

KITP - April 2018

# Portal Couplings and Precision Cosmology

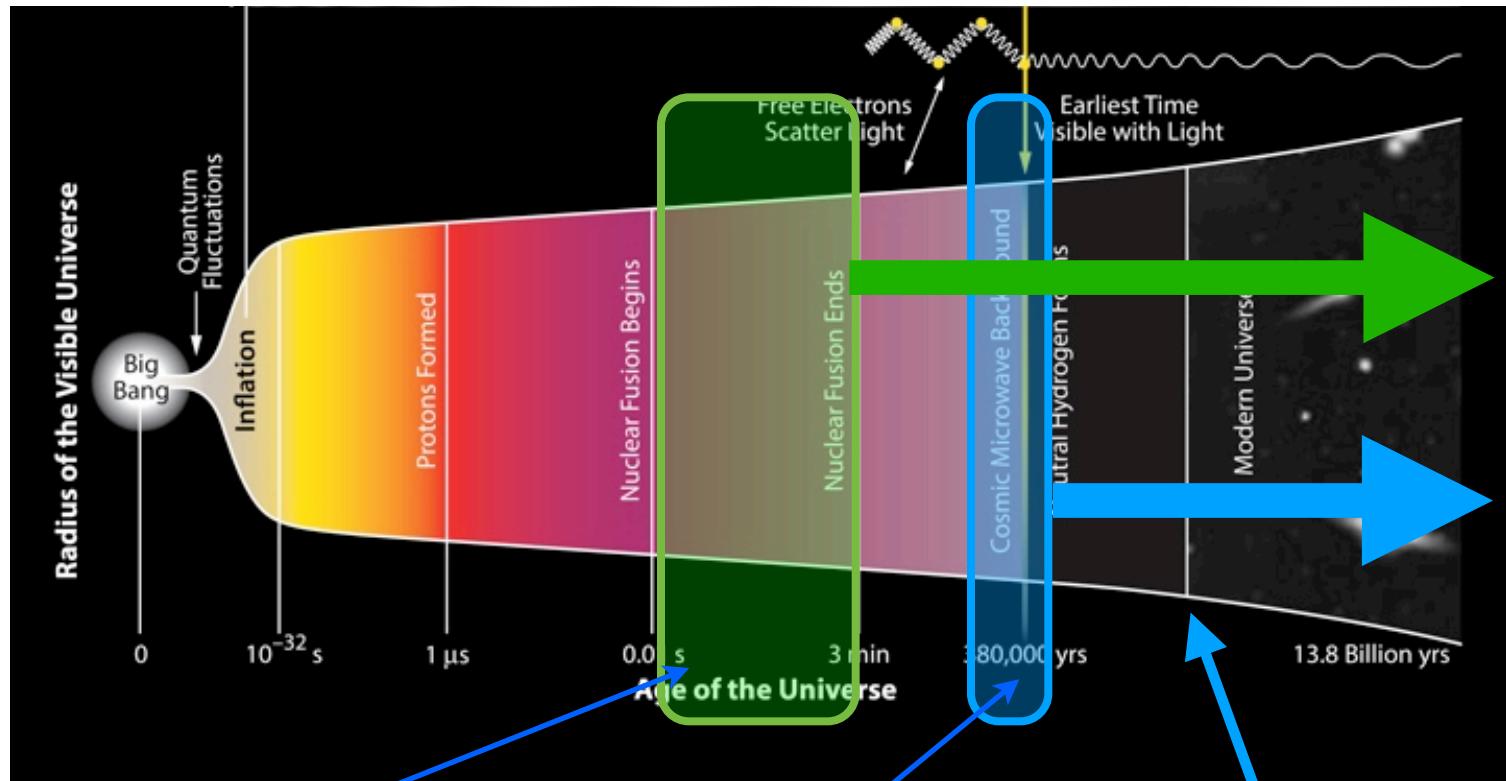
Adam Ritz  
University of Victoria



A. Fradette, M. Pospelov, J. Pradler, & AR (1407.0993; and to appear)  
M. Pospelov, AR & C. Skordis (0808.0673, after BICEP2/Keck)

# Cosmological probes of new physics

CMB (spectrum/anisotropies) and BBN (elemental abundances) provide precision *calorimeters* (and *polarimeters*) to test for new particle physics...



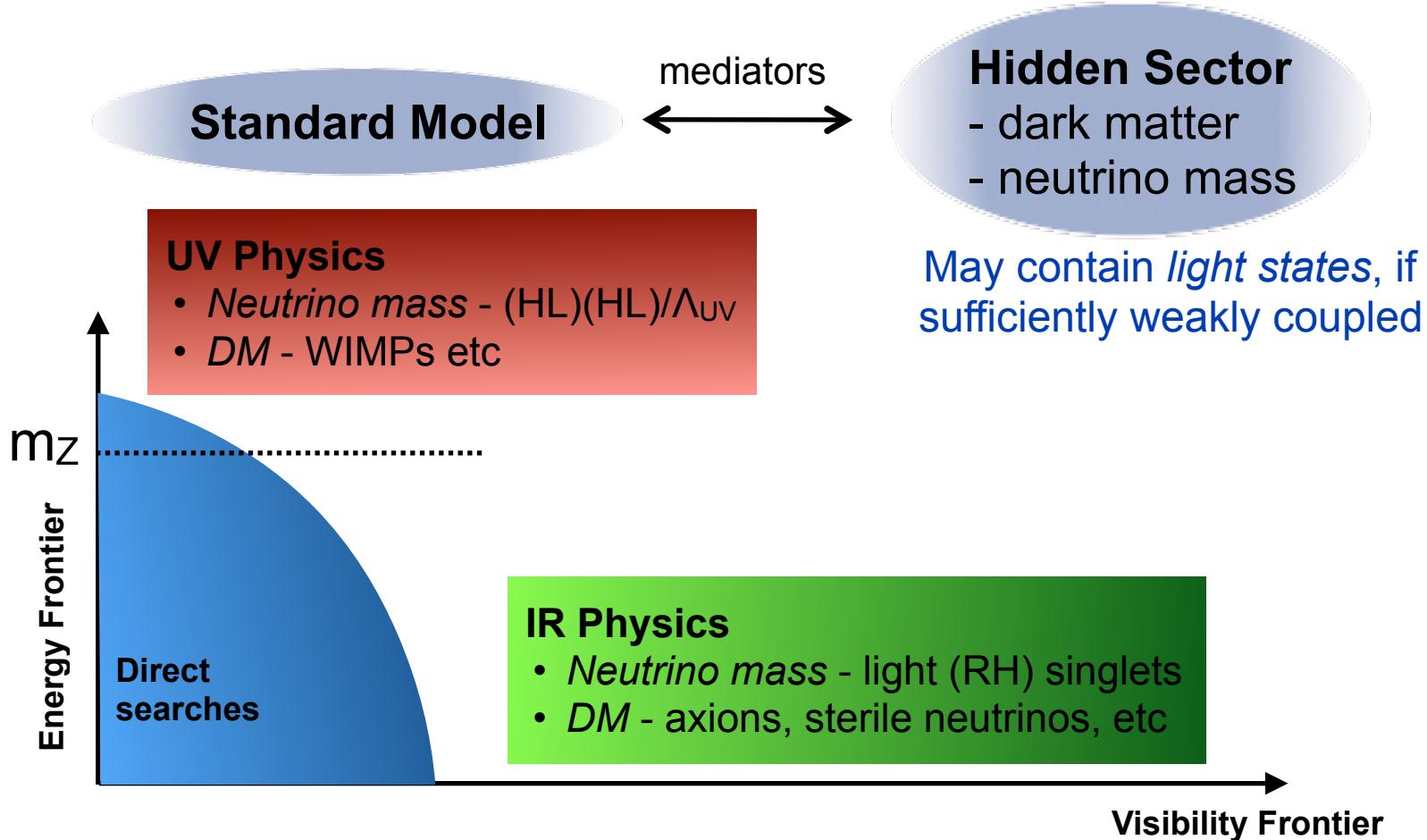
BBN ( $t \sim 1\text{s}-3\text{m}$ )

CMB ( $t \sim 10^5 \text{ yrs}$ )

First stars, reionization

# New physics in a dark/hidden sector

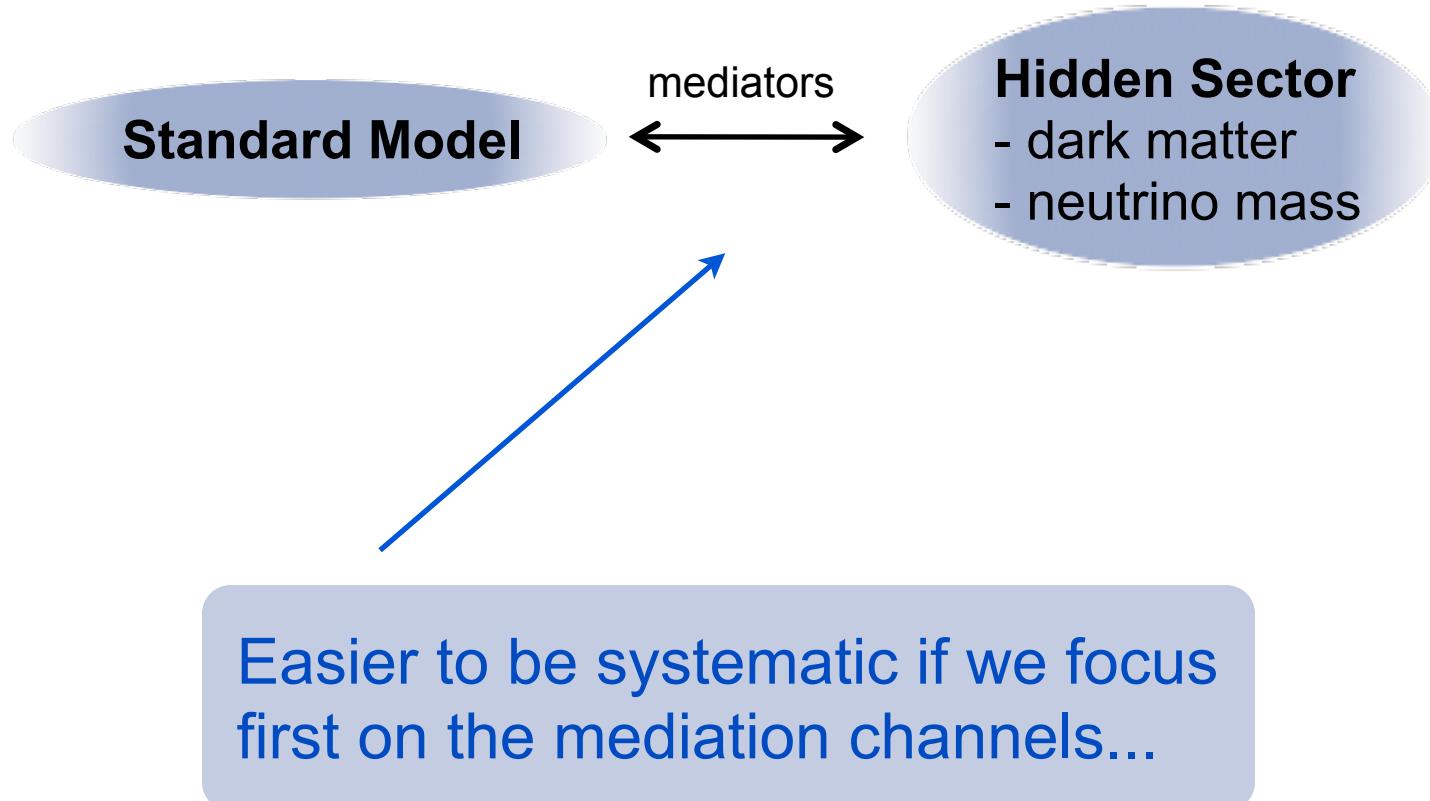
Empirical evidence for new physics (e.g. *neutrino mass*, *dark matter*) arguably points to a hidden/dark sector, but not directly to a specific mass scale



→ a priori all options deserve exploration, so what theoretical guidance is there, and how far down can we probe the (in)visibility frontier?

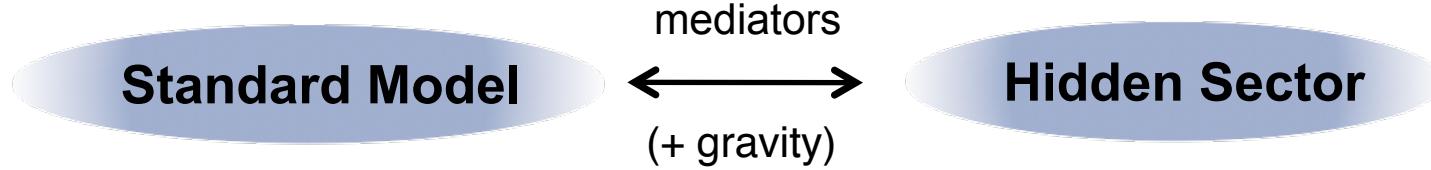
# New physics in a dark/hidden sector

*Empirical* evidence for new physics (e.g. *neutrino mass, dark matter*) arguably points to a hidden/dark sector, but not directly to a specific mass scale



Substantial research effort over the past decade....

# EFT for a (neutral) hidden sector



$$\mathcal{L} = \sum_{n=k+l-4} \frac{\mathcal{O}_k^{(SM)} \mathcal{O}_l^{(med)}}{\Lambda^n} \sim \mathcal{O}_{portals} + \mathcal{O}\left(\frac{1}{\Lambda}\right)$$

Generic interactions are irrelevant (dimension > 4), but there are three UV-complete relevant or marginal “portals” to a neutral hidden sector

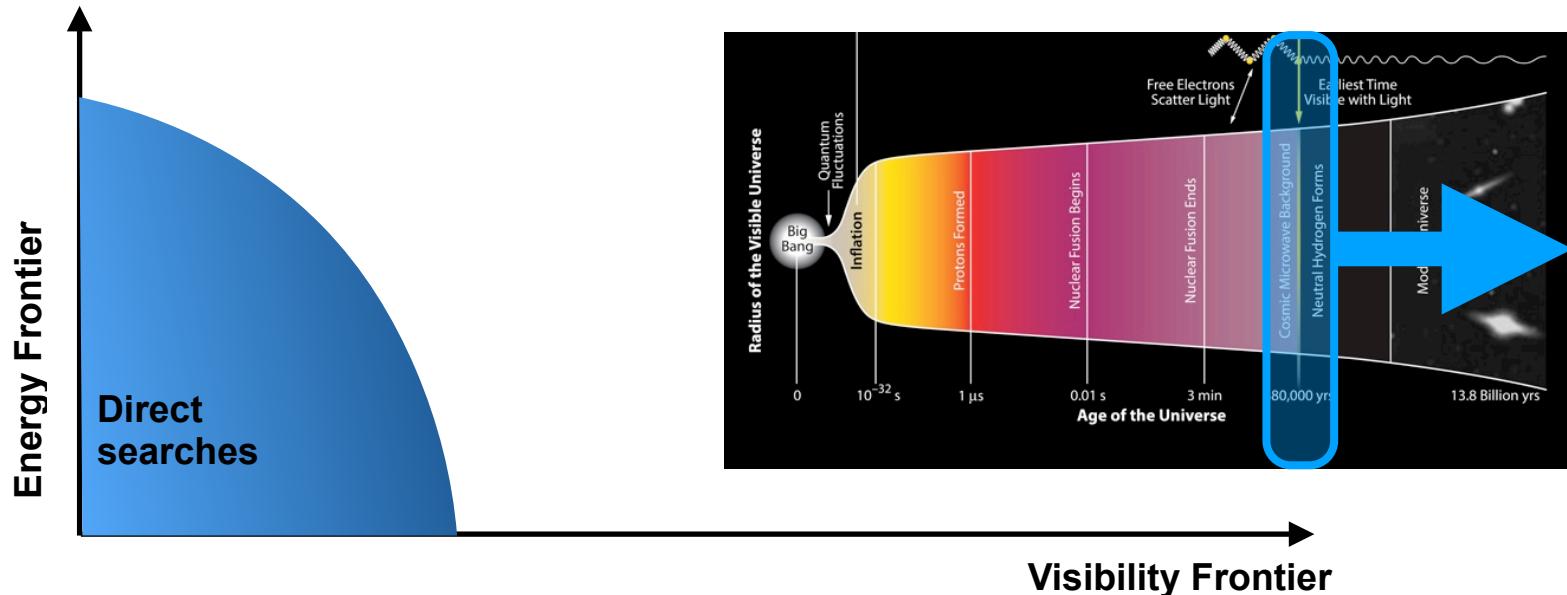
- Vector portal:  $\mathcal{L} = -\frac{\kappa}{2} B^{\mu\nu} V_{\mu\nu}$  [Okun; Holdom; Foot et al]
- Higgs portal:  $\mathcal{L} = -H^\dagger H (A S + \lambda S^2)$  [Patt & Wilczek]
- Neutrino portal:  $\mathcal{L} = -Y_N^{ij} \bar{L}_i H N_j$

higher  
dimensional

- Axion portal:  $\mathcal{L} = \frac{1}{2f_a} (F_{\mu\nu} \tilde{F}^{\mu\nu} + c_g G_{\mu\nu}^a \tilde{G}^{a\mu\nu}) a$

