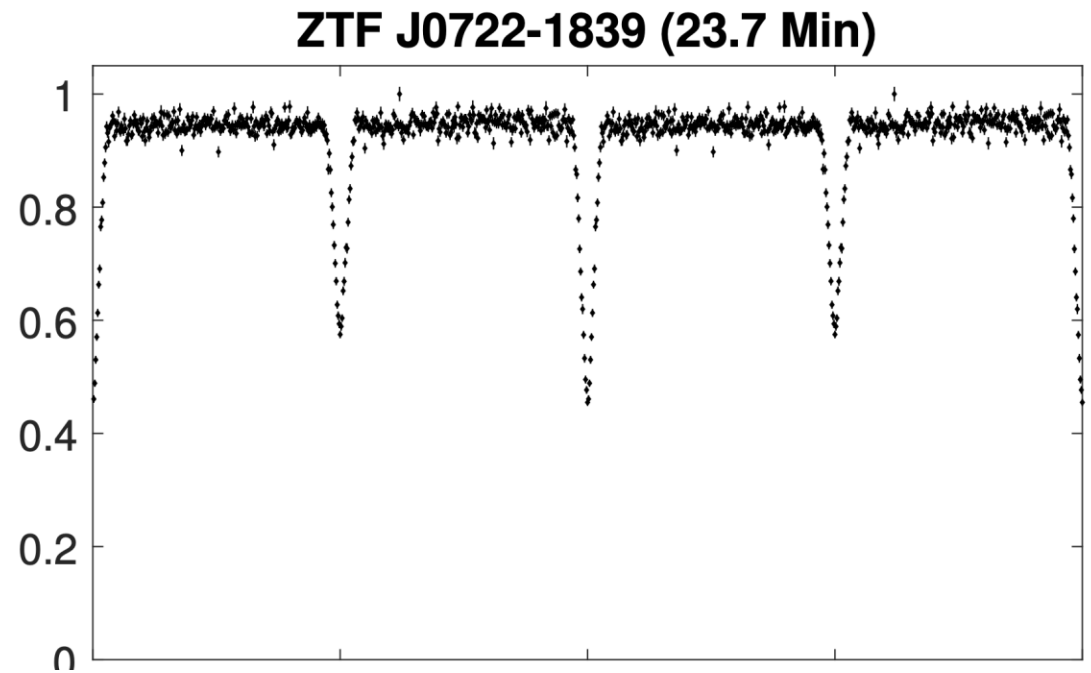
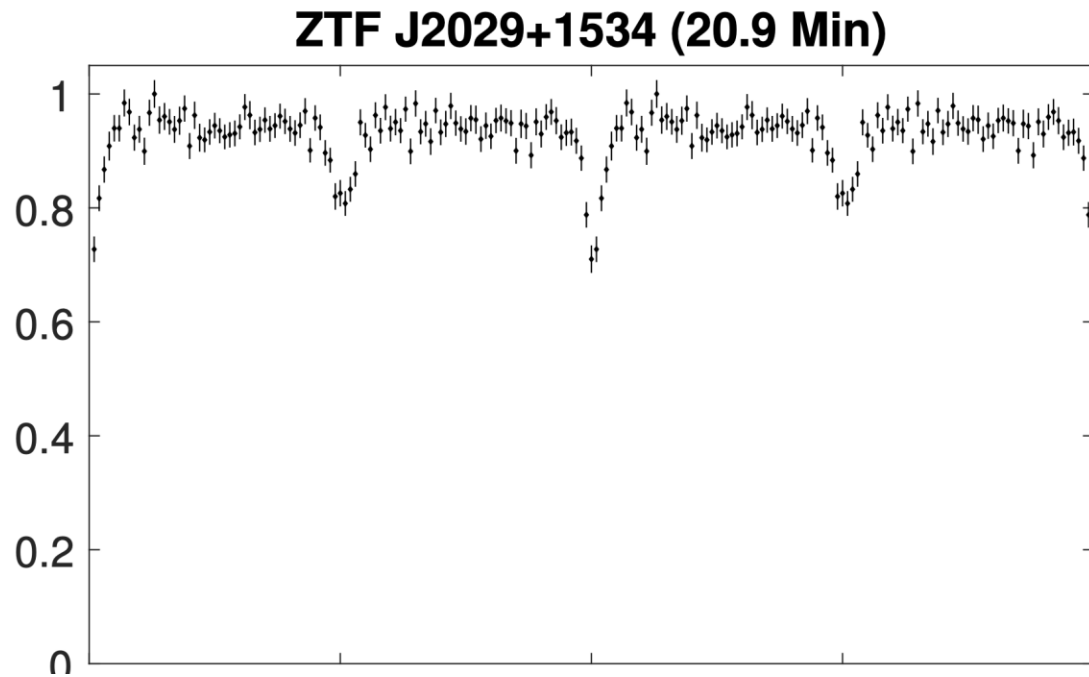


