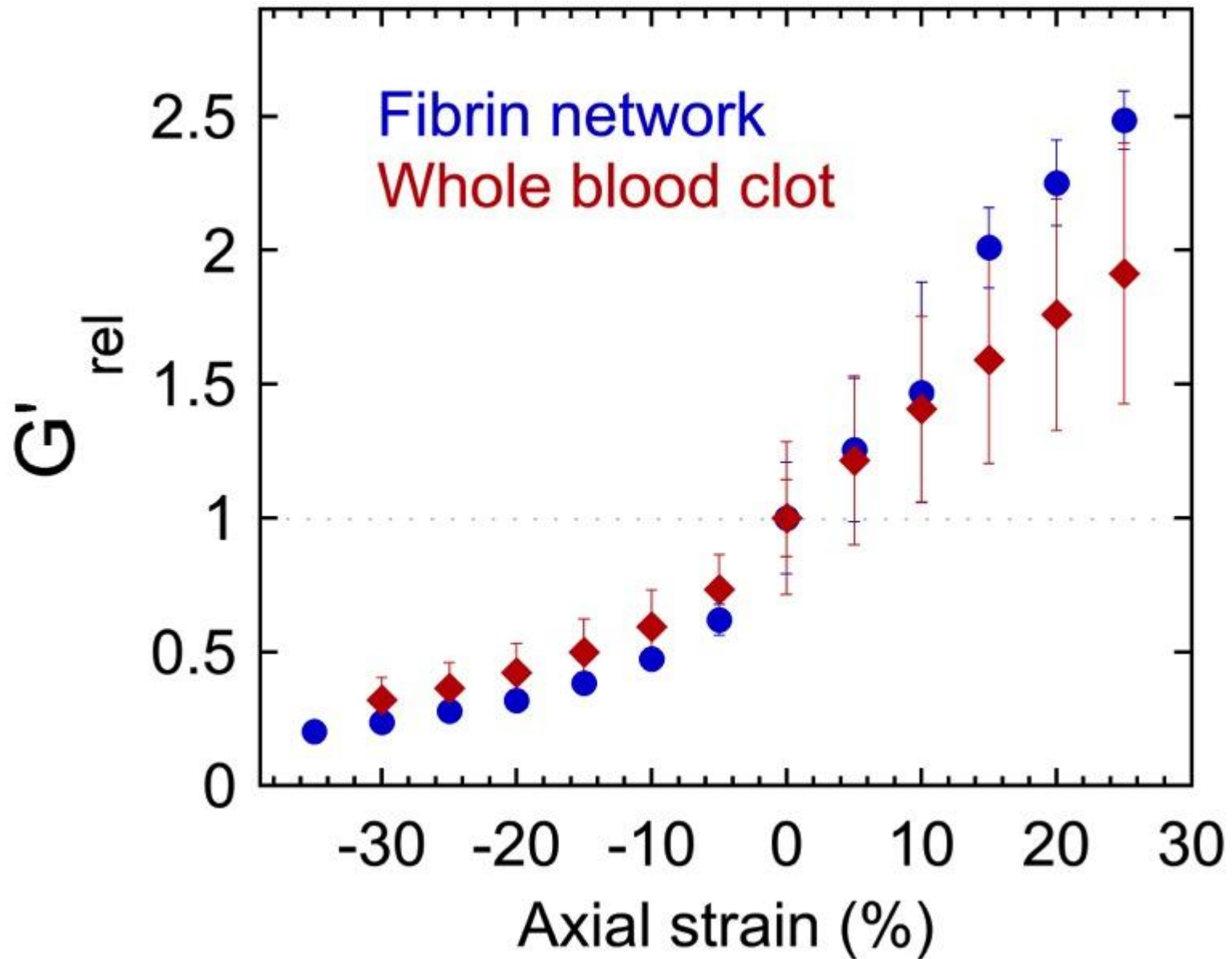


~3x diluted  
blood clot

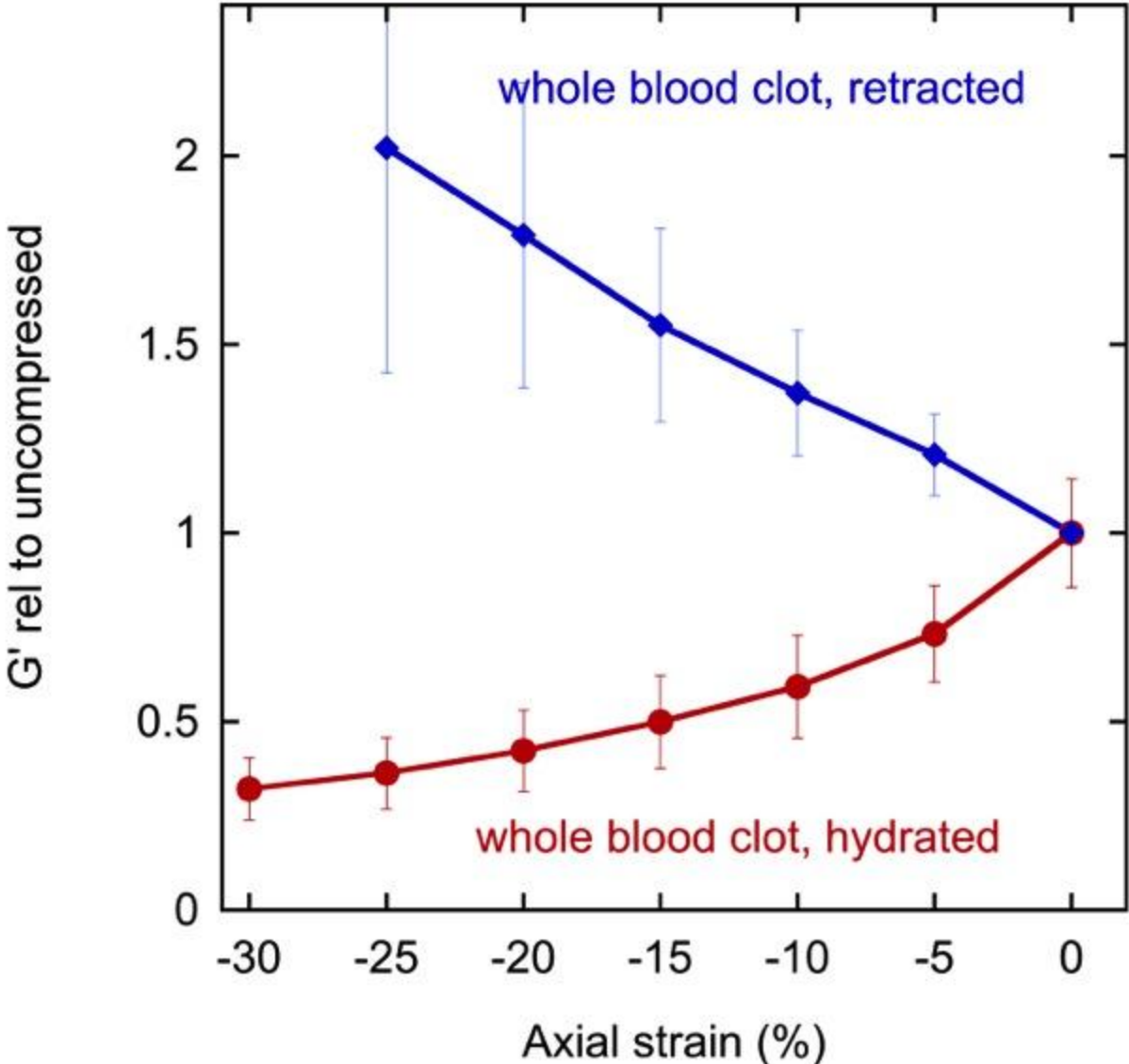
# Whole blood clots stiffen in extension but not in compression



# Rheology of blood clots is dominated by its fibrin network



When internal tensions drive excess liquid from blood clot, it switches from compression-softening to compression-stiffening