# CMB Sensitivity to the (In)visibility frontier

CMB calorimetry/polarimetry and very dark sectors



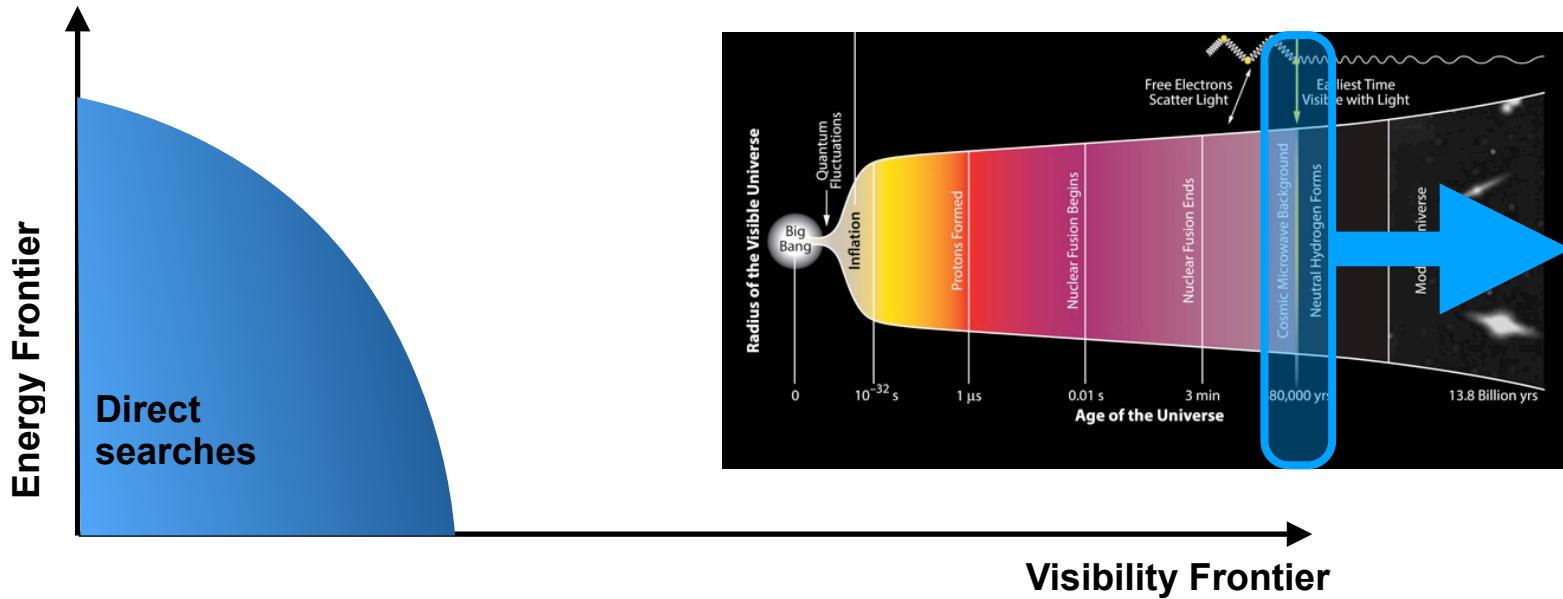
Case studies in this talk:

- (i) (very) dark photons (vector portal)
- (ii) (very) dark scalars (higgs portal)
- (iii) (very) light axions

NB: Impact from late decays of 'dark singlet leptons' through the neutrino portal was studied earlier [White et al '94, Adams et al '98, Lopez et al '98,...]

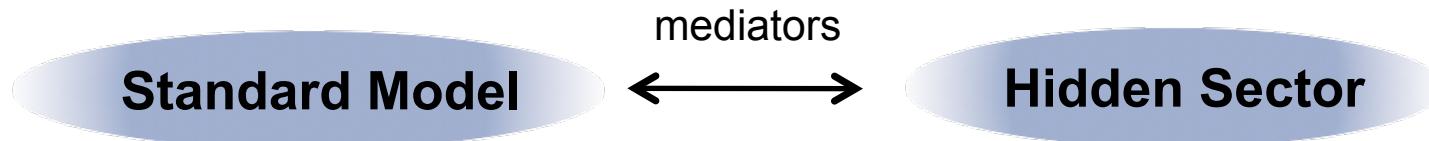
# Case (i) - Dark photons (vector portal)

CMB calorimetry/polarimetry and very dark sectors



- (i) (very) dark photons (vector portal)
- (ii) (very) dark scalars (higgs portal)
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# Case (i) - Dark photons (vector portal)



$$\mathcal{L} = -\frac{1}{4}V_{\mu\nu}^2 - \frac{\kappa}{2}V_{\mu\nu}F^{\mu\nu} - \frac{1}{2}m_V^2V_\mu^2 + \dots$$



[Okun, Holdom]

$$\mathcal{L}_{\text{int}} = -\kappa e V_\mu J_{\text{em}}^\mu \quad [\text{Fayet, 1980,81}]$$

$A'$ - couples to the SM via the EM current

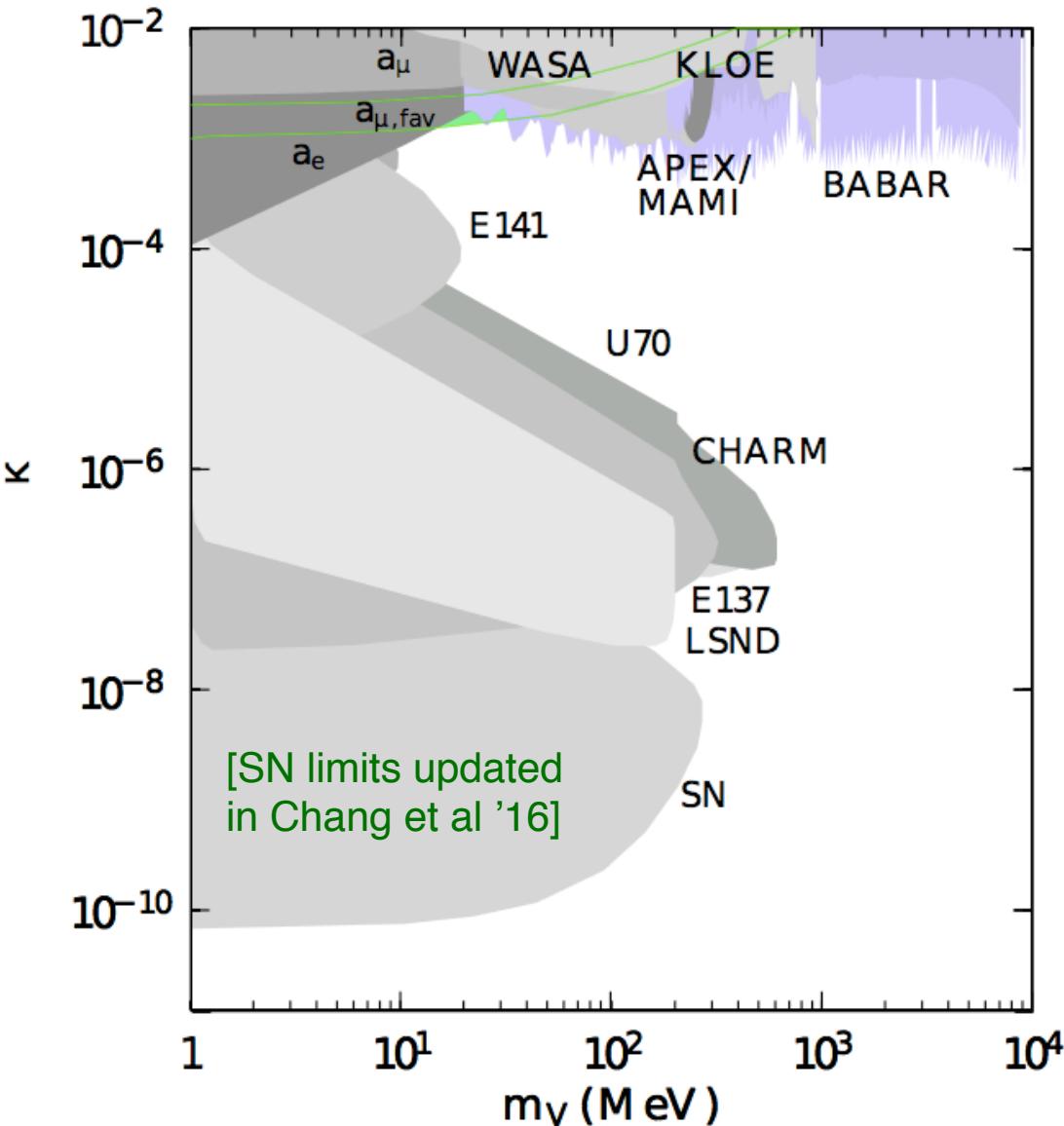
$$\alpha_{\text{eff}} = \alpha \kappa^2$$

- Simple 2D parameter space  $\{\kappa, m_V\}$
- Vector mass via Higgs or Stueckelberg mechanism
  - If  $m_V > 2m_e$ ,  $V \rightarrow$  leptons, hadrons,  $\text{Br} \sim O(\kappa^2)$
  - If  $m_V < 2m_e$ ,  $V \rightarrow 3\gamma$  or  $2\nu$  and is a warm DM candidate
- Generic mediator for DM model-building over a large mass range

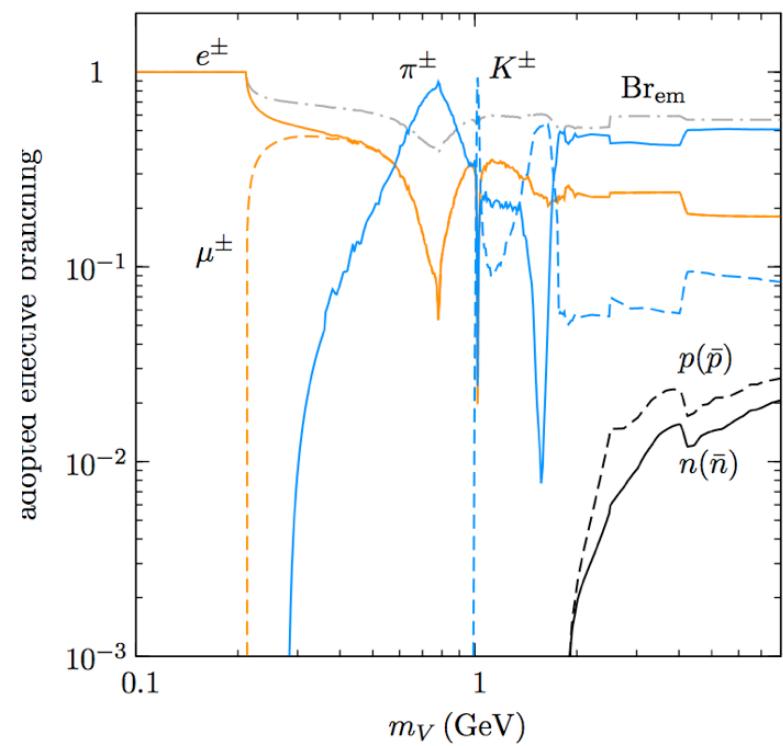
\*Alternate Notation :  $\kappa = \epsilon$ ,  $V_\mu = A'_\mu$

# Dark Photons - sensitivity if $\text{Br}(\text{SM}) \sim 1$

[See e.g. Snowmass NLWCP WG, Essig et al '13; Dark Sectors Workshop '16]



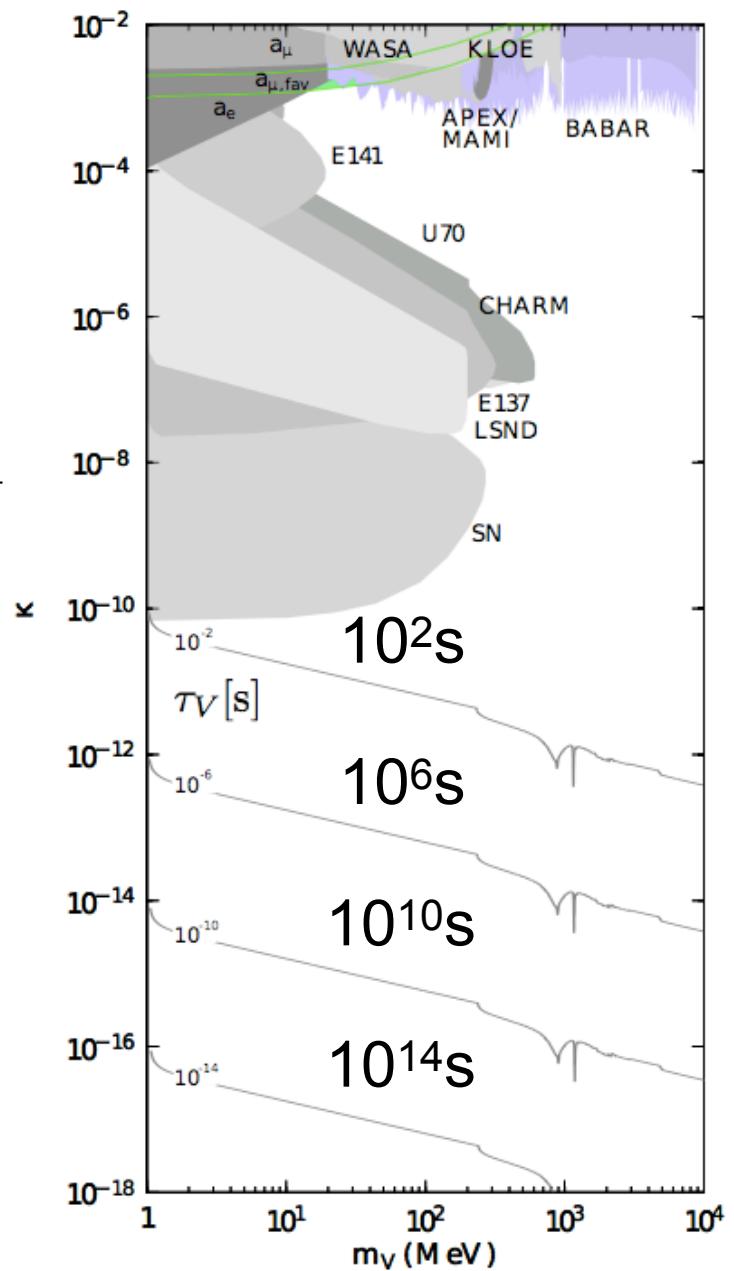
Assuming  $\text{Br}(V \rightarrow \text{SM}) \sim 1$   
(no extra light dark sector states)



# Very dark photons

Cosmological sensitivity  
to energy injection from  
late decays?

$$\tau_V \sim \frac{3}{\alpha_{\text{eff}} m_V} = 6 \times 10^5 \text{ yr} \times \frac{10 \text{ MeV}}{m_V} \times \frac{10^{-35}}{\alpha_{\text{eff}}}$$