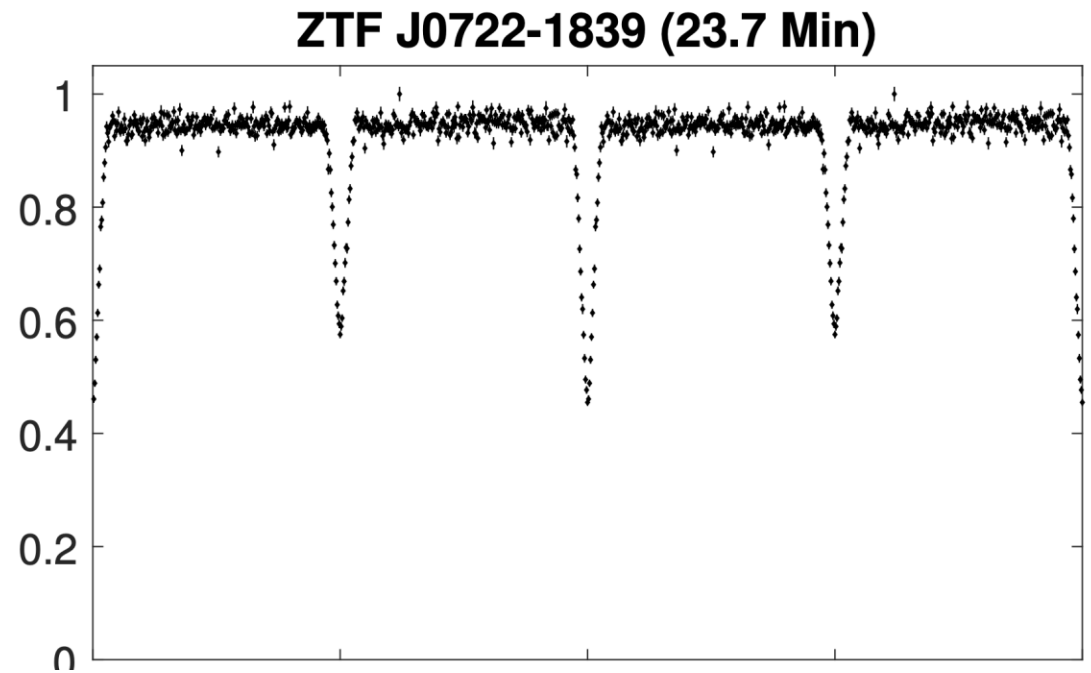
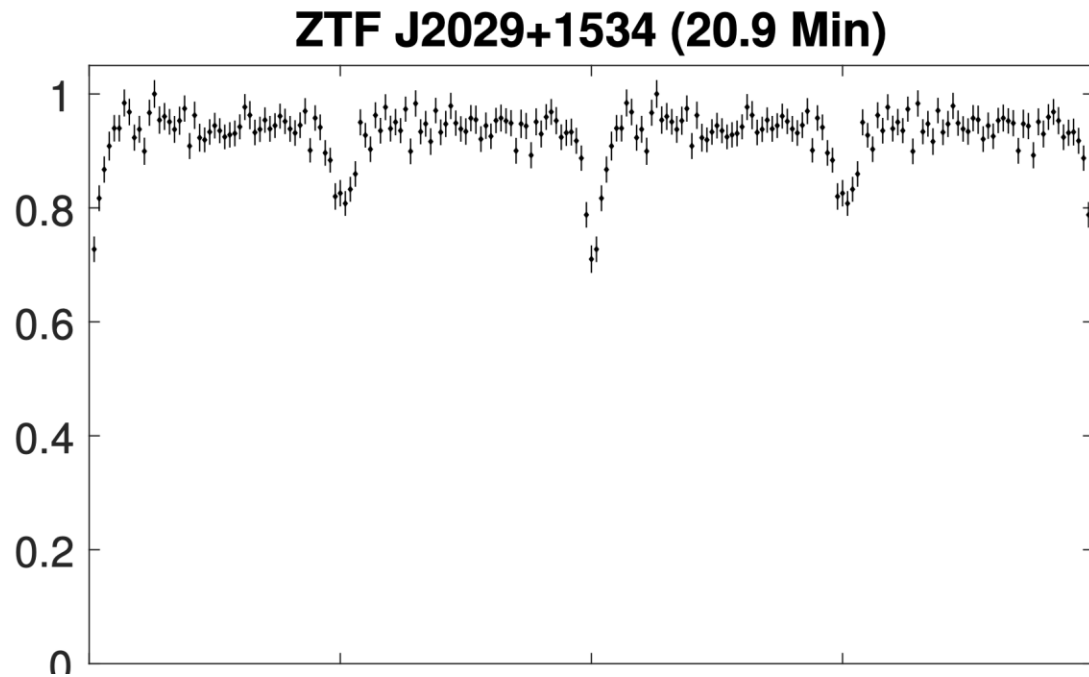
Short-period WD binaries