# What kind of material stiffens under compression but softens under extension?

## The compressive response of porcine adipose tissue from low to high strain rate

Kerstyn Comley, Norman Fleck\*

Cambridge University Engineering Department, Trumpington Street, Cambridge CB1 2PZ, UK

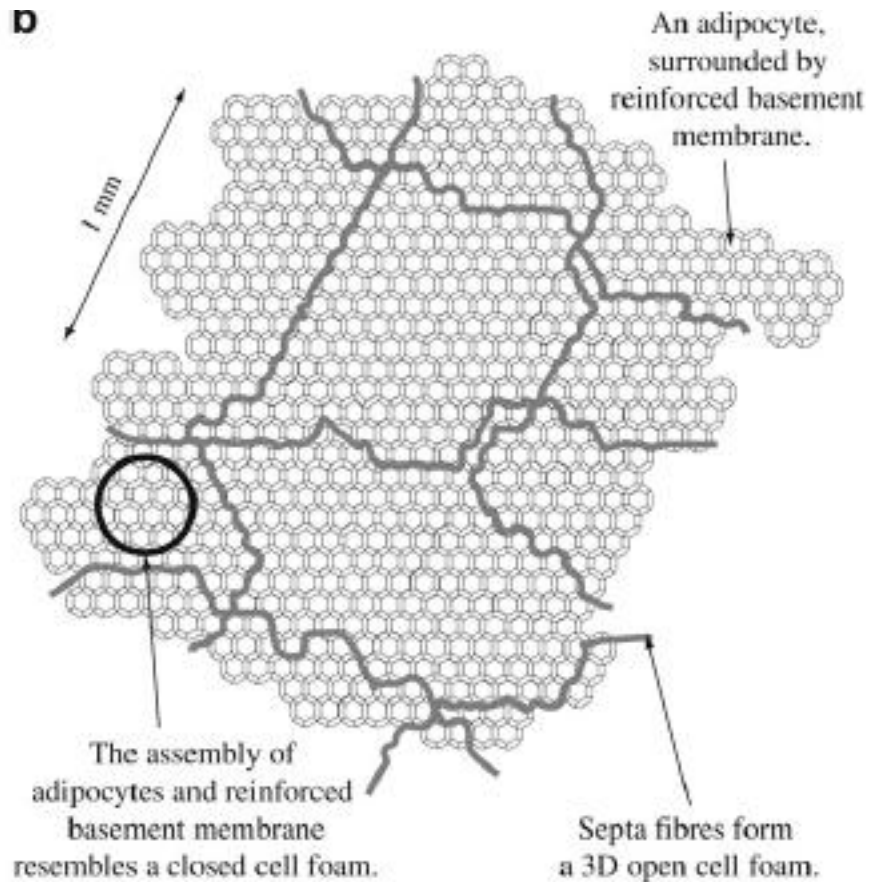
International Journal of Impact Engineering 46 (2012) 1e10 **D**