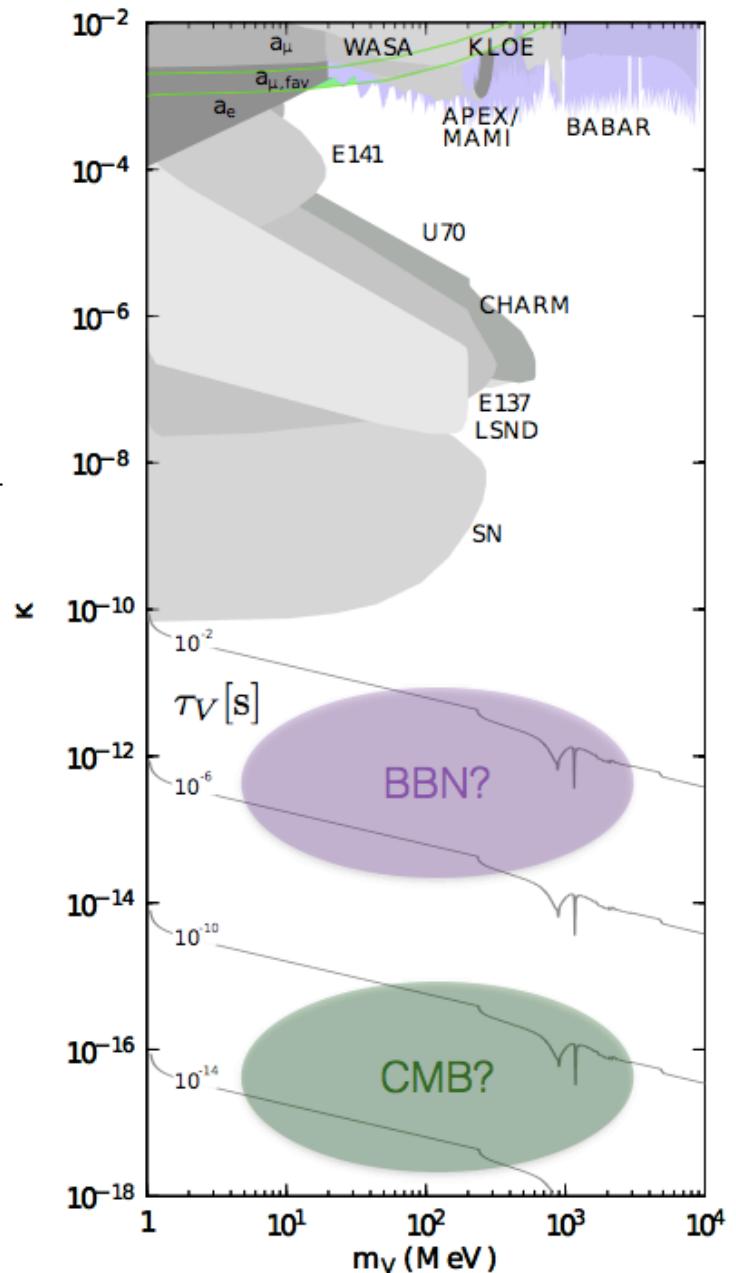
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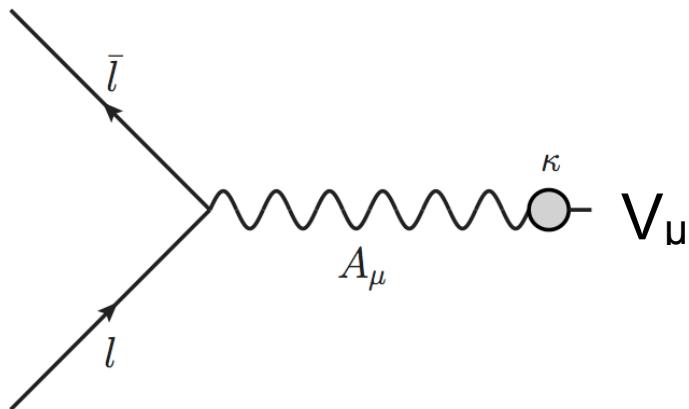
BBN ( $t \sim 1\text{-}10^3 \text{ s}$ ) →

CMB ( $t \sim 10^{12}\text{-}10^{14} \text{ s}$ ) →



# Thermal production

- Production in the early universe via freeze-in



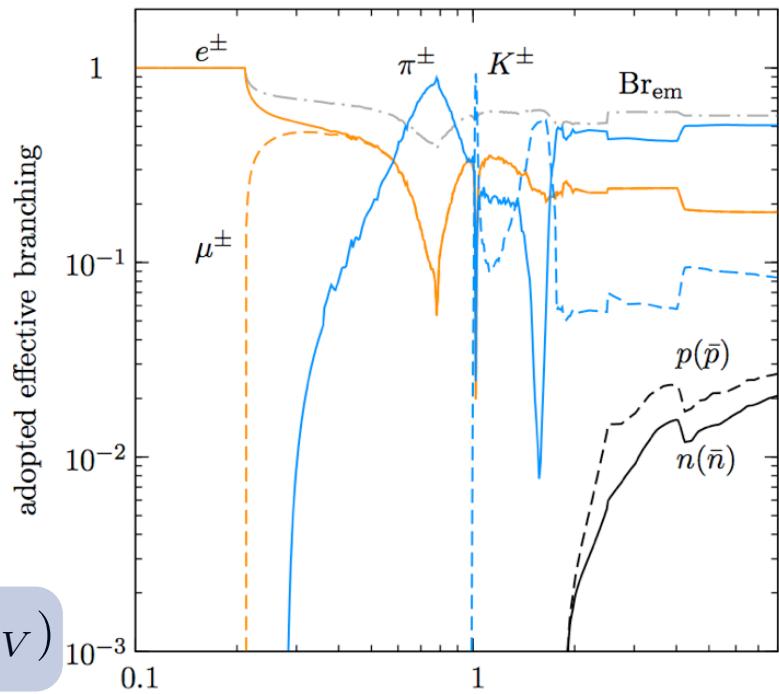
$$s\dot{Y}_V = \dot{n}_V + 3Hn = \frac{3}{2\pi^2} \Gamma_V m_V^2 T K_1(m_V/T)$$

Freeze-in abundance ( $T_{\text{max prod}} \sim m_V$ )

$$Y_{V,\text{fo}} \sim \frac{\Gamma_V m_V^3}{H(m_V)s(m_V)}$$

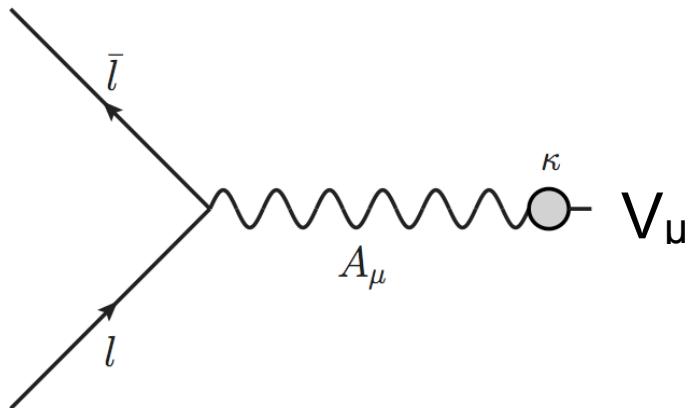
$$\sim 2 \times 10^{-17} \times \left( \frac{10^{14} \text{ s}}{\tau_V} \right) \times \left( \frac{10 \text{ MeV}}{m_V} \right)^2$$

NB: conservatively ignoring production modes during inflation



# Thermal production

- Production in the early universe via freeze-in

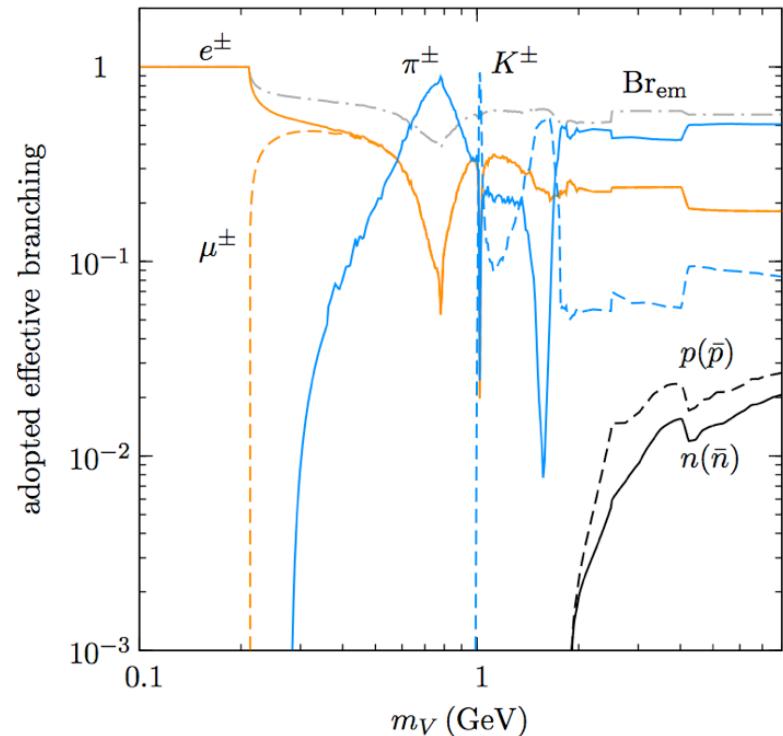


$$s\dot{Y}_V = \dot{n}_V + 3Hn = \frac{3}{2\pi^2} \Gamma_V m_V^2 T K_1(m_V/T)$$

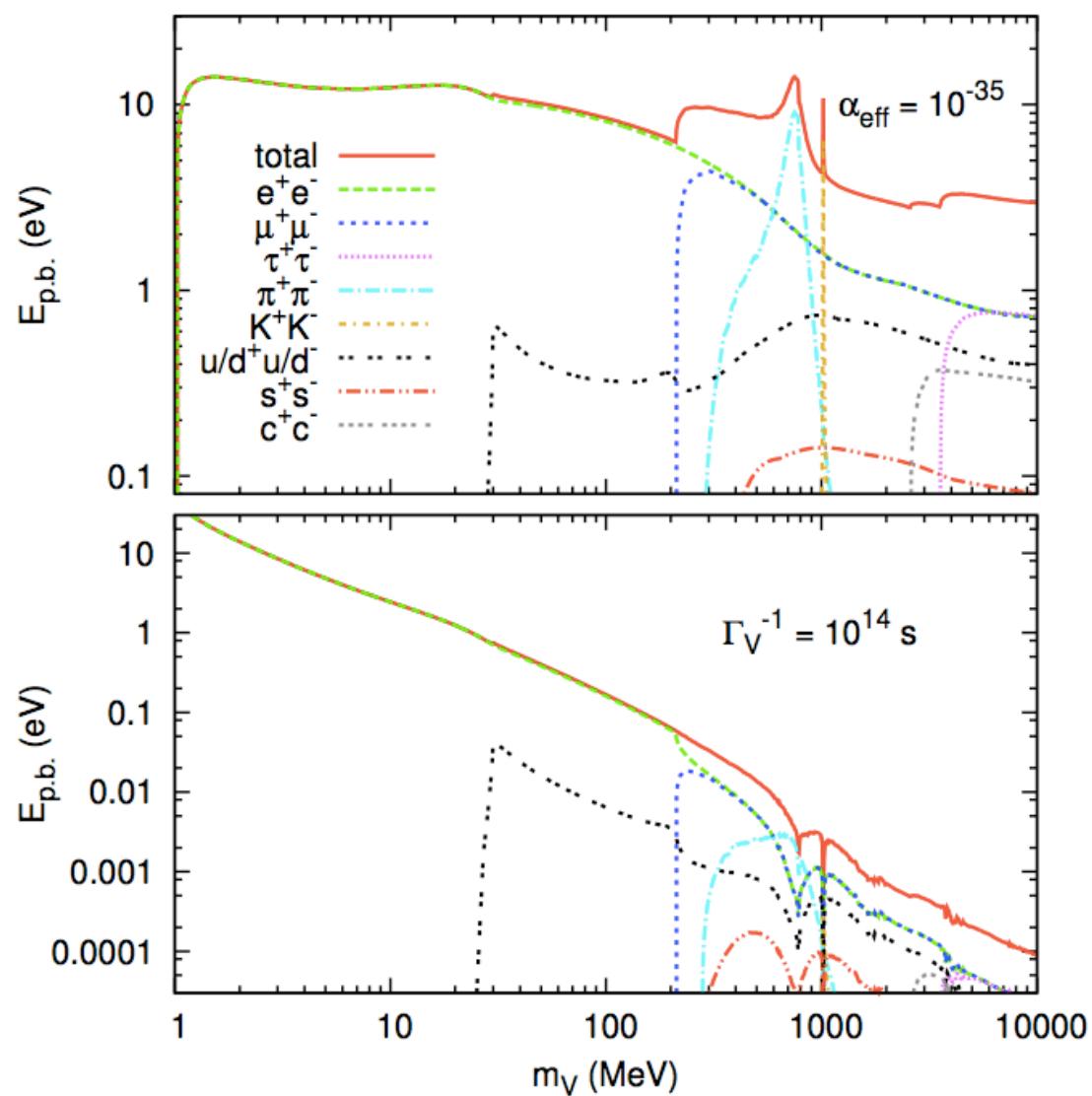
➡ Energy stored per baryon

$$E_{\text{p.b.}} = m_V Y_{V,f} \left. \frac{s}{n_b} \right|_0 \sim 2.6 \text{eV} \times \left( \frac{10^{14} \text{s}}{\tau_V} \right) \times \left( \frac{10 \text{MeV}}{m_V} \right)$$

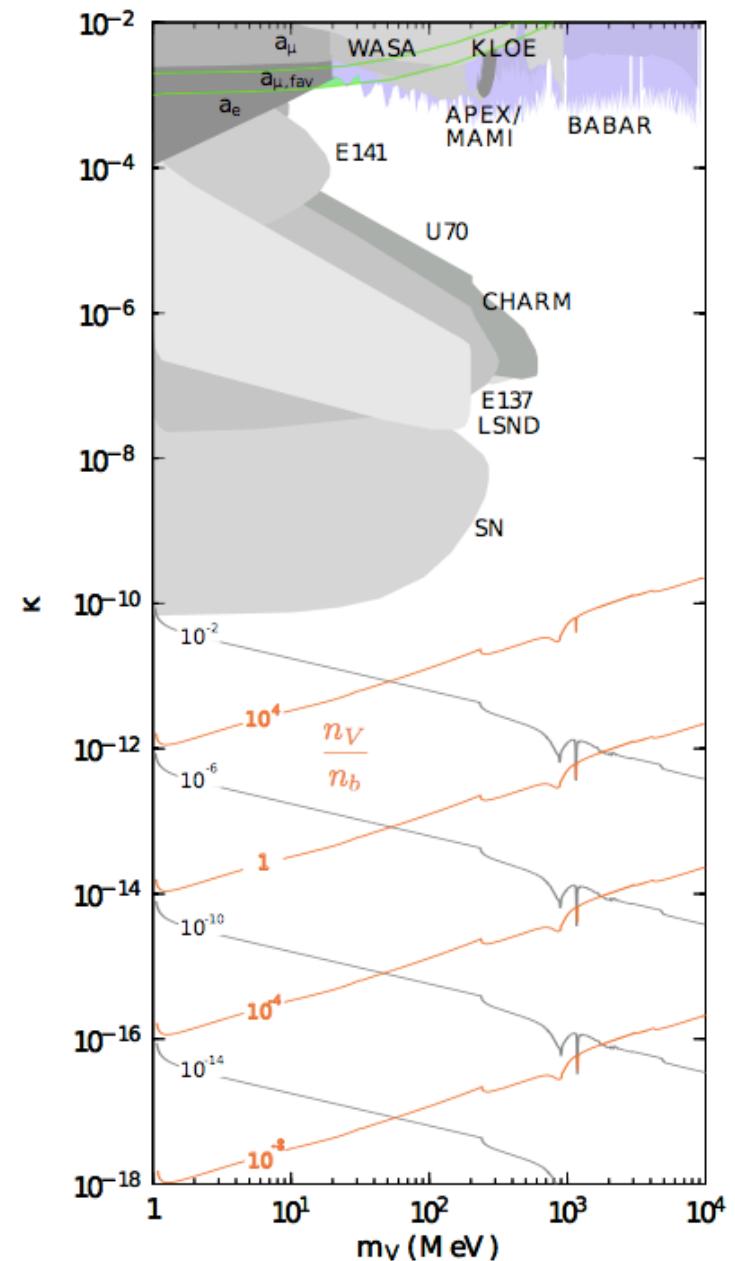
CMB has sensitivity to  $\sim 0.1 \text{eV p.b.} !$