- ELM survey
 - ≈ 100 DWDs with $P_{\text{orb}} < 1$ day
- ZTF: 10 DWDs, $P_{\text{orb}} < 60$ minutes (half eclipsing)



Reverse modeling of WD binaries

- We model:
 - 9 DWDs (7 eclipsing, 4 ZTF)
 - 1 eclipsing WD-BD



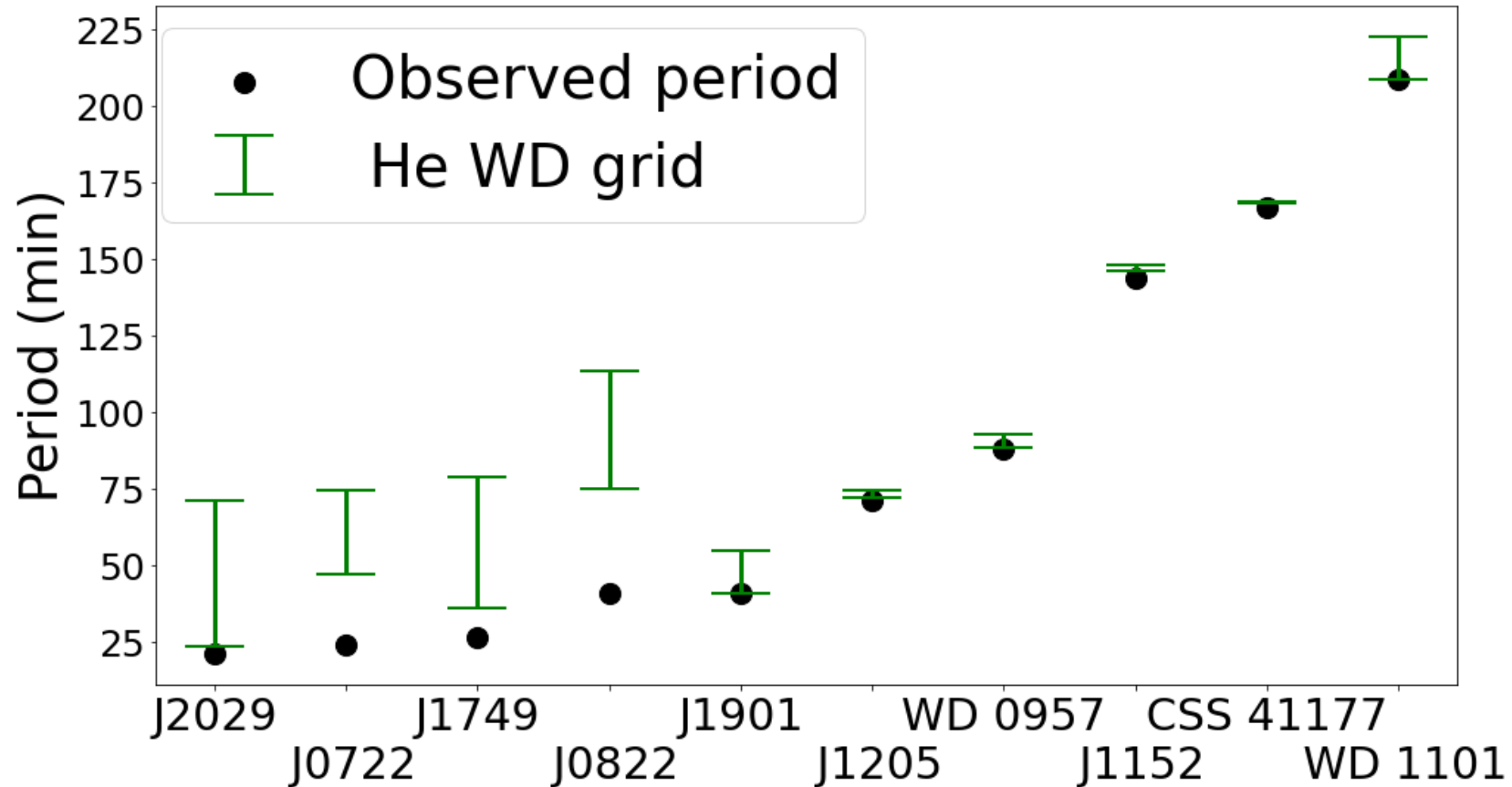
Birth period – when M_1 is formed

- Model cooling of M_1 (hotter + younger WD)