Reinforced basement membrane

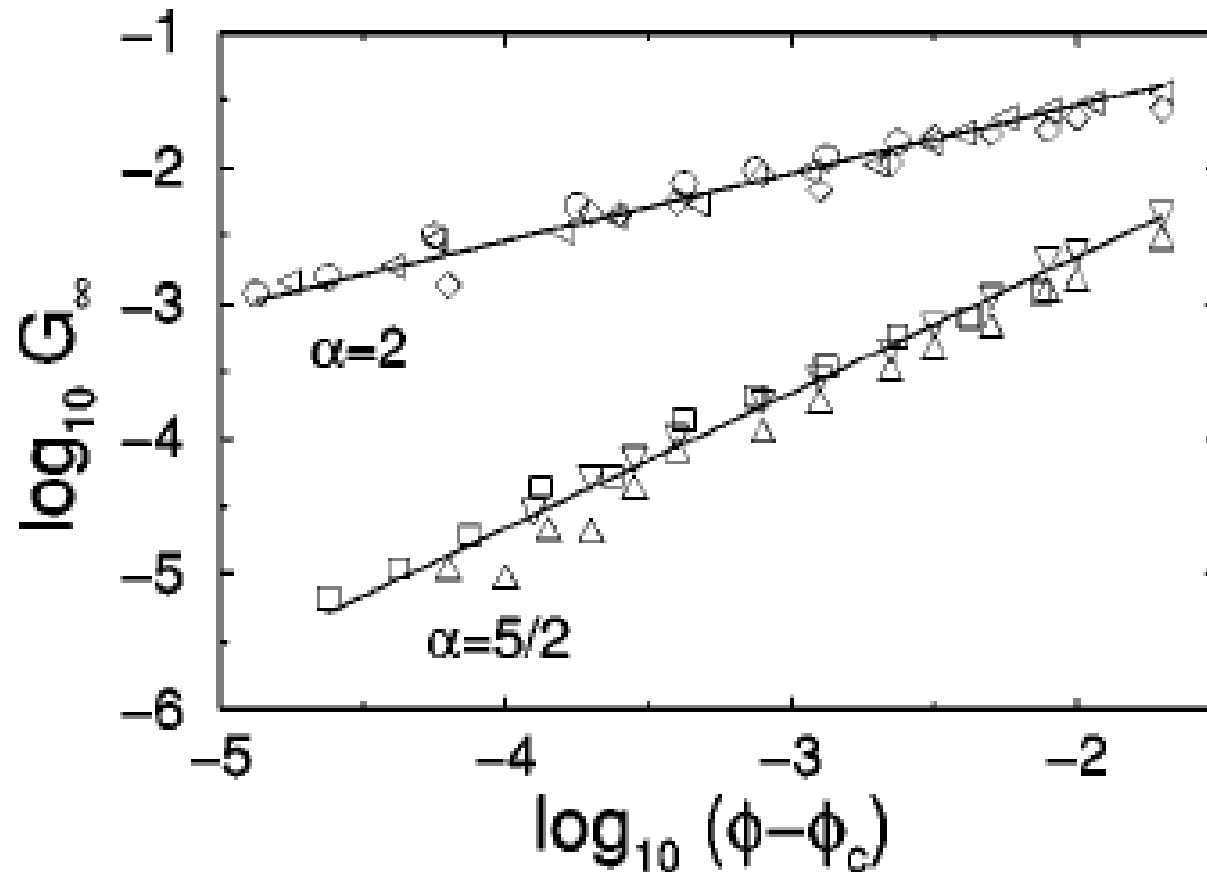
Interlobular septa

200 μm





# Do soft tissues act like colloidal systems close to jamming?



O'hern CS, Silbert LE, Liu AJ, Nagel SR (2003) Jamming at zero temperature and zero applied stress: The epitome of disorder. Physical Review E 68.

# Conclusions

Semiflexible polymer networks exhibit shear-stiffening and negative normal stress

- enables cell contraction-generated stiffening
- Stiffen in extension, soften in compression

Soft tissues stiffen under compression, but soften in extension or shear

- no similarity with polymer networks
- possible relation to tumor pressure