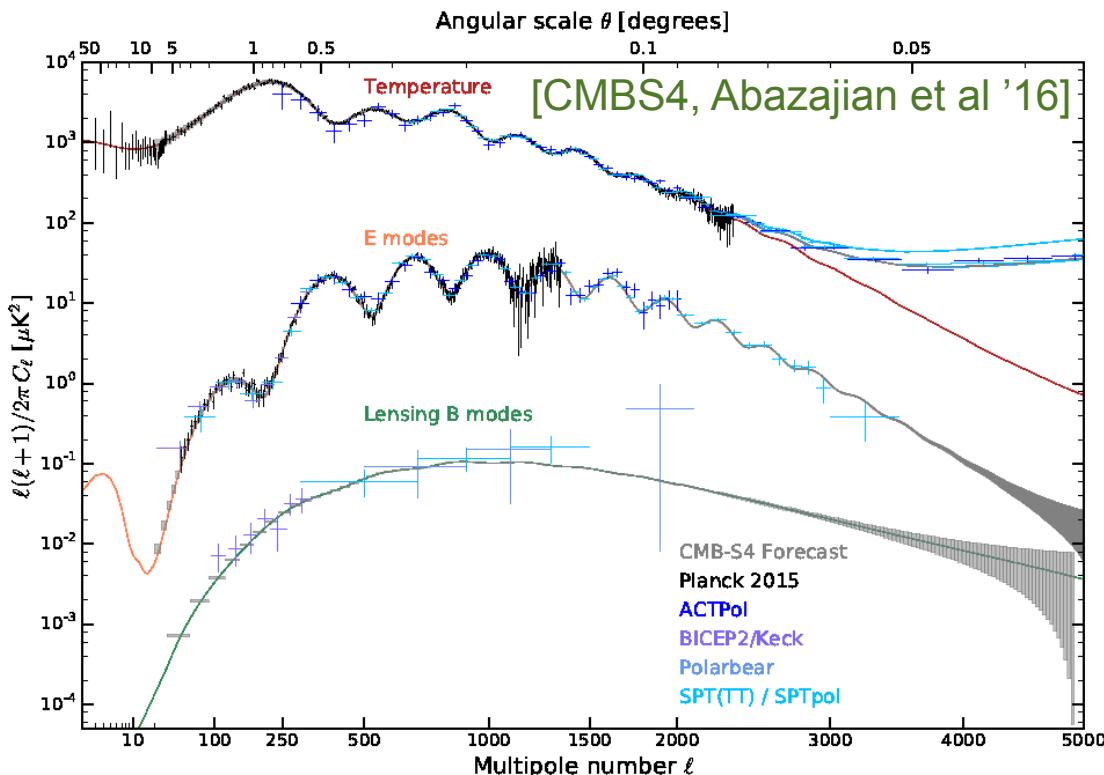
# Energy injection



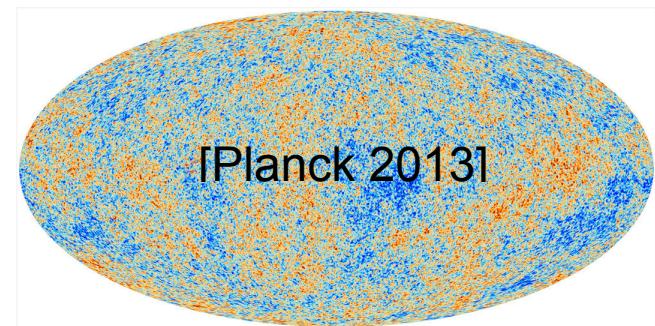
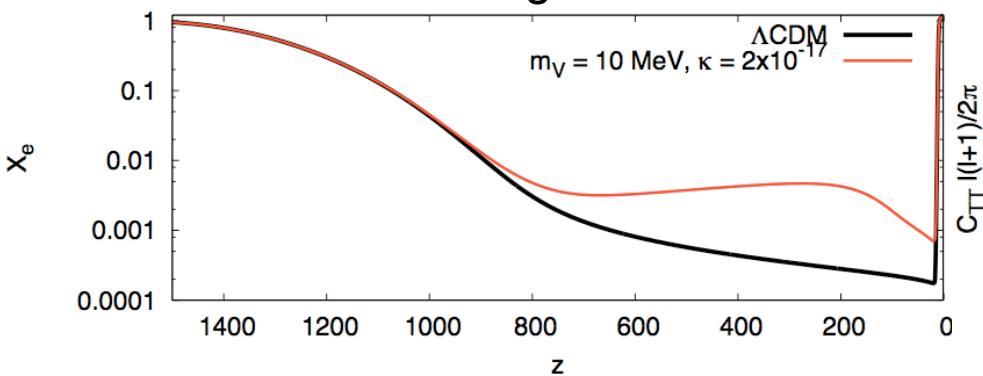
Simplified QCD transition  
(quarks  $\rightarrow$  mesons at  $T \sim 157 \text{ MeV}$ )



# CMB sensitivity

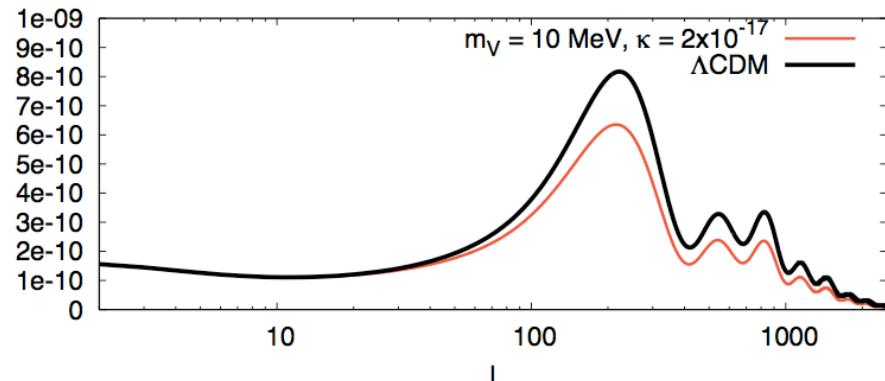


Partial reionization enhances late scattering off CMB



Precision TT and EE anisotropy spectrum constrains modifications to the visibility function, e.g. from energy injection

Washes out small-scale TT correlations



# CMB - VDP energy injection

[Following Chen & Kamionkowski '03; Zhang et al '07; Slatyer '12]

$$\frac{dE}{dtdV} = 3\zeta m_p \Gamma e^{-\Gamma t}$$



$$\zeta = \frac{f}{3} \frac{\Omega_V}{\Omega_b} = \frac{f}{3} \frac{E_{\text{p.b.}}}{m_p}$$

f = efficiency for deposited  
energy to produce ionization  
(~1/3) and heating (~2/3)

$$\Rightarrow \zeta \Gamma_V < (2 - 10) \times 10^{-25} \text{ Hz}$$

# CMB - VDP energy injection

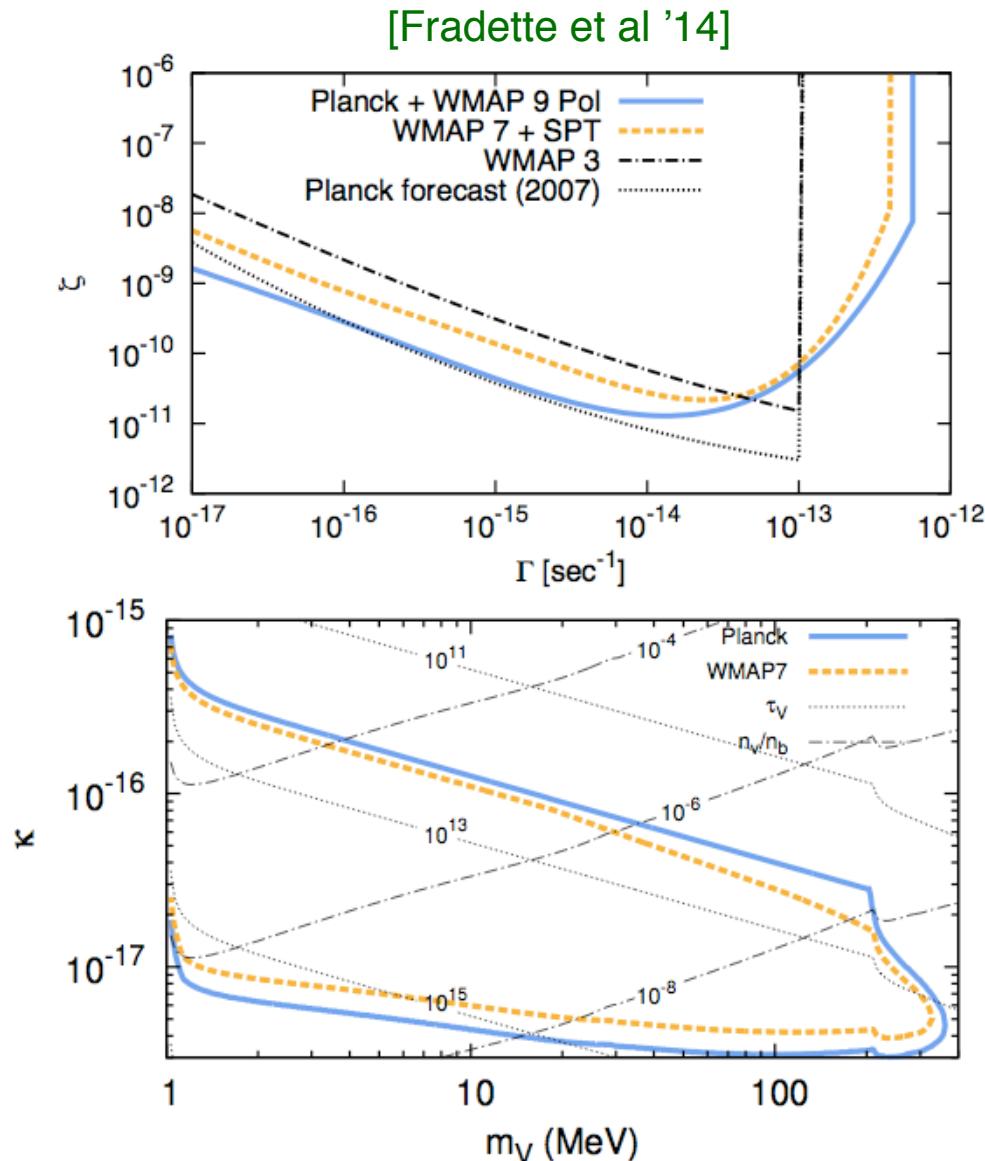
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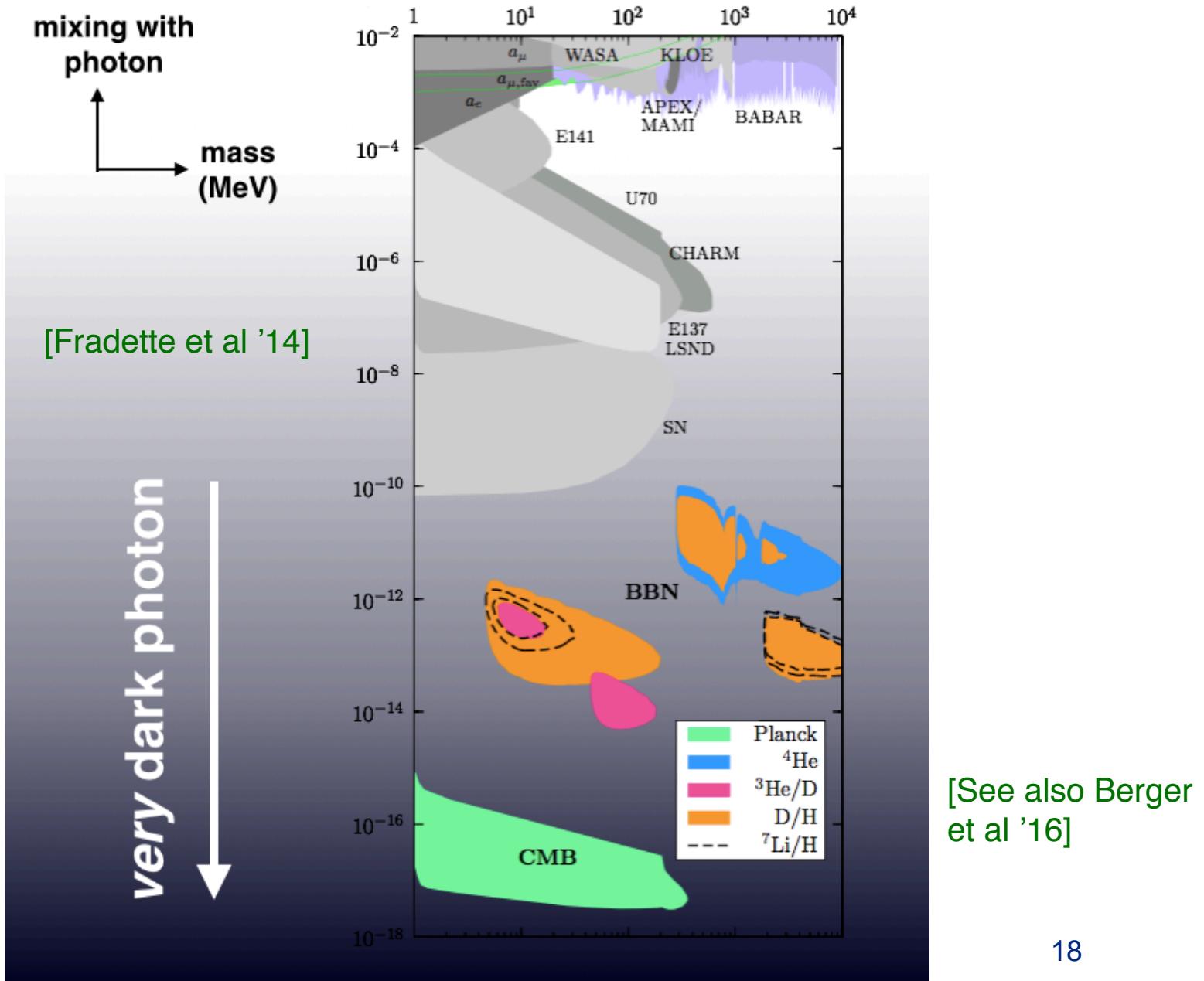
$$\zeta = \frac{f}{3} \frac{\Omega_V}{\Omega_b} = \frac{f}{3} \frac{E_{\text{p.b.}}}{m_p}$$

$f$  = efficiency for deposited energy to produce ionization ( $\sim 1/3$ ) and heating ( $\sim 2/3$ )

$$\rightarrow \zeta \Gamma_V < (2 - 10) \times 10^{-25} \text{ Hz}$$

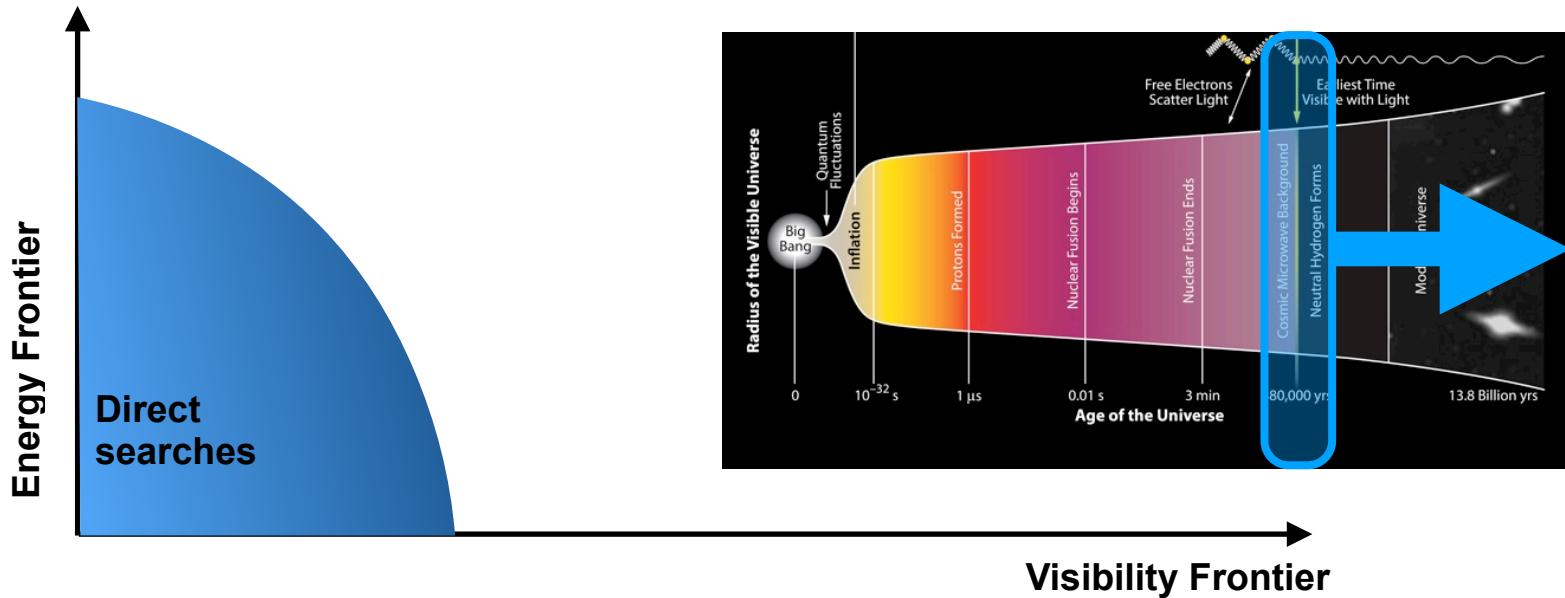


# Cosmological constraints on VDP



# Case (ii) - Dark Scalars

CMB calorimetry/polarimetry and very dark sectors

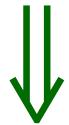


- (i) (very) dark photons (vector portal)
- (ii) (very) dark scalars (higgs portal)
- (iii)(very) light axions