- Observed period + cooling age = orbital evolution

$$\frac{da}{dt} = \frac{-64G^3 M_1 M_2 M}{5a^3 c^5}$$

$$a_f^4 - a_i^4 = \frac{-256G^3 M_1 M_2 M}{5c^5} \Delta t$$

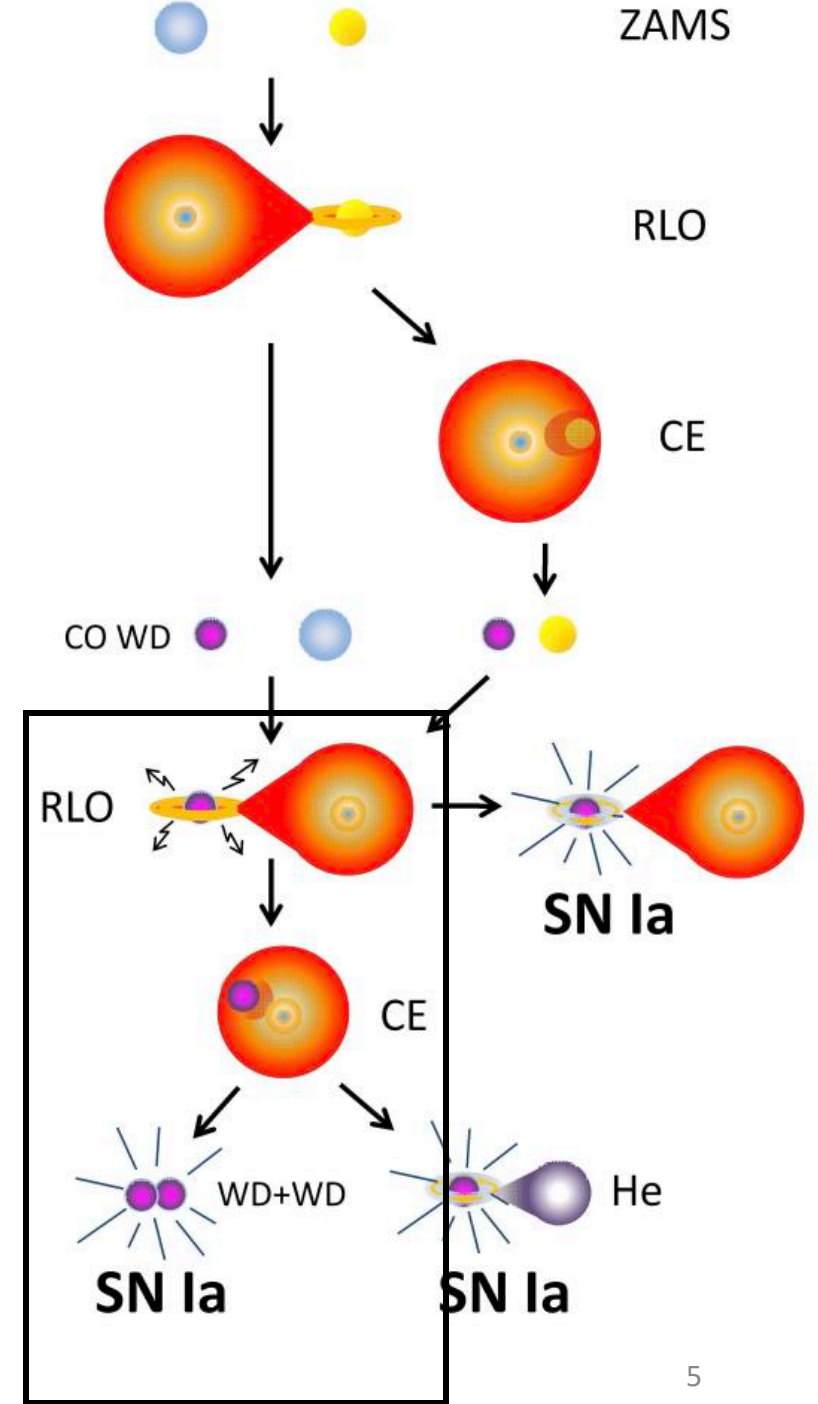
Birth orbit



The Common Envelope Event

- CE event necessary for inspiral
- M_1 formed more recently
 - Birth period = post-CE period!
- Pre-CE: M_{progen} and M_2