# Case (ii) - Dark scalars (Higgs portal)



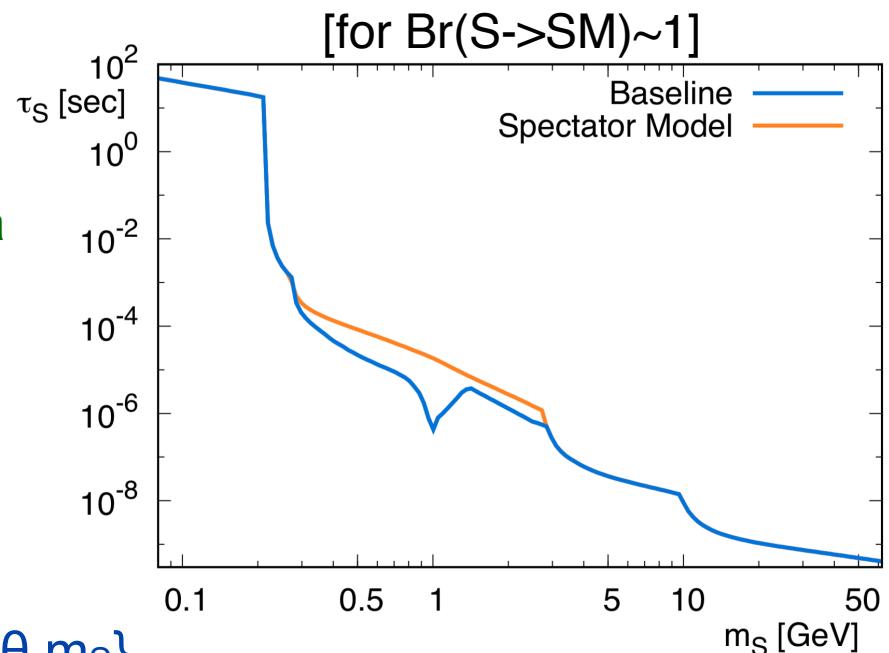
$$\mathcal{L}_{H/S} \supset \mu^2 H^\dagger H - \lambda_H (H^\dagger H)^2 - \frac{1}{2} m_S^2 S^2 - A S H^\dagger H$$



$$\mathcal{L}_{\text{int}} = -\theta S J_S$$

**S** - couples to the SM via  
the scalar current

$$\theta = \frac{Av}{m_H^2 - m_S^2}$$



- Simple 2D parameter space  $\{\theta, m_S\}$
- If  $m_S > 2m_e$ ,  $S$  decays to leptons, hadrons,  $\text{Br} \sim O(\theta^2)$

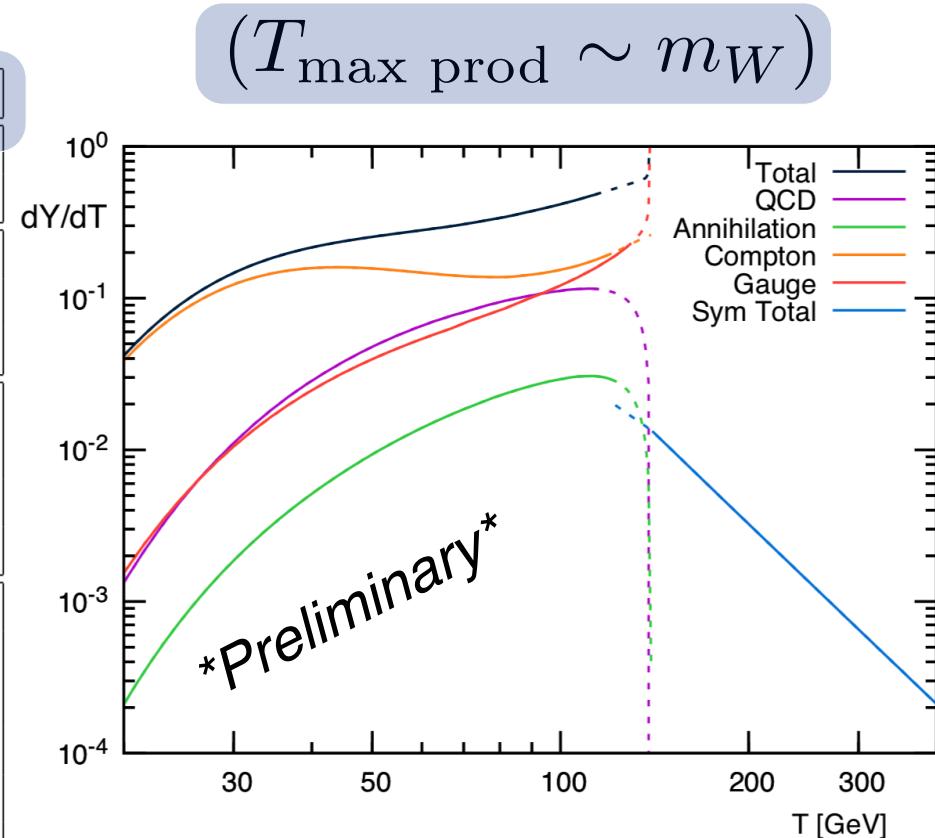
# Thermal production

## Production in the early universe via freeze-in

[Fradette et al - to appear]

Production Channel $i$	$Y_i^{v \gg 0}$	$Y_i^{v \gtrsim 0}$	$Y_i^{\text{sym}}$	$Y_i^{\text{tot}} [10^{10} \theta^2]$
$t\bar{t} \rightarrow gS$	2.11	0.93	0	6.29-8.11
$tg \rightarrow tS (\times 2)$	4.17	0.90		
$t\bar{t} \rightarrow hS$	0.41	0.08		
$t\bar{t} \rightarrow ZS$	0.44	0.11	0.03-0.05	1.72-2.01
$t\bar{b} \rightarrow W^+ S (\times 2)$	0.82	0.11		
$th \rightarrow tS (\times 2)$	0.38	0.13		
$tZ \rightarrow tS (\times 2)$	1.46	0.77	0.14-0.21	14.40-17.77
$tW \rightarrow bS (\times 2)$	3.66	1.43		
$bW \rightarrow tS (\times 2)$	8.70	1.11		
$Zh \rightarrow ZS$	0.26	0.10		
$ZZ \rightarrow hS$	0.33	0.17		
$WW \rightarrow hS$	0.57	0.25		
$WW \rightarrow ZS$	3.47	0.89	0.01-0.02	8.68-10.93
$Wh \rightarrow WS (\times 2)$	0.46	0.16		
$WZ \rightarrow WS (\times 2)$	3.57	0.69		
$hh \rightarrow hS$	0.01	< 0.01	0	
Total	30.81	7.84	0.19-0.28	31.1-38.8

Freeze-in abundance

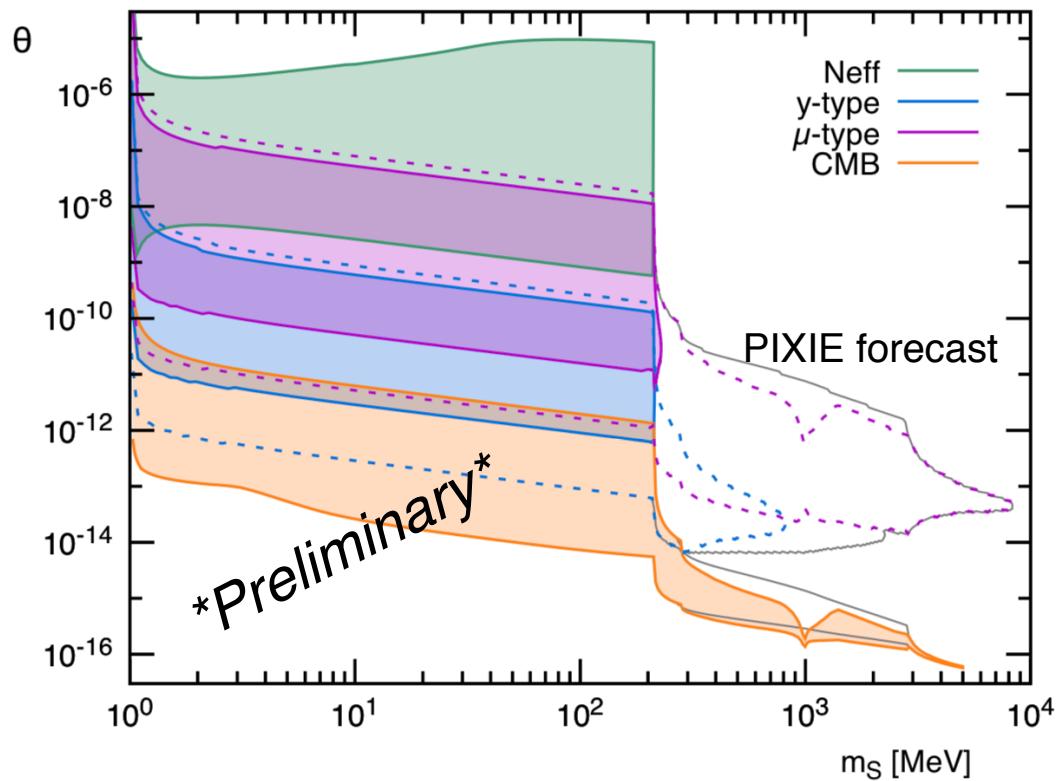
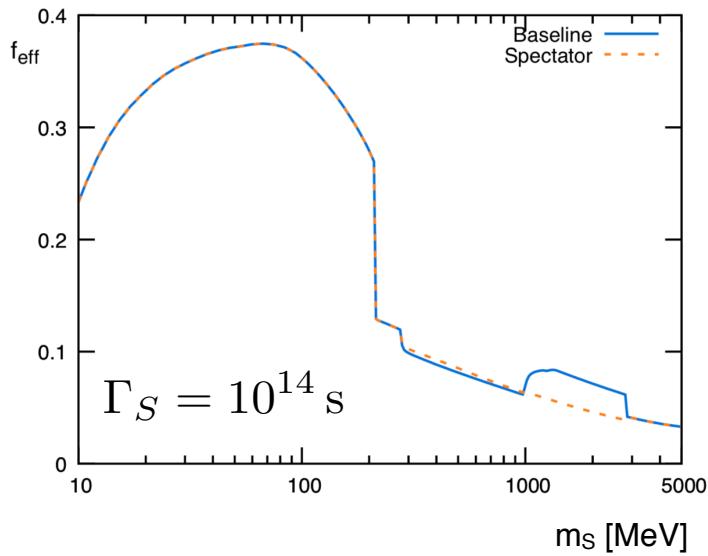


NB: Thermal effects are important (need to include thermal masses and  $v(T)$ ), and production is significant around the EWPT

# CMB constraints (Planck, COBE-FIRAS)

Energy injection from decays:  $\frac{dE}{dtdV} = 3\zeta m_p \Gamma e^{-\Gamma t}$

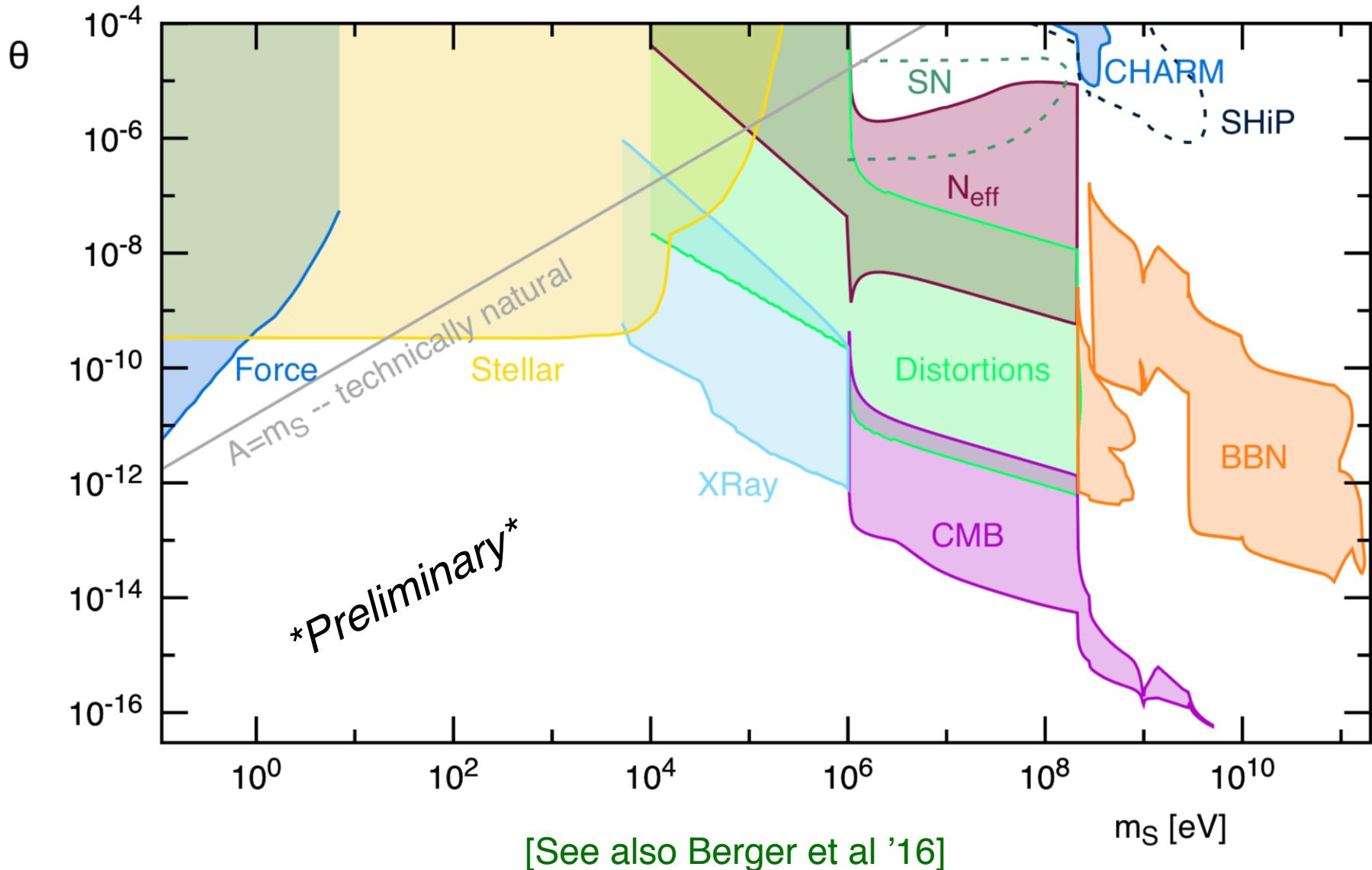
$$\zeta = f_{\text{eff}} \frac{m_S Y_S s_0}{m_p n_{b,0}}$$



[Fradette et al - to appear]

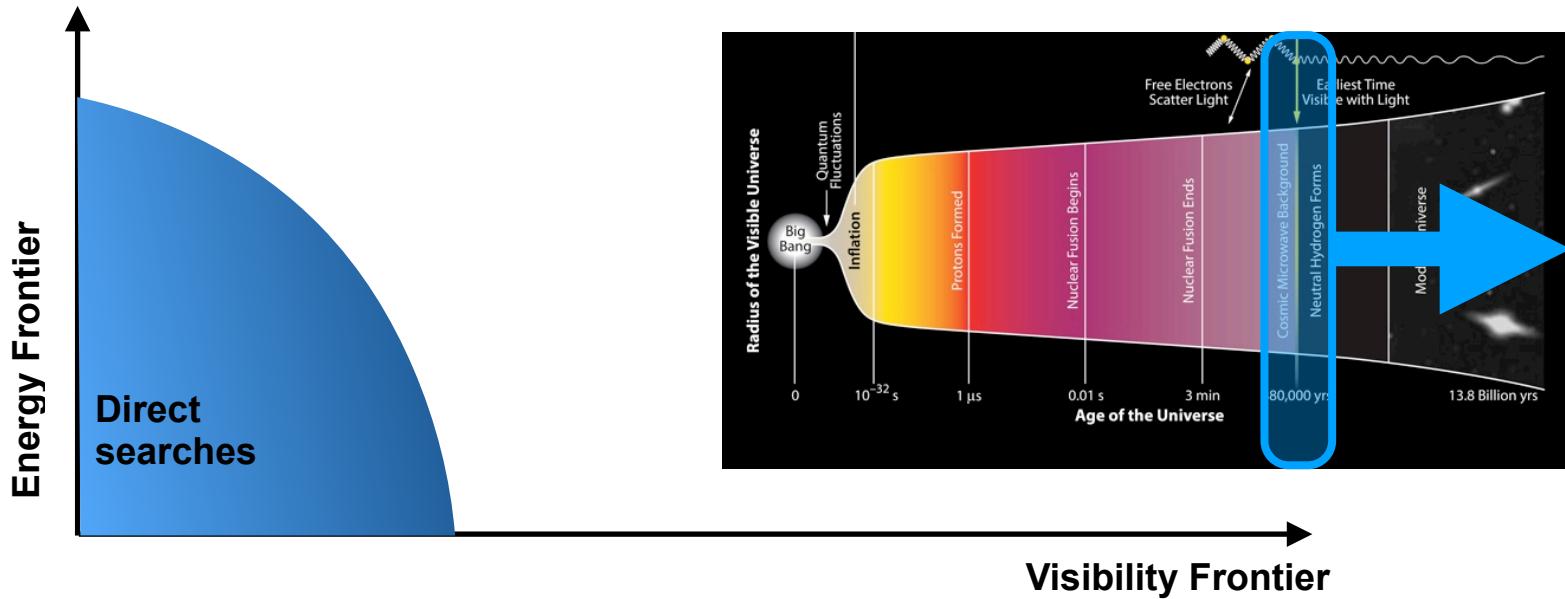
# Cosmological constraints

[Fradette et al - to appear]



# Case (iii) - Very light (but dark!) axions

CMB calorimetry/polarimetry and very dark sectors



- (i) (very) dark photons (vector portal)
- (ii) (very) dark scalars (higgs portal)
- (iii)(very) light axions

# Case (iii) - Very light (but dark!) axions

- With multiple  $U(1)_{\text{PQ}}$  symmetries broken at high scales, only one linear combination of Goldstone modes becomes the massive PQ axion (with a potential role in the strong CP problem, and as dark matter)

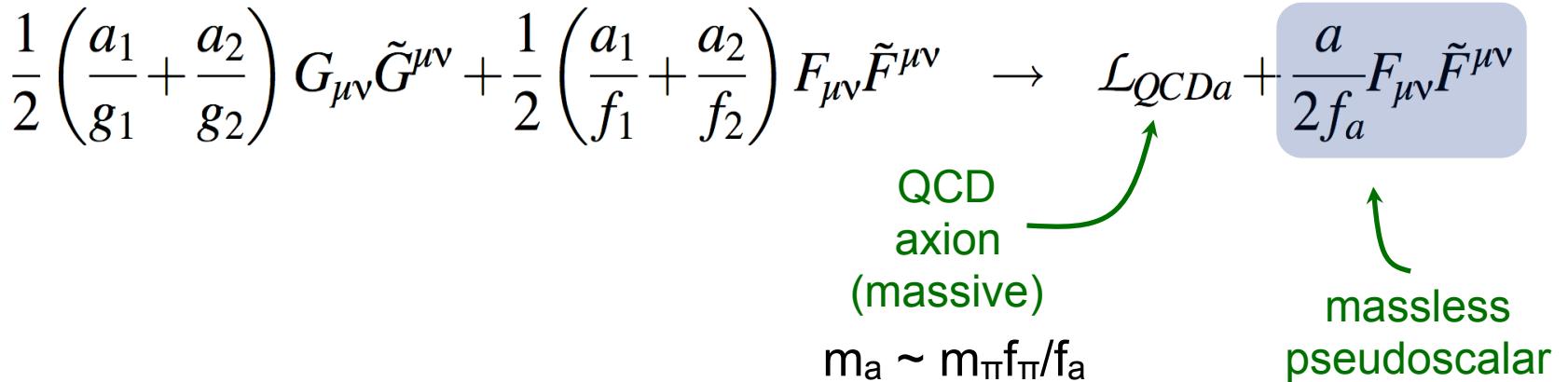
[Peccei & Quinn, Weinberg,  
Wilczek, KSVZ, ZDFS]

- A simple realization involves two “axions” with a shift symmetry  $a \rightarrow a + \text{const}$  [Anselm & Uraltsev ‘82]

$$\frac{1}{2} \left( \frac{a_1}{g_1} + \frac{a_2}{g_2} \right) G_{\mu\nu} \tilde{G}^{\mu\nu} + \frac{1}{2} \left( \frac{a_1}{f_1} + \frac{a_2}{f_2} \right) F_{\mu\nu} \tilde{F}^{\mu\nu} \rightarrow \mathcal{L}_{QCDa} + \frac{a}{2f_a} F_{\mu\nu} \tilde{F}^{\mu\nu}$$

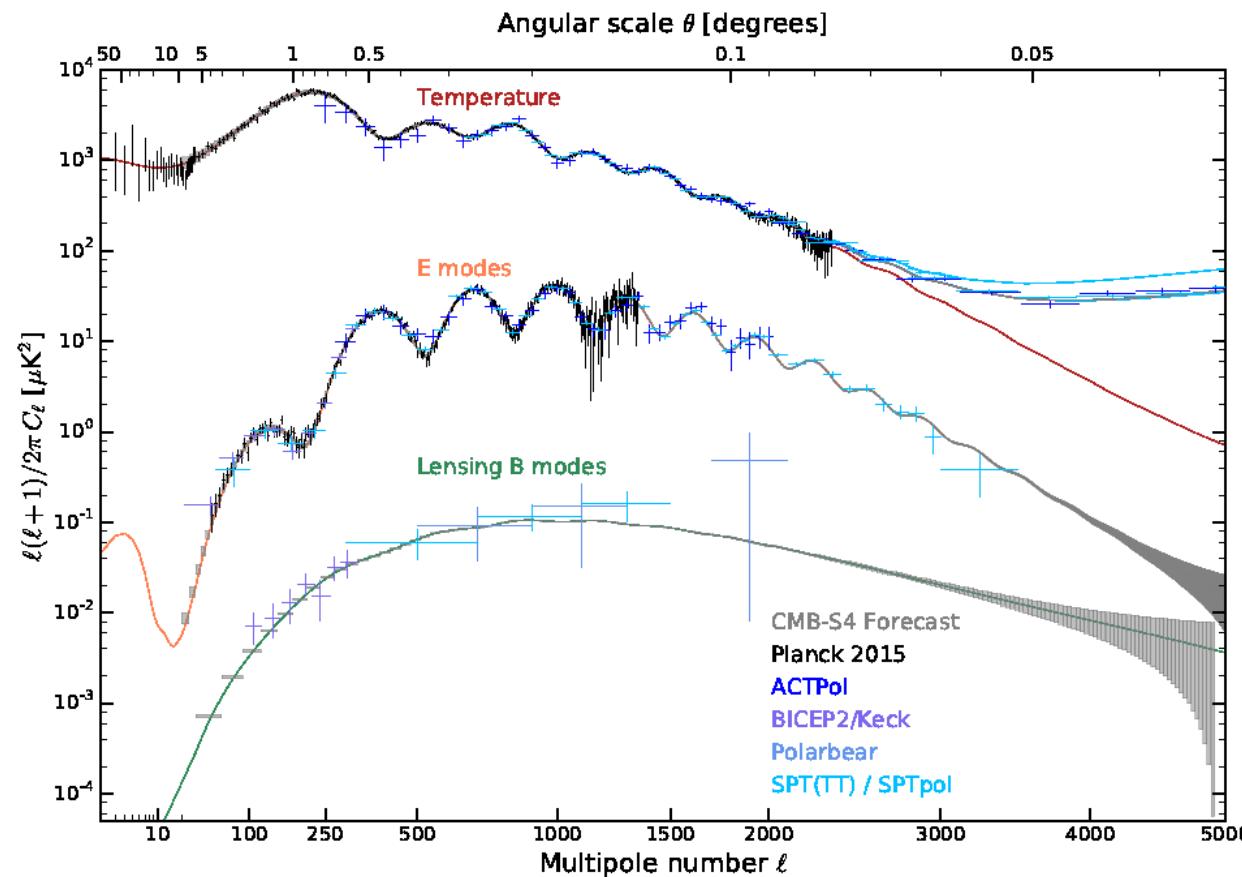
QCD axion (massive)  
 $m_a \sim m_\pi f_\pi / f_a$

massless pseudoscalar



# Probing new dofs with CMB polarization

[CMBS4, Abazajian et al '16]



Temperature quadrupole anisotropy only produces E-mode (gradient-type) polarization,  $Q \neq 0$

→ Precision measurements of CMB polarization (with BB « EE) now allow its use as a precision probe of physics affecting photon polarization

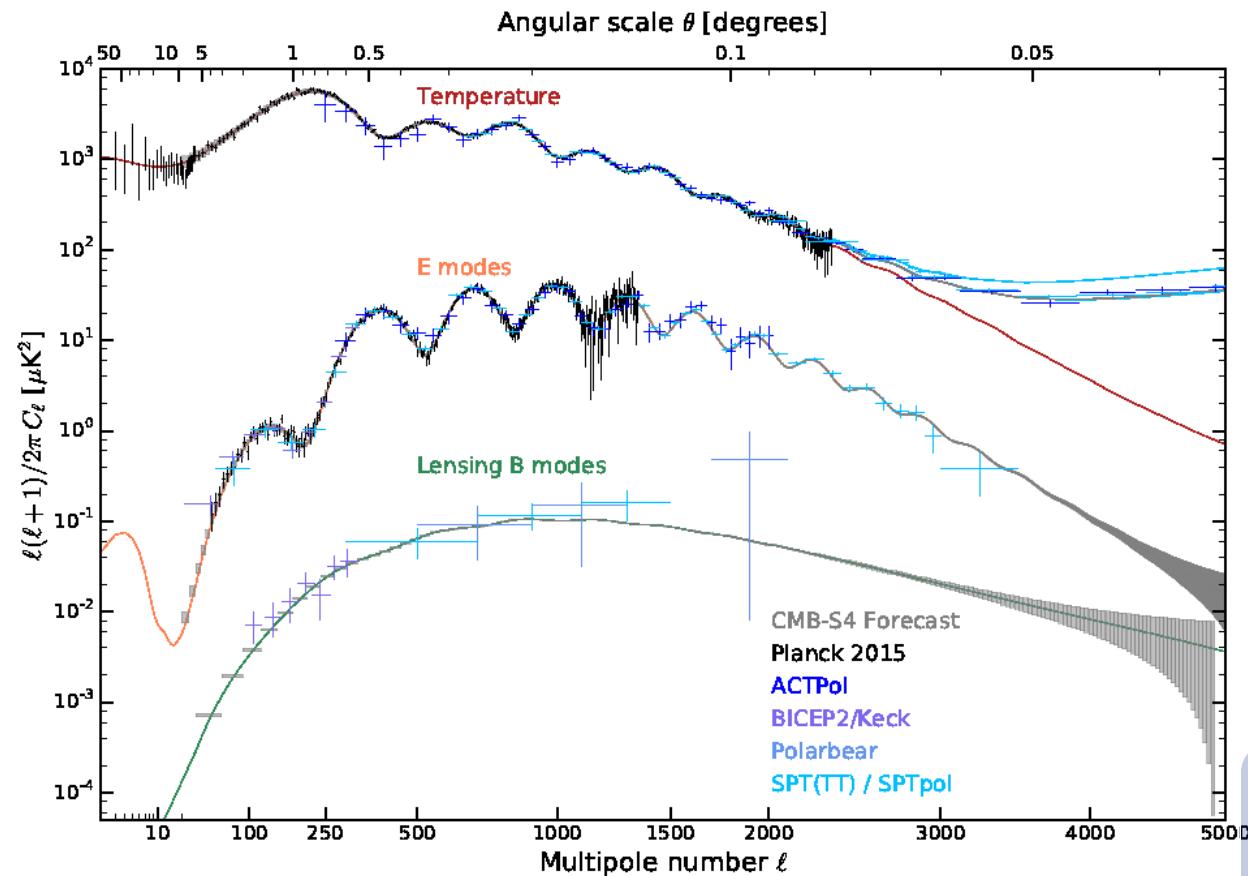
E.g. gravitational waves (tensor perturbations) from inflation,

$$P_{ij} = E_i^* E_j - \frac{1}{2} \delta_{ij} E^2 \propto Q \sigma_3 + U \sigma_1$$

$$r = 16\epsilon \propto \left( \frac{H_{inf}}{M_{Pl}} \right)^2$$

# Probing new dofs with CMB polarization

[CMBS4, Abazajian et al '16]



Temperature quadrupole anisotropy only produces E-mode (gradient-type) polarization,  $Q \neq 0$

→ Precision measurements of CMB polarization (with BB « EE) now allow its use as a precision probe of physics affecting photon polarization

Inflationary perturbations are generic ⇒ B-mode can be used as a diagnostic of any new dofs present during inflation that affect photon polarization

$$P_{ij} = E_i^* E_j - \frac{1}{2} \delta_{ij} E^2 \propto Q \sigma_3 + U \sigma_1$$

# Axions and EM polarization

Axion electrodynamics:

$$\mathcal{L} = \frac{a}{2f_a} F_{\mu\nu} \tilde{F}^{\mu\nu} \sim -\frac{\partial_\mu a}{f_a} A_\nu \tilde{F}^{\mu\nu}$$

As photons propagate over a region with  $\lambda_y \ll \lambda_a$  the equations take the form [Harari & Sikivie '92]

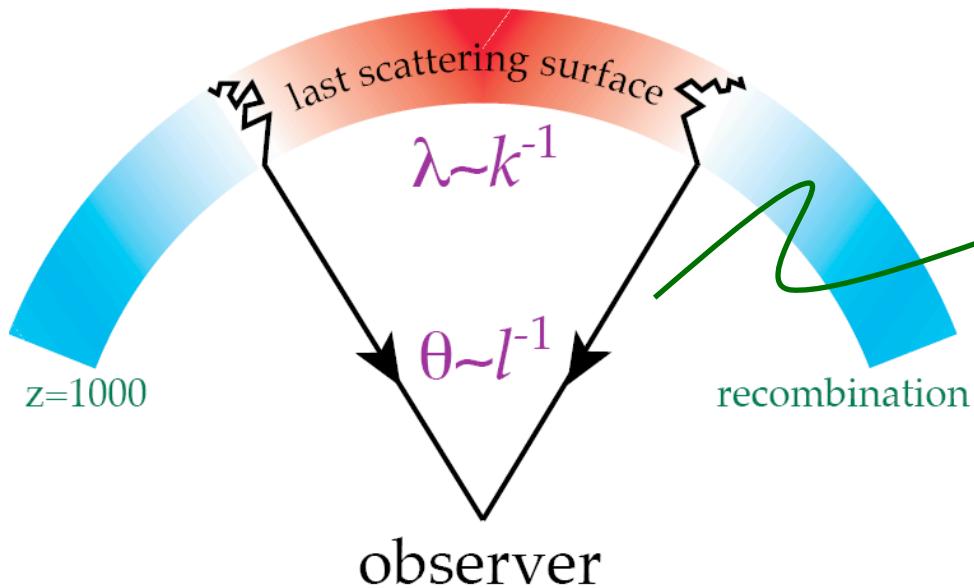
$$\square \left( \vec{E} + \frac{a}{f_a} \vec{B} \right) = \frac{a}{f_a} \square \vec{B}, \quad \square \left( \vec{B} - \frac{a}{f_a} \vec{E} \right) = -\frac{a}{f_a} \square \vec{E}$$

⇒ resulting rotation of polarization, by angle

$$\Delta\psi = \frac{\Delta a}{f_a}$$

# (Perturbative) rotation of CMB polarization

Thomson scattering and the TT quadrupole anisotropy produce linear (E-mode) polarization at the SLS



$$\mathcal{L}_{\gamma a} = \frac{a}{2f_a} F_{\mu\nu} \tilde{F}^{\mu\nu}$$

↓

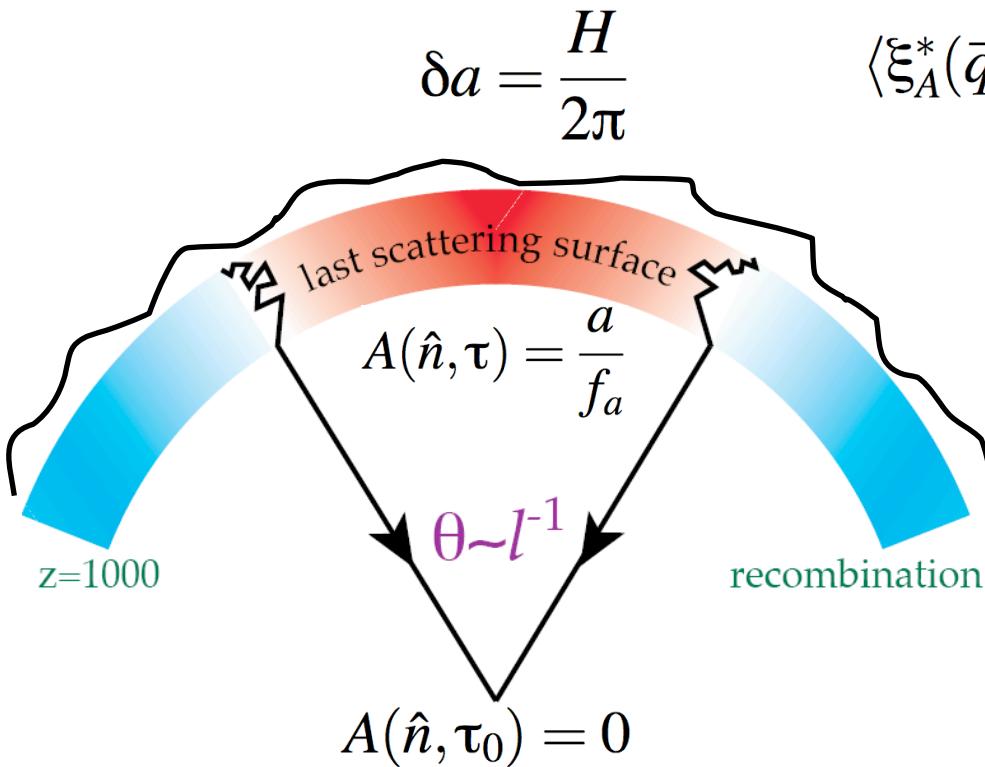
$$\Delta\psi = \frac{\Delta a}{f_a}$$

[Harari & Sikivie  
'92; Lue et al '98]

[W.Hu, [background.uchicago.edu/~whu/physics/tour.html](http://background.uchicago.edu/~whu/physics/tour.html)]