$$E_{\text{bind}} = \alpha_{\text{CE}} (E_{\text{orb,f}} - E_{\text{orb,i}})$$

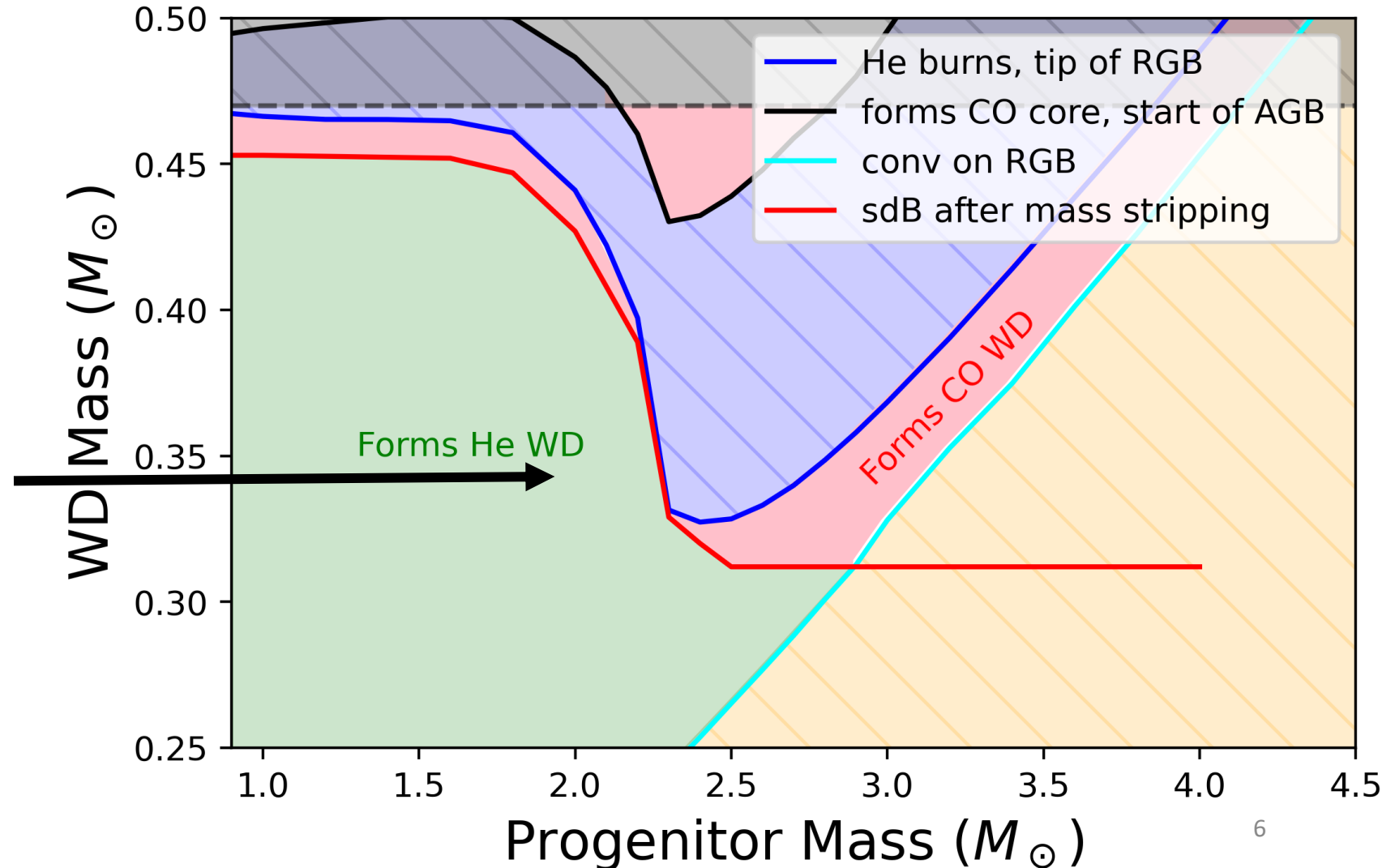


Map between RGB models and M_1

- Giant M_{progen} initiates mass transfer when $M_{\text{core}} = M_1$
- $\approx 0.9 - 2.3 M_{\odot}$ progenitors for He WD