Induced rotation from E-mode to B-mode:  $U \simeq 2\Delta\psi Q$

# Inflationary pseudoscalar perturbations



$$\delta a = \frac{H}{2\pi}$$

$$\langle \xi_A^*(\vec{q}_1), \xi_A(\vec{q}_2) \rangle = P_A(q_1) \delta^{(3)}(\vec{q}_1 - \vec{q}_2)$$

$$P_A(q) = \frac{1}{4\pi q^3} \left( \frac{H}{2\pi f_a} \right)^2 q^{n_a-1}$$



stochastic rotation of  
linear polarization

$$\Delta \psi(\hat{n}) = \frac{\Delta a(\hat{n})}{f_a} = A(\hat{n}, \tau_{LSS})$$

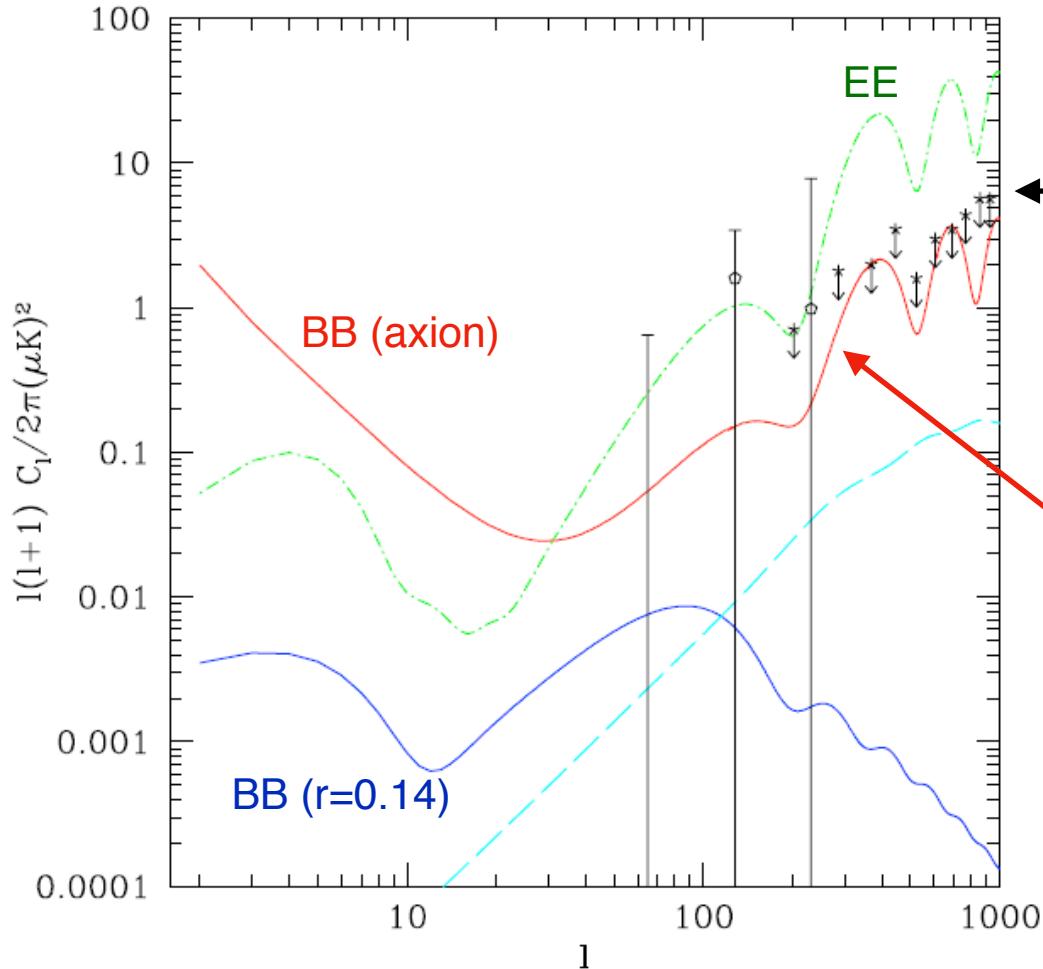
Induced stochastic rotation from E-mode to B-mode

$$U(\hat{n}) \simeq 2A(\hat{n})Q(\hat{n}) + \dots$$

Compute  $C_{BI}$ 's by generalizing the formalism of Zaldarriaga and Seljak ('96), for scalar and pseudoscalar modes [Pospelov, AR, Skordis, '08]

# Constraint (from 2008)

In 2008, QUaD had the best sensitivity to  $\mathbf{l} \sim O(10^2-10^3)$  B-modes



[Pospelov, AR, Skordis, '08]

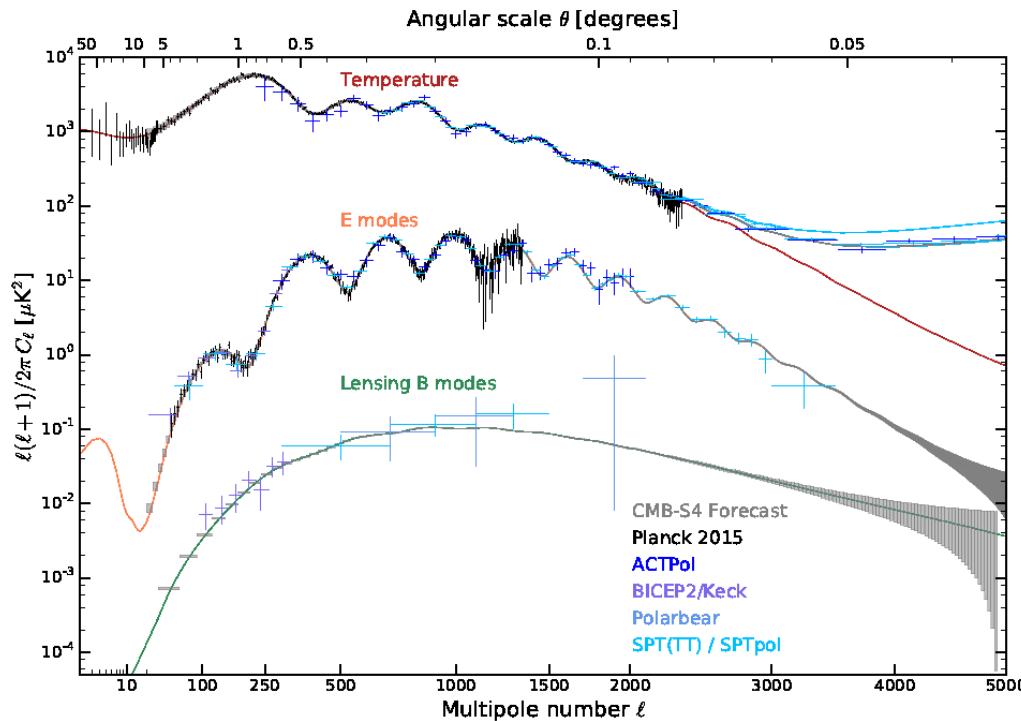
QUaD data constrain  $H/f_a$ , and observationally  $r \sim 0.14(H_{14})^2$ , where  $H_{14} = H/10^{14}$  GeV

Induced B-modes (from axion-induced rotation) track E-mode for large l's

$$f_a > 2 \times 10^{14} \text{GeV} \times H_{14} \sim 5 \times 10^{14} \text{GeV} \times \sqrt{r}$$

# Updated constraint from BICEP-2/Keck

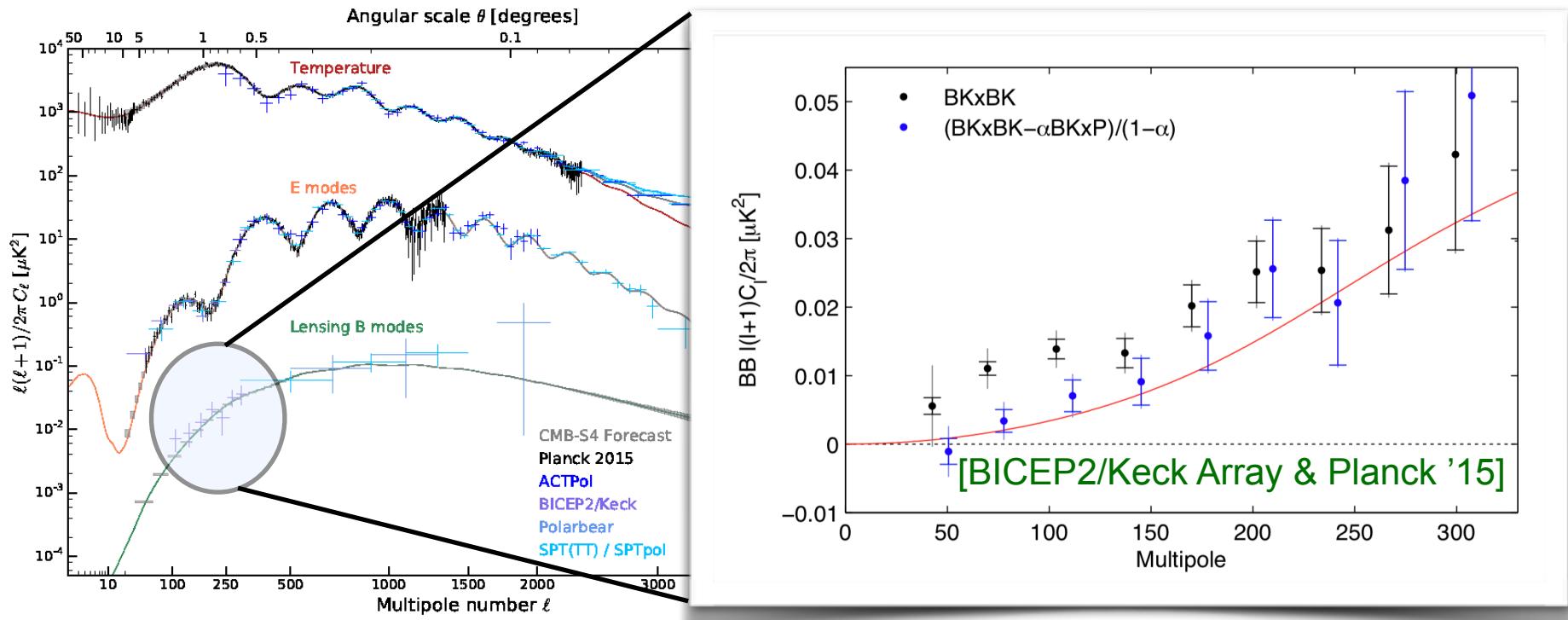
BICEP-2/Keck Array & Planck provide the best sensitivity to  $\ell \sim O(10^2)$  B-modes



[CMBS4, Abazajian et al '16]

# Updated constraint from BICEP-2/Keck

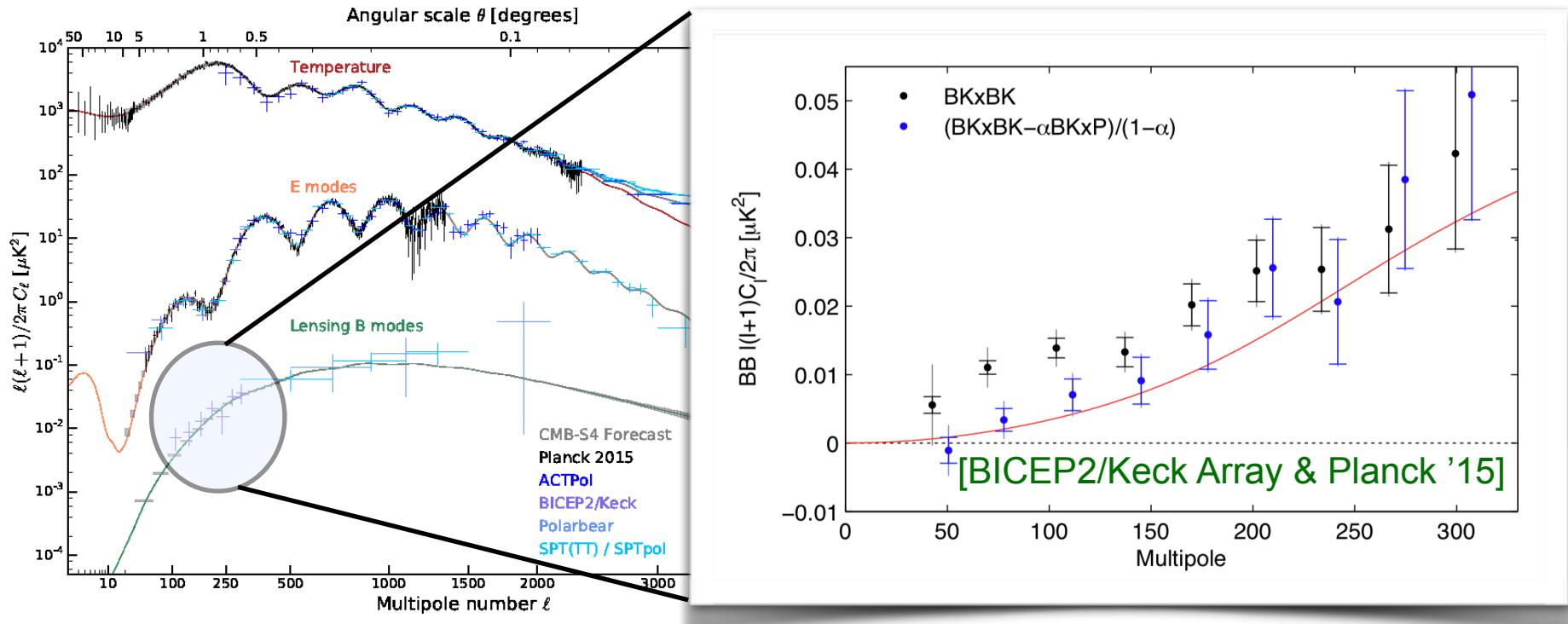
BICEP-2/Keck Array & Planck provide the best sensitivity to  $\ell \sim O(10^2)$  B-modes



→ Updated constraint:  $f_a \geq 10^{15} \text{GeV} \times H_{14}$  [see also Lee et al '14]

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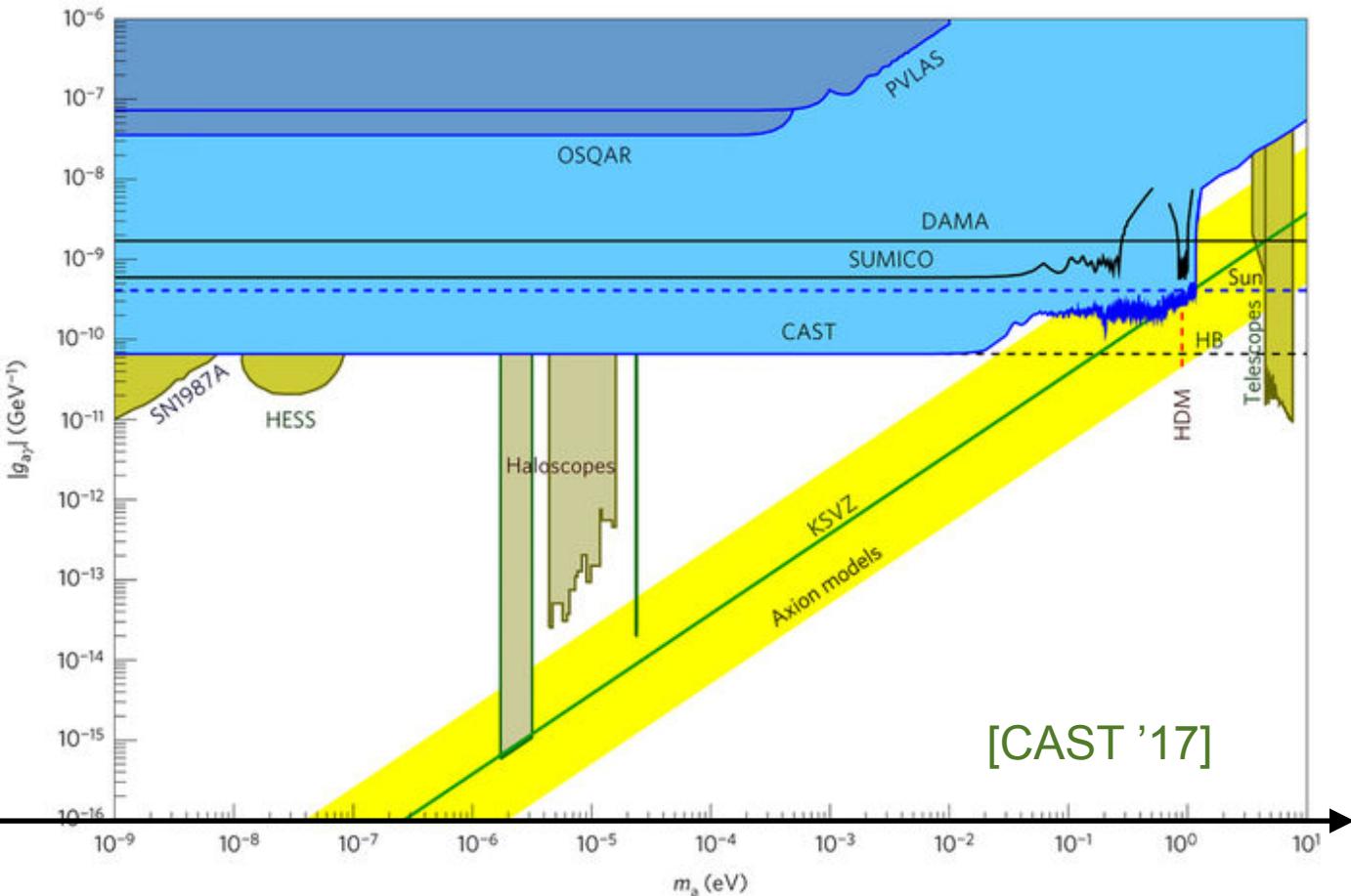