Pre-CE orbital period: RLOF

$$\frac{R_i}{a_i} = \frac{0.49q_i^{2/3}}{0.6q_i^{2/3} + \ln(1 + q_i^{1/3})}$$



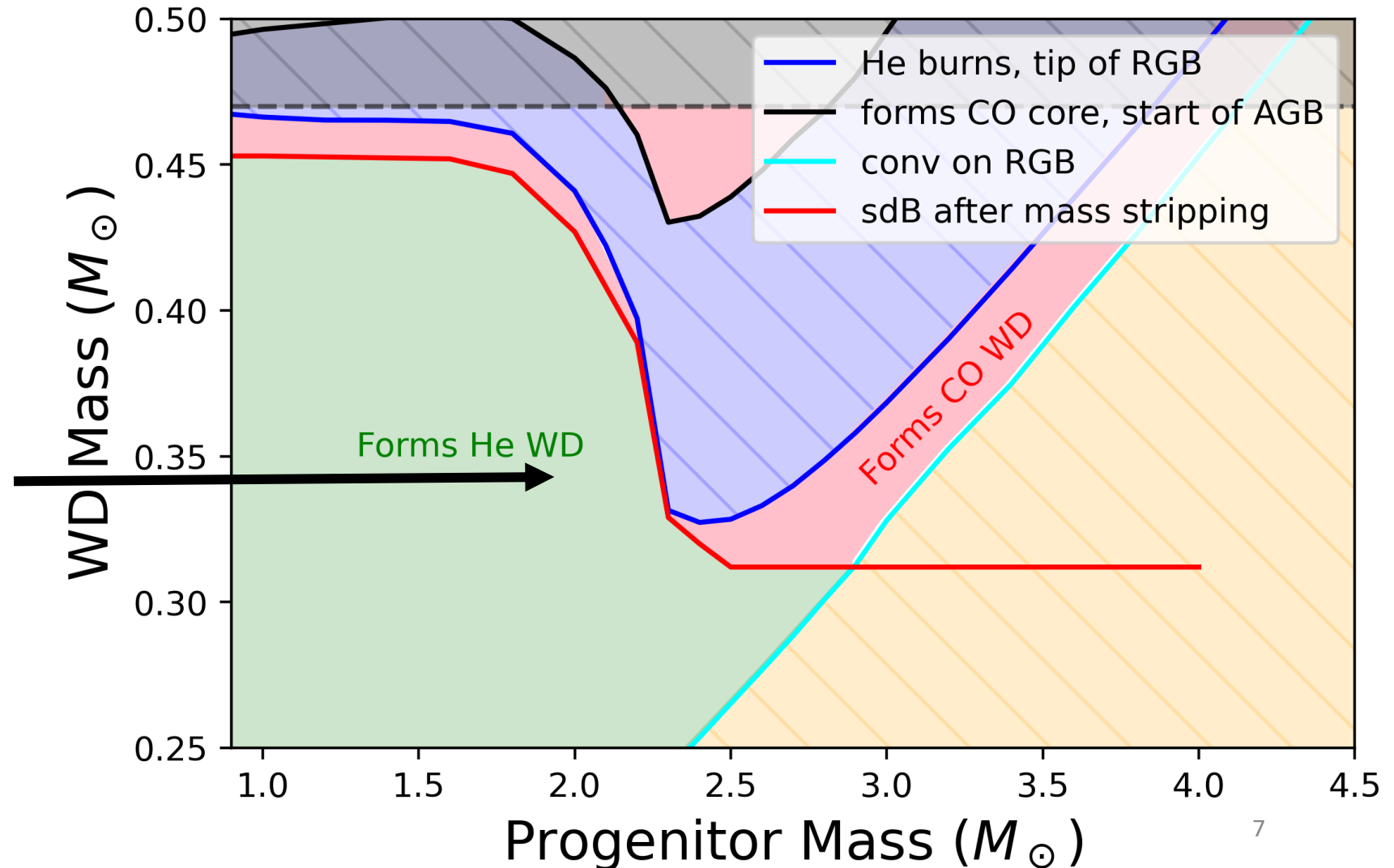
Map between RGB models and M_1

- Giant M_{progen} initiates mass transfer when $M_{\text{core}} = M_1$
- $\approx 0.9 - 2.3 M_{\odot}$ progenitors for He WD

Envelope binding energy

$$E_{\text{grav}} = \int_{M_{\text{core}}}^{M_{\text{tot}}} \frac{-Gm(r)dm}{r}$$

$$E_{\text{int}} = \int_{M_{\text{core}}}^{M_{\text{tot}}} U dm$$

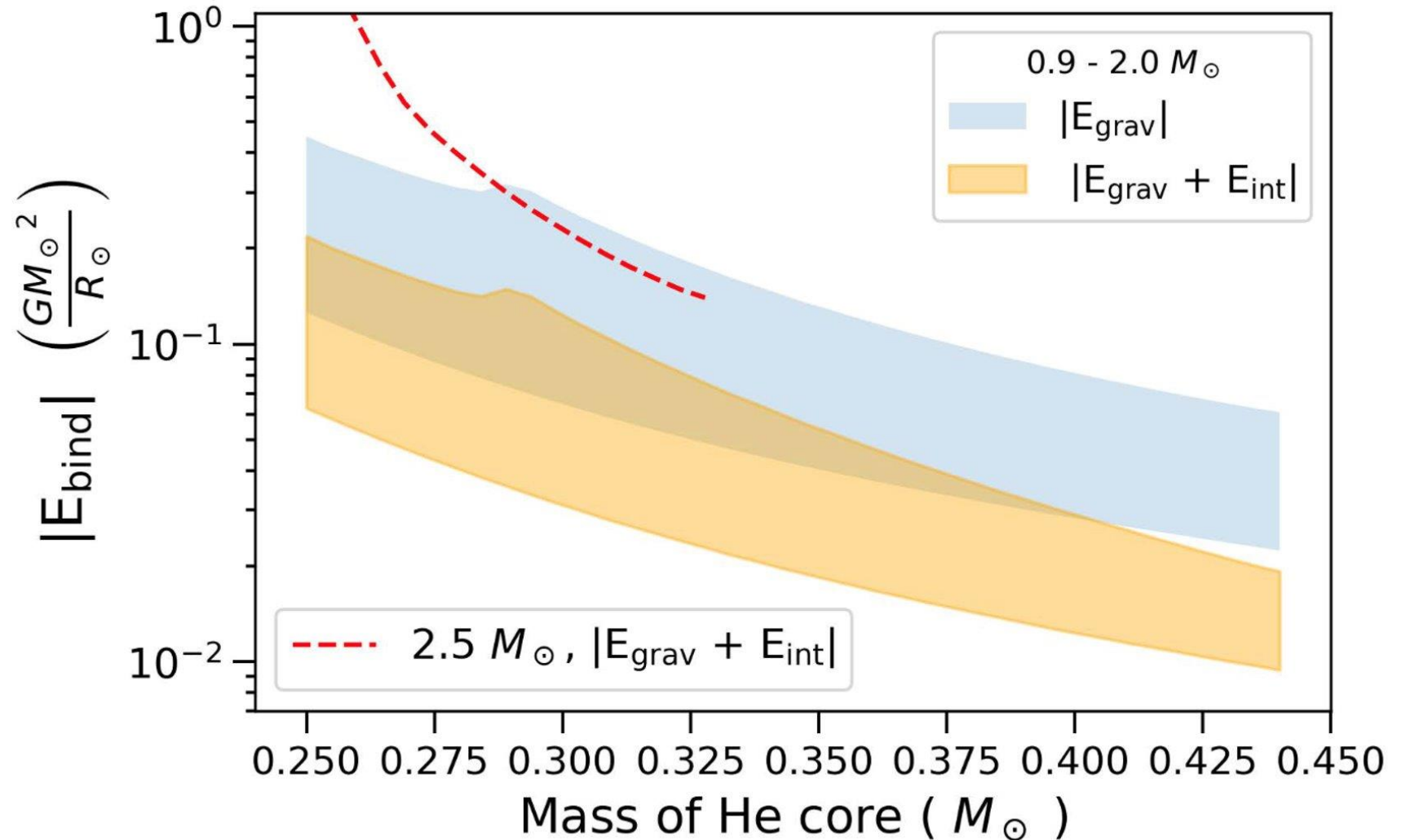


Progenitor envelope binding energy

- E_{bind} increases with:
 - Increasing M_{progen}
 - Decreasing M_{core}

$$E_{\text{grav}} = \int_{M_{\text{core}}}^{M_{\text{tot}}} \frac{-Gm(r)dm}{r}$$

$$E_{\text{int}} = \int_{M_{\text{core}}}^{M_{\text{tot}}} U dm$$



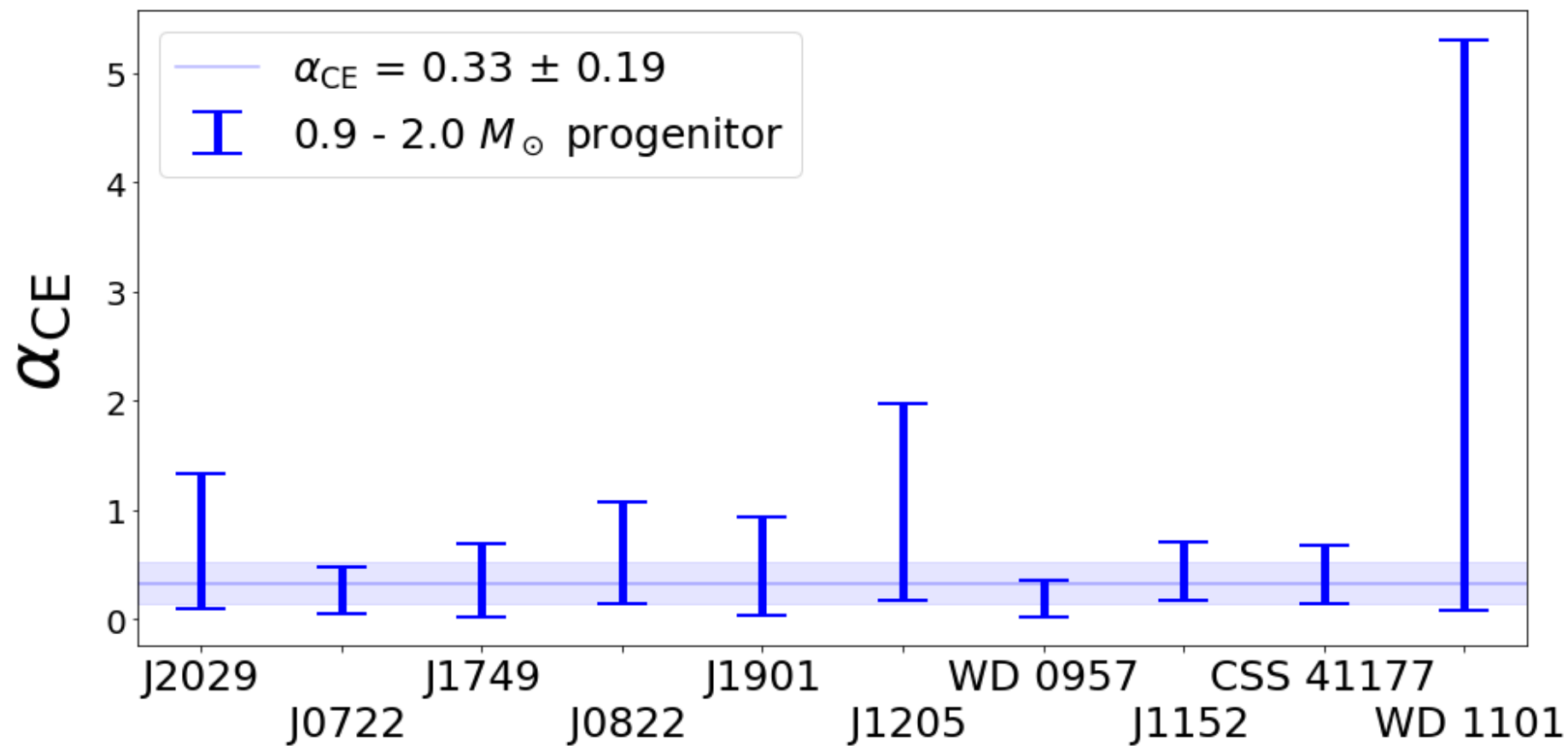
The CE efficiency: α_{CE}

$$E_{\text{bind}} = \alpha_{\text{CE}} \left(-\frac{GM_1M_2}{2a_f} + \frac{GM_{\text{progen}}M_2}{2a_i} \right)$$

Pre-CE orbital energy
(RLOF criteria of M_{progen})

Envelope of M_{progen}

Post-CE orbital energy (birth period of M_1)



Summary

- Cooling of WD primary modeled to find post-CE orbital period
- Unknown progenitor mass leads to large uncertainty in CE energy budget
- α_{CE} of 0.2 - 0.4 consistent with all 10 binaries if:
 - M_1 is He-core WD
 - M_{progen} between 0.9 - 2.0 M_{\odot}