➡ Updated constraint:  $f_a \geq 10^{15} \text{GeV} \times H_{14}$  [see also Lee et al '14]

NB:  $\langle B_{lm} E_{l'm'} \rangle$  ➡ optimal estimator for rot<sup>n</sup> angle  $\alpha(\hat{n}) = \sum \alpha_{lm} Y_{lm}(\hat{n})$   
 [Kamionkowski '08, Gluscevic et al '09, Yadav et al '09]

$$0.1^\circ \leftrightarrow f_a/H_{14} \sim 10^{15} \text{ GeV}$$

# Light axion/pseudoscalar constraints



Depending on the scale of inflation, could provide new sensitivity at very low  $f_a$  (for very low mass)

NB: CASPER NMR proposal targets a similar coupling regime [Budker et al '13]

# Concluding Remarks

## Summary

- BBN and the CMB are powerful “calorimeters” to use in testing for late energy injection from dark sector decays via *all portal interactions*
- CMB polarization is also a precision probe of inflationary pseudoscalar perturbations, through rotation of E to B modes

## Comments

- Important Assumption:  $\text{Br}(\text{SM}) \sim 1$ . The phenomenology changes significantly if  $\text{Br}(\text{hidden})$  is dominant (due to the change in lifetime)
- Freeze-in is a generic production mode, but inflation is a further non-thermal production source, can be relevant for a wide range of hidden sector states [e.g. Nelson & Scholtz '11; Graham et al '15]
- Possible to target sensitivity to the gravitational scale, e.g.

$$g_{Se} \sim 10^{-16} \left( \frac{\theta}{10^{-16}} \right) \left( \frac{m_e}{v} \right) \sim \left( \frac{\theta}{10^{-16}} \right) \times \left( \frac{m_e}{M_{\text{pl}}} \right)$$

# Extra slides...

# CMB - Induced B-modes

- Using the formalism of Zaldarriaga and Seljak ('96), for scalar and pseudoscalar modes (with momenta  $\mathbf{k}$  and  $\mathbf{q}$ ):

$$U(k, q, \hat{n}) = \frac{3}{2}(1 - (\hat{n} \cdot \hat{k})^2) \int_0^{\tau_0} d\tau e^{i(\tau_0 - \tau)\hat{n} \cdot (\vec{k} + \vec{q})} g(\tau) \Pi(k, \tau) \Delta_A(\tau, q) + \dots$$

source  $\rightarrow Q(k, \tau)$

- The basis-independent expansion coeffs are:

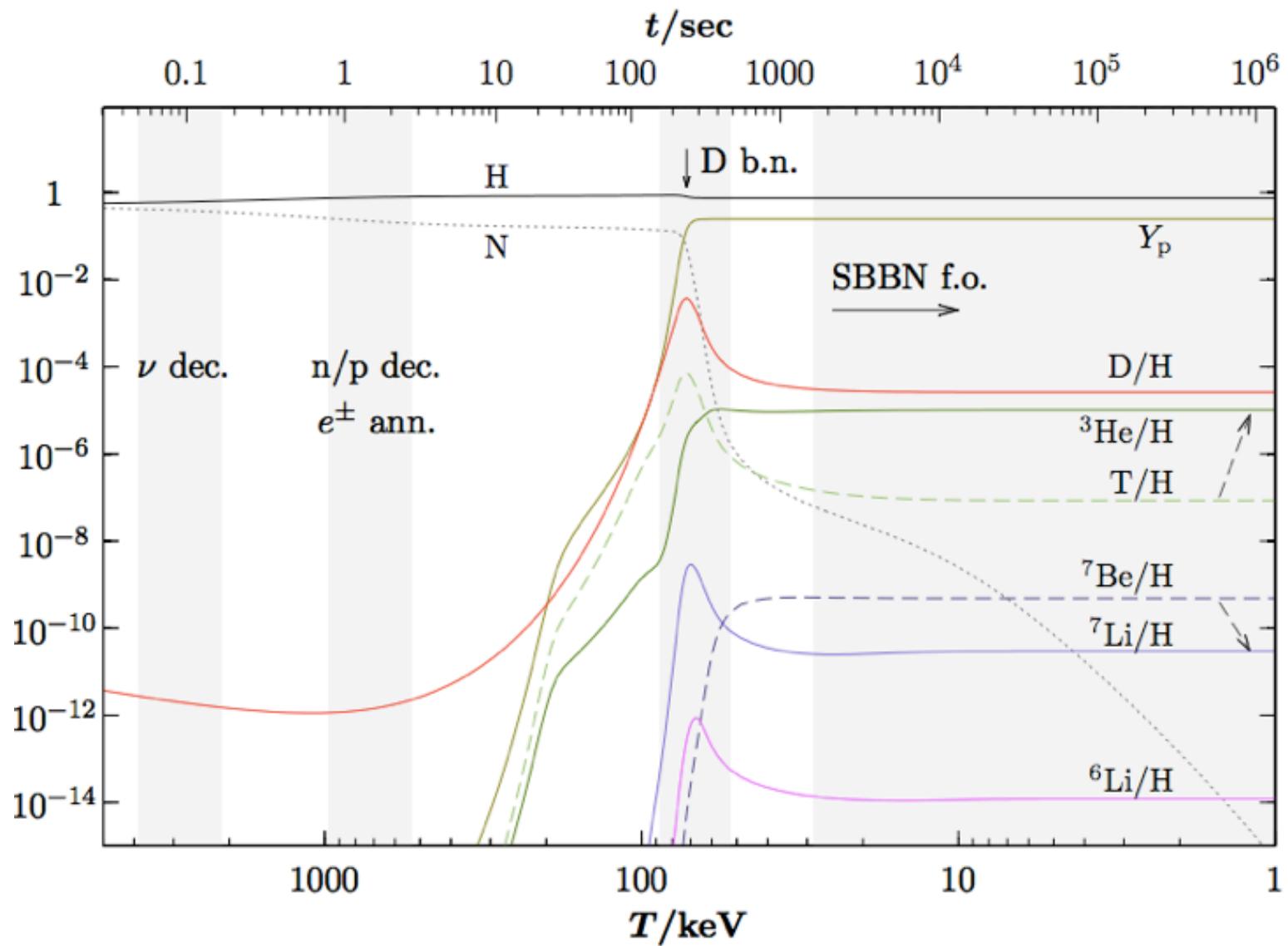
$$a_{Blm} = -\frac{1}{2} \int d\Omega (Y_{2,lm}^* + Y_{-2,lm}^*) U(\hat{n})$$

- Integrating over generic  $(k, q)$  perturbations:

$$\begin{aligned} a_{Blm} &= \frac{3}{2} \left[ \frac{(l-2)!}{(l+2)!} \right]^{1/2} \int d\Omega_n d^3 k d^3 q Y_{0,lm}^*(\hat{n}) \\ &\quad \times \int_0^{\tau_0} d\tau (m^2 - (1 + \partial_x^2)^2 x^2) e^{ix\mu + iy\nu} g(\tau) \Pi(k, \tau) \Delta_A(q, \tau) \xi(\vec{k}) \xi_A(\vec{q}) \\ \implies C_{Bl} &= \frac{1}{2l+1} \sum_m \langle a_{Blm}^* a_{Blm} \rangle = \dots \end{aligned}$$

perturbations of  
inflaton and A

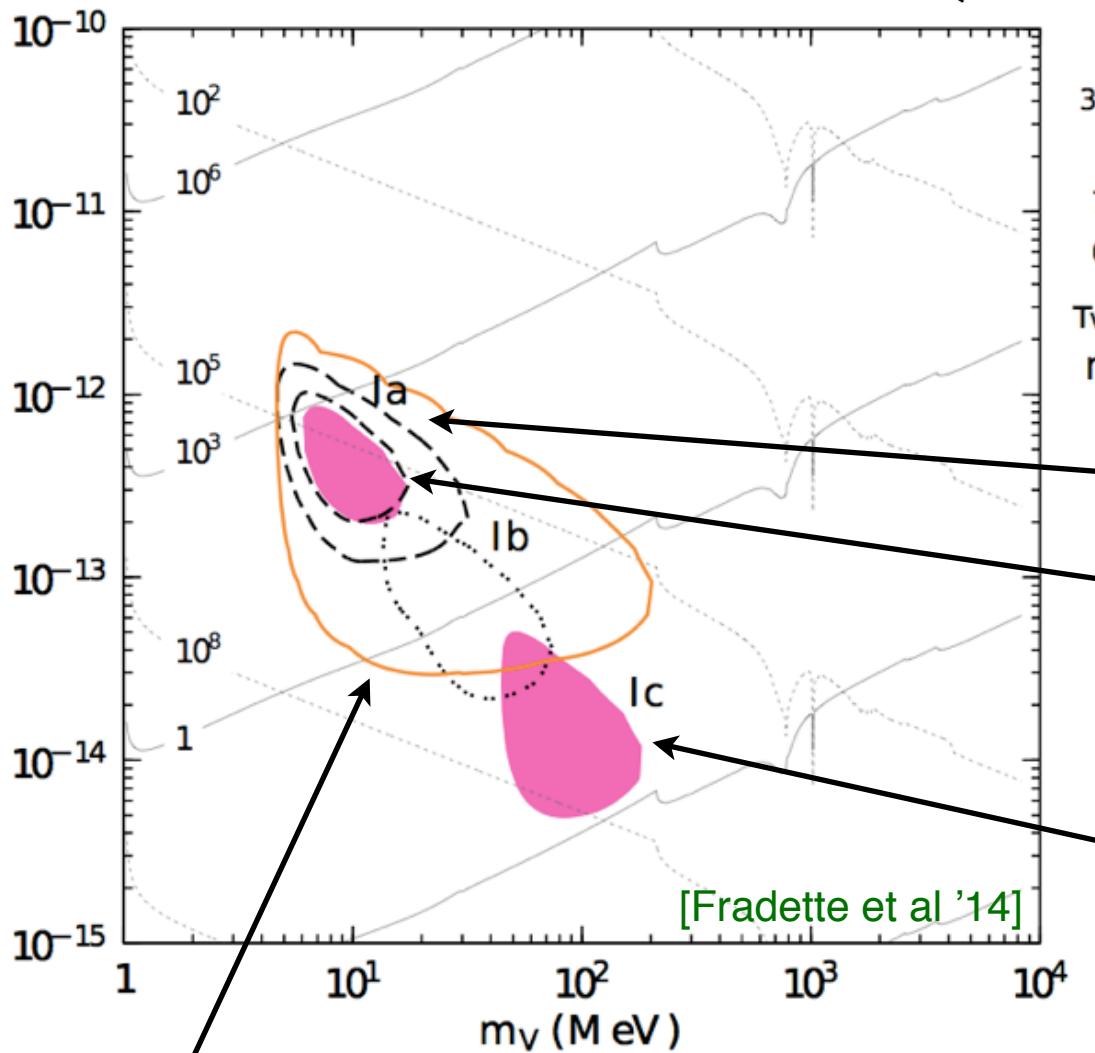
# BBN



# BBN - VDP (EM) energy injection ( $m_V < 2m_\pi$ )

$V \rightarrow e^+e^-$  (EM cascade)

$$t_{\text{ph}} \simeq \begin{cases} 2 \times 10^4 \text{s}, & ^7\text{Be} + \gamma \rightarrow ^3\text{He} + ^4\text{He} \quad (1.59 \text{ MeV}) \\ 5 \times 10^4 \text{s}, & D + \gamma \rightarrow n + p \quad (2.22 \text{ MeV}) \\ 4 \times 10^6 \text{s}, & ^4\text{He} + \gamma \rightarrow ^3\text{He}/T + n/p \quad (20 \text{ MeV}) \end{cases}$$



- ${}^4\text{He}$  ■
- ${}^3\text{He}/\text{D}$  ■
- $\text{D}/\text{H}$  ■
- ${}^7\text{Li}/\text{H}$  ---
- ${}^6\text{Li}/\text{H}$  ....
- $\tau_V / \text{sec}$  .....
- $n_V / n_b$  —

[See also Berger et al '16]

Favourable reduction of  ${}^7\text{Be}$  (&  ${}^7\text{Li}$ )

Under-production of D  
(require  ${}^3\text{He}/\text{D} < 1$ )

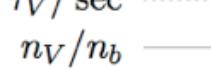
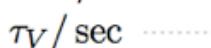
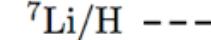
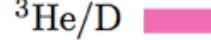
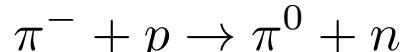
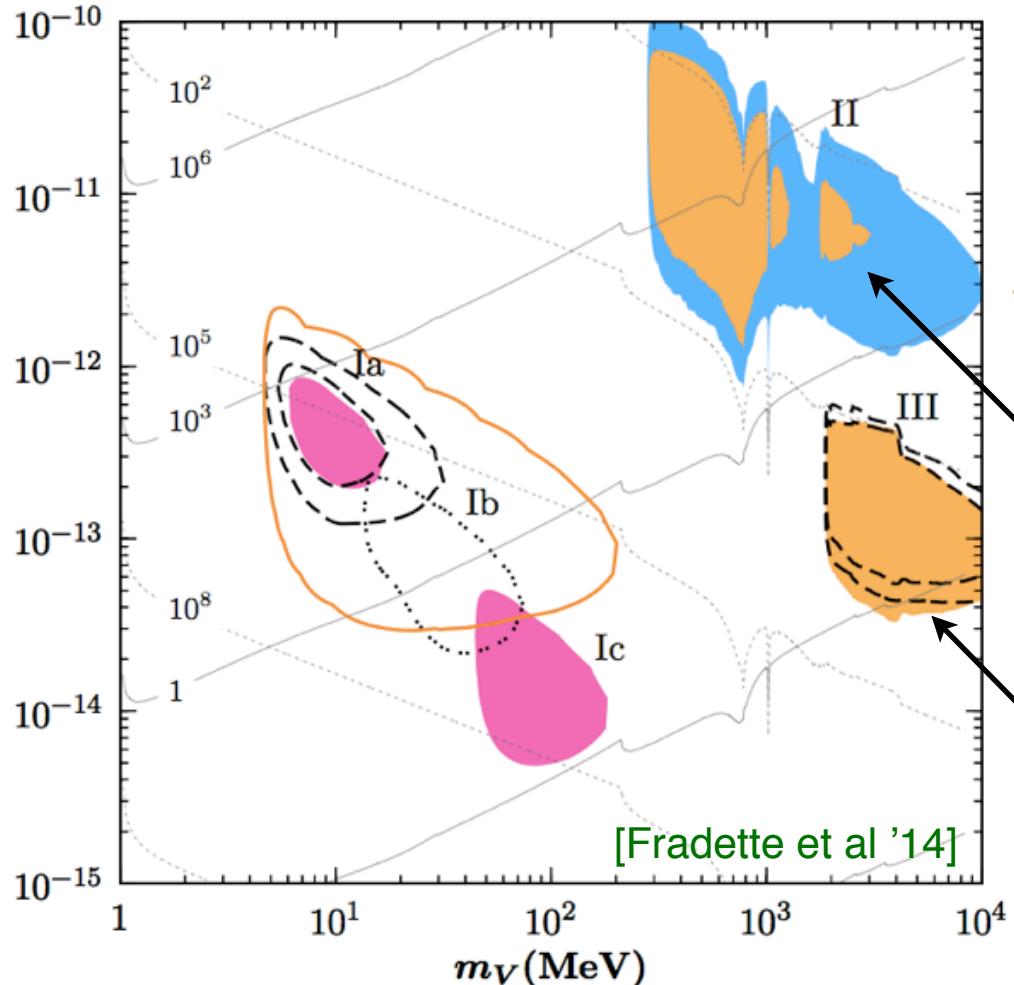
Over-production of  ${}^3\text{He}$   
from  ${}^4\text{He}$  dissociation

[Fradette et al '14]

Exclusion based on measured D/H [Pettini & Cooke]

# BBN - VDP (had) energy injection ( $m_V > 2m_\pi$ )

## Charge exchange/absorption



additional  $p \leftrightarrow n$   
raises  $n/p$  and violates  
limits on D/H and  ${}^4 He$

extra  $n$  from  $V \rightarrow nn$   
over-produces D,  
violating  $D/H < 3 \times 10^{-5